



MINIMISING CANCER MAXIMISING LIFE

ANNUAL REPORT 2016

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CORE VALUES-SPIRiT

Stewardship	We make the best use of our resources, time, talents and funds to fulfil our mission.
Perseverance	We shall overcome all challenges to minimise cancer and maximise life.
Integrity	We strive to be honest, ethical and fair in all we do.
Respect	We will respect everyone and serve with dignity, care and concern.
i	I embrace the SCS SPIRiT.
Teamwork	We forge ahead together as one.

VISION

To be the leading charitable cancer organisation in Singapore and the region, with a reputation for effective programmes for the prevention and control of cancer.

MISSION

Singapore Cancer Society is a community-based voluntary welfare organisation dedicated to maximising life by minimising the impact of cancer through research and advocacy, public education, screening, financial assistance, patient services and support, and rehabilitation.

IMPACT STATEMENT

To be the first port of call for the entire cancer journey for all cancer patients in Singapore, especially those who are financially disadvantaged.

CORPORATE INFORMATION

Singapore Cancer Society (SCS) was established in 1964 and has been actively serving the community for more than 52 years. SCS was registered as a society in 1984 and accorded IPC (Institution of a Public Character) status as a charity in 1995 by the Ministry of Health. SCS is a member of the National Council of Social Service, a founding member of the Singapore Hospice Council, and a member of the Union of International Cancer Control. Being self-funded, the Society is dependent on public donations to provide quality services to needy cancer patients, their families, and members of the public.

Charity Registration Number:
0053

IPC Number:
HEF 0034/G

Company Registration Number (UEN):
S65SS0033F

Registered Address:
15 Enggor Street, #04-01
Realty Centre
Singapore 079716

Every day, 37 Singaporeans are diagnosed with cancer and 16 others die from cancer.

We are at a critical turning point in the fight against cancer because as a progressive society, we are all able to make a difference and no one should fight cancer alone.

Be it as an individual, part of a community or even a corporation. There is never a better time than now to advocate for increased cancer awareness such as control and prevention, early detection, to reduce stigma, connect and empower cancer patients, survivors and caregivers.

Singapore Cancer Society (SCS) is one of our nation's leading community-based voluntary welfare organisations dedicated to 'minimising cancer and maximising life'. When SCS was established in 1964, it played a vital role in educating Singaporeans in a new, emerging nation about the risks of cancer.

Over time, the SCS mission evolved to become more focused and targeted to help Singaporeans cope with every step of the cancer journey. This includes cancer education, screening, treatment subsidies, financial assistance, support group services, psychosocial support, hospice home care, and most recently in October, the official opening of Singapore's first community-based cancer rehabilitation centre, the Singapore Cancer Society Rehabilitation Centre.

SCS has made much headway in cancer screening by reaching out to more Singaporeans age 50 to 69 years old to detect cancer early and increase survival rates. Our screening rate showed an increase of 127% in 2016 from year 2012. In the past 5 years, some 320,000 persons participated in SCS cancer screening.

Cancer incidence is increasing, but with advancements, more are surviving cancer too. The 5-year age-standardised relative survival ratio (ASRS) for males improved from 13.2% in 1973-1977 to 48.5% in 2008-2012. Similarly for females, the 5-year ASRS increased from 28% to 57.1% during the same period¹.

Our SCS Cancer Rehabilitation Task Force found in 2014 that 87% of cancer patients surveyed, sought physical rehabilitative treatment. Some needed both physical and psychosocial support. At the same time, specialised cancer rehabilitation services and programmes were limited to hospitals.

SCS helped to close the gap. These findings formed the basis for the set-up of the SCS Cancer Rehabilitation Centre, another pioneering effort of SCS'. We incorporate rehabilitation as an integral part of the cancer care continuum. This is an important milestone for us, as SCS continues to be the first port of call in the entire cancer journey.

Another objective is to help clients return to a state of normalcy and reintegrate with their families, jobs and community. We also addressed another important need to cater to, the caregivers'. We provide training programmes to equip them with the knowledge and skills that will help them in their caregiving journey for their loved ones.

It is our aim to set up more such one-stop service centres providing integrated, holistic rehabilitation services for cancer patients and survivors in each of the three Regional Health Systems in Singapore in the near future.

SCS also strives to advocate for Singaporeans to join the fight against cancer by taking personal charge of their health to minimise the risk of cancer. Besides our screening services offered at our SCS Multi-Service Centre in Bishan, we now organise the SCS Cancer Education Series on nutrition, healthy lifestyle & exercise and cancer prevention.

I thank my fellow Council Members, all of whom are committed and enthusiastic volunteers, and for this reason I am most thankful to be working alongside them.

On behalf of the beneficiaries Singapore Cancer Society serves, I also thank our many partners, donors, volunteers and sponsors for your invaluable support in 'minimising cancer, maximising life'.

¹ (Source: Cancer Survival in Singapore 1973-2012)

“

We are at a critical turning point in the fight against cancer because as a progressive society, we are all able to make a difference and no one should fight cancer alone.

”



CHOO ENG CHUAN
Chairman
Singapore Cancer Society



CHIEF EXECUTIVE OFFICER'S MESSAGE

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SCS ANNUAL REPORT 2016

It has been a remarkable year for Singapore Cancer Society (SCS) 'minimising cancer and maximising life' as the first port of call for the entire cancer journey for all cancer patients in Singapore, especially those who are financially disadvantaged.

Our SCS World Cancer Day awareness event, in keeping with the 'We Can. I Can' global theme, saw a resounding turnout of over 2,000 at the exhibition to educate the public on the different types of cancer.

Life is worth fighting for

For needy cancer patients and their families, the cancer journey can be a long and lonely road. SCS initiated 'SCS Festive Cheer with a Heart' where SCS Volunteers and staff brought hope, inspiration and a festive hamper with \$200 food vouchers, to engage SCS beneficiaries during the 4 major holiday seasons. Eight first time corporate volunteers participated to carry out their company's CSR objectives.

Singapore's first community-based cancer rehabilitation centre officially opened

Many are surviving cancer but live with lasting impairments and disabilities brought on by cancer or treatment. The Singapore Cancer Society Rehabilitation Centre provides cancer patients and survivors convenient access to a full suite of integrated and holistic services to help them return to a state of normalcy and reintegrate with their families, jobs and community. The centre was officially opened by Minister for Health, Mr Gan Kim Yong on 8 October.

Strength in numbers

2016 saw a marked increase in activities by individuals, schools, associations and corporations organising fundraising events using their creativity, resources, passion and time to raise awareness and funds for SCS. There's also been a trend of corporate staff volunteering to support SCS programmes and services, enabling SCS to serve more beneficiaries, and serve better.

Collaboration to develop, coordinate healthcare services in western part of Singapore

SCS inked a collaboration with JurongHealth Services (which operates the Ng Teng Fong General Hospital, Jurong Community

Hospital and Jurong Medical Centre), to provide those impacted by cancer with integrated quality care and to empower them to lead healthy and independent lives in the community.

Uniting the global cancer community

SCS was represented at the World Cancer Congress 2016, organised by the Union for International Cancer Control (UICC). In November, 3,260 participants representing 139 countries convened in Paris to discuss and share the latest cancer control approaches, actions and effective methods to advance cancer control globally and nationally. SCS hosted fellow UICC members, Tulasi Maya Memorial Cancer Relief Foundation Nepal and the Cancer Society of Maldives, while in Singapore to learn more about SCS' screening outreach to women.

Reaching out to youths

SCS extended an Open Invitation to Singaporeans to live smoke-free. SCS aims to build a smoke-free nation where everyone gets to enjoy a healthier life, and we engaged the youth. To educate youths at an early age to decrease the chances of them lighting up as one of our biggest concerns, SCS worked closely with tertiary institutions and Uniformed Groups to instil knowledge about the harmful effects of smoking.

No one fights cancer alone

Our work at SCS is only possible thanks in a big way to the kindness, generosity and dedication of our SCS Volunteers and Donors. I am also especially grateful to our numerous valued sponsors and partners for your support of SCS.

Thank you for journeying with us.



A handwritten signature in black ink, which appears to read 'Albert L H Ching'. The signature is stylized and fluid.

ALBERT L H CHING
Chief Executive Officer
Singapore Cancer Society

THE COUNCIL

TERM OF OFFICE 2016-2017

EXECUTIVE COMMITTEE



Chairman

Mr Choo Eng Chuan

Partner/ASEAN Markets Leader
Ernst & Young Solutions LLP
Chairman from Apr 2010
Hon. Treasurer from Apr 2008
Appointed to Council Apr 2008



Vice Chairman

Mr Wee Leong How

Retiree
Vice Chairman from Apr 2013
Asst. Hon. Secretary from
Apr 2002 – Apr 2003
Appointed to Council Apr 2011



Honorary Secretary

Mr Ang I-Ming

Senior Counsel
McD APMEA Franchising Pte Ltd
Hon. Secretary from Apr 2015
Appointed to Council Apr 2013



Assistant Honorary Secretary

Mr Calvin Phua

Deputy Secretary (International)
Ministry of Transport
Asst. Hon. Treasurer from
Apr 2008 – Apr 2012
Appointed to Council Apr 2008



Honorary Treasurer

Ms Lim Pek Suat

Group Chief Financial Officer
PSA International Pte Ltd
Asst. Hon. Treasurer from
Apr 2013
Appointed to Council Apr 2012



Assistant Honorary Treasurer

Mr Yeo Chuen Eng

Director
Standard Chartered
Private Bank
Asst. Hon. Treasurer from Apr 2016
Appointed to Council Apr 2012

COUNCIL MEMBERS



Dr Ang Peng Tiam

Medical Director
Parkway Cancer Centre
Vice Chairman from
Apr 2005 – Apr 2013
Appointed to Council Apr 2008



Mr Adrian Choo

Business Development Director
Lee Hecht Harrison Singapore
Appointed to Council Apr 2011



Ms Ku Xian Hong

Managing Director (retired)
Accenture
Appointed to Council Apr 2014



Professor Lim Soon Thye

Head and Senior Consultant
Division of Medical Oncology,
National Cancer Centre Singapore

Director Clinical Service
Oncology Academic Program,
Singhealth
Assistant Dean, Duke-NUS Graduate
Medical School Singapore
Appointed to Council Apr 2010



Dr Lim Siew Eng

Senior Consultant and
Clinical Director
Department of
Haematology-Oncology
National University
Cancer Institute, Singapore
Appointed to Council Apr 2012



Mr Pek Tiong Boon

Retired Civil Servant
Appointed to Council Apr 2014

COUNCIL MEMBERS (CO-OPTED)



Dr Yeo Wee Lee

Consultant
Department of Medical Oncology
Tan Tock Seng Hospital
Appointed to Council May 2015



Dr Steven Fang

Executive Director & CEO
CapBridge
Appointed to Council May 2016



Dr Ravindran Kanesvaran

Consultant
Division of Medical Oncology
National Cancer Centre Singapore
Appointed to Council May 2016



Mr Choo Swee Cher

Partner
Transaction Advisory Services
Ernst & Young Solutions LLP
Appointed to Council May 2016

KEY MANAGEMENT

AS OF 31 MARCH 2017



Mr Albert Ching
Chief Executive Officer
Appointed 17 Sep 2012



Dr Ong Yew Jin
Medical Director
Appointed 5 Jan 2015



Ms Athena Wang
Chief Operating Officer
Appointed 16 Feb 2016



Ms Doris Ho
Head – Nursing Services
Hospice Care Services



Mr Kenneth Foo
Manager
Community Health



Mr Tay Kuan Ming
Senior Manager
Special Projects



Ms Violet Yang
Manager
Psychosocial Services



Ms Gloria Tan
Team Lead – Volunteer
Management and Events
Community Partnerships



Ms Belinda Choo
Senior Manager
Corporate Affairs



Mr Kelvin Wang
Team Lead – Fundraising
Community Partnerships



**Ms Saraswathi
Sinnappan**
Senior Manager
HR, Administration & IT



Ms Susan Leen
Senior Manager
Operations



Ms Lucy Lim
Manager
Cancer Support Services



Ms Susan Lim
Manager
Welfare Services



Mr Chng Jong Ling
Manager
Finance

SUB-COMMITTEES

TERM OF OFFICE 2016-2017

Executive Committee

Mr Choo Eng Chuan	Chairman
Mr Wee Leong How	Vice Chairman
Mr Ang I-Ming	Honorary Secretary
Mr Calvin Phua	Assistant Honorary Secretary
Ms Lim Pek Suat	Honorary Treasurer
Mr Yeo Chuen Eng	Assistant Honorary Treasurer
Mr Albert Ching*	Secretariat

* Mr Albert Ching, SCS Chief Executive Officer, is the ex-officio of all committees

External Auditors

RSM Chio Lim LLP

Internal Auditors

BDO LLP

Honorary Legal Counsel

Mr Ang I-Ming

Legal Firm

RHTLaw Taylor Wessing

GOVERNANCE COMMITTEES

Audit Committee

Mr Pek Tiong Boon	Chairperson
Ms Ku Xian Hong	
Mr Gerald Minjoot	
Mr Chng Jong Ling	Secretariat

Finance Committee

Ms Lim Pek Suat	Chairperson
Mr Yeo Chuen Eng	
Mr Choo Swee Cher	
Mr Chng Jong Ling	Secretariat

Investment Committee

Mr Yeo Chuen Eng	Chairperson
Mr Choo Eng Chuan	
Mr Benjamin Wong	
Mr Chng Jong Ling	Secretariat

Human Resource Committee

Mr Adrian Choo	Chairperson
Mr Wee Leong How	
Mr Calvin Phua	
Mr Saraswathi Sinnappan	Secretariat

Nominations Committee

Mr Choo Eng Chuan	Chairperson
Mr Wee Leong How	
Prof Lim Soon Thye	
Mr Albert Ching	Secretariat

ADVISORY & RESOURCE COMMITTEES

Medical Professional and Audit Committee

Prof Lim Soon Thye	Chairperson
Dr Noreen Chan	
Dr Khemlani Mansha Hari	
Ms Ng Tzer Wee	
Ms Ku Xian Hong	
Ms Daphne Hong	
Mr Yeo Chuen Eng	
Ms Jayne Leong	Secretariat
Dr Rina Nga (till 31 st Dec 2016)	Secretariat

Community Health Committee

Dr Lim Siew Eng	Chairperson
Dr Chee Cheng Ean	
Dr Timothy Lim	
A/Prof Henry Ho	
Dr Yap Yoon Sim	
Dr Yeo Wee-Lee	
Dr See Kay Choong	
Ms Athena Wang	Secretariat
Mr Kenneth Foo	Secretariat

Welfare Committee

Mr Wee Leong How	Chairperson
Mr Pek Tiong Boon	
Mrs Lee Lay Beng	
Mr Kenny Rebeira	
Dr Donald Poon	
Ms Susan Lim	Secretariat
Ms Lucy Lim	Secretariat

SCS Cancer Rehabilitation Management Committee

Dr Ng Yee Sien	Chairperson
Dr Ravindran Kanesvaran	
Dr Chan Kay Fei	
Dr Effie Chew	
Dr Norhisham Bin Main	
A/Prof Koo Wen Hsin	
Dr Lalit Kumar R Krishna	
Dr Loh Yong Joo	
Ms Hozaidah Binte Hosain	
Ms Carolina Png	
Dr Ong Yew Jin	Secretariat
Ms Susan Leen	Secretariat

Community Partnership

Dr Ang Peng Tiam	Chairperson
Mr Ang I-Ming	
Dr Steven Fang	
Ms Athena Wang	Secretariat
Ms Gloria Tan	Secretariat
Mr Kelvin Wang	Secretariat

Cancer Treatment Fund Committee

Prof Lim Soon Thye	Chairperson
Dr Lim Siew Eng	
Dr Yeo Wee Lee	
Dr Ravindran Kanesvaran	
Dr See Hui Ti	
Dr Ong Yew Jin	Secretariat
Ms Susan Lim	Secretariat

Facilities & Relocation Committee

Mr Calvin Phua	Chairperson
Mr Ang I-Ming	
Dr Steven Fang	
Ms Saraswathi Sinnappan	Secretariat

SCS Cancer Research Panel

Dr Lim Siew Eng	Chairperson
Dr Tan Min Han	
Dr Andrea Wong	
Ms Joan Khng	
Mr Choo Swee Cher	
Dr Huang Qing	Secretariat

Project LEAP Committee

Ms Ku Xian Hong	Chairperson
Mr Ang I-Ming	

Mr Calvin Phua	
Mr Gerald Minjoot	
Ms Saraswathi Sinnappan	Secretariat

ADMINISTRATIVE & EVENT COMMITTEES**SCS Relay For Life Advisory Committee**

Mr Hsieh Fu Hua	Chairperson
Mrs Mildred Tan	Vice-Chairperson
Dr Tan Wu Meng	
Mr Foo Hee Jug	
Mr Choo Eng Chuan	Ex-officio
Dr Ang Peng Tiam	Ex-officio
Ms Athena Wang	Secretariat
Ms Gloria Tan	Secretariat

SCS Relay For Life Organising Committee

Dr Tan Wu Meng	Chairperson
Mr Foo Hee Jug	Vice-Chairperson
Mr Choo Swee Cher	Treasurer
Mr Ellil Mathiyan s/o Lakshmanan	
Ms Calin Tan	
Mr Ee Kuo Ren	
Ms Fang Eu-Lin	
Ms Jean Chan	
Ms Leonie Tan	
Ms Rosemary Chng	
Ms Zarina Othman	
Ms Julie Chiang	
Mr Joel Siew	
Ms Kristina Stapels	
Ms Goh Tze Wei	
Ms Amy Ko	
Ms Athena Wang	Secretariat
Ms Gloria Tan	Secretariat

SCS Help the Children and Youth Programmes – Tuition Advisory Committee

Mr Irwin See	Chairperson
Mrs Helen Tan	
Dr Justina Tan	
Mr Christopher Loh	
Ms Lucy Lim	Secretariat
Ms Aw Lin Xin	Secretariat

SCS Cancer Care Kit Task Force

Dr Yeo Wee Lee	Chairperson
Dr Angela Pang	
Dr Tan Wu Meng	
Ms Terina Tan	
Ms Eleanor Wong	
Ms Jayne Leong	Secretariat

Financial Assistance Scheme Task Force

Dr Wong Loong Mun	Chairperson
Professor Ho Yew Kee	
Dr Gilbert Fan	
Mrs Lee Lay Beng	
Ms Chee Wai Yee	Secretariat
Dr Ong Yew Jin	Secretariat
Ms Jayne Leong	Secretariat
Ms Susan Lim	Secretariat

SCS CANCER AWARENESS MONTH COMMITTEES**SCS Colorectal Cancer Awareness Month**

Dr Chee Cheng Ean	Chairperson
Dr Cheong Wai Kit	
Dr Iain Tan	
Dr Lai Jiunn Heng	
Dr Seow Choon Sheong	
Dr James Ngu	
A/Prof Tan Kok Yong	
Mr Kenneth Foo	Secretariat
Mr Ajay Nair	Secretariat

SCS Women's Gynaecological Cancers Awareness Month

Dr Timothy Lim	Chairperson
Dr Cindy Pang	
Dr John Chia	
Dr Ida Ismail-Pratt	
Dr See Hui Ti	
Dr Chew Ghee Kheng	
Mr Kenneth Foo	Secretariat
Ms Grace Tan	Secretariat

SCS Gastric Cancer Awareness Month

A/Prof Jimmy So	Chairperson
A/Prof Andrew Wong	
A/Prof Asim Shabbir	
Ms Teresa Ng	
Mr Kenneth Foo	Secretariat
Mr Ajay Nair	Secretariat

SCS Breast Cancer Awareness Month

Dr Yap Yoon Sim	Chairperson
Dr Veronique Tan Kiak Mien	
Dr Andrea Wong Li Ann	
Dr Teo Sze Yiun	
Dr Juliana Chen	
Mr Kenneth Foo	Secretariat
Mr Gregory Zhou	Secretariat

SCS Prostate Cancer Awareness Month

Dr Terence Lim	Chairperson
Dr Lee Lui Shiong	
A/Prof Henry Ho	
Dr Lincoln Tan	
Dr Ravindran Kanesvaran	
Dr Ronny Tan	
Dr Loke Wei Tim	
Dr Lau Wei Da	
Mr Kenneth Foo	Secretariat
Mr Gregory Zhou	Secretariat

SCS Lung Cancer Awareness Month

Dr See Kay Choong	Chairperson
A/Prof Phillip Eng	
Dr Chin Tan Min	
Mr Kenneth Foo	Secretariat
Ms Grace Tan	Secretariat

SUPPORT GROUPS ADVISORY PANEL**SCS Prostate Cancer Survivorship Programmes**

A/Prof Henry Ho	Chairperson
Dr Lincoln Tan	
Dr Chong Kian Tai	
Dr Jeffery Tuan	
Ms Toh Poh Choo	
Ms Jiang Yan	
Ms Sarah Chen	
Ms Karine Sim	
Ms Lucy Lim	Secretariat
Mr Loke Jun Leong	Secretariat

SCS New Voice Club Advisory Panels

Dr Samuel Yeak	Chairperson
Professor Christopher Goh	
Ms Susan Goh	
Mr Gary Chia	
Ms Lucy Lim	Secretariat
Ms Sim Yen Xin	Secretariat

SUPPORT GROUPS COMMITTEES

SCS Bishana Ladies Group

Ms Calin Tan	Chairperson
Ms Brenda Cheng	Secretary
Ms Chang Puryanti	
Ms Loy Li Li	
Ms Lucy Lim	Secretariat
Ms Sim Yen Xin	Secretariat

SCS Colorectal Support Group

Mr Teo Kee Huat	Chairperson
Mr Ellil Mathiyen s/o Lakshmanan	Secretary
Mr Michael Lee	
Mr Shiv Raj Kapur	
Mr Loh Wan Heng	
Mr Thomas Lee	
Ms Lucy Lim	Secretariat
Ms Sim Yen Xin	Secretariat

SCS New Voice Club

Mr Ricky Chiu	Chairperson
Mr Leong Kok Wai	Vice-Chairperson
Mr Chia Hung Chiu	Secretary
Mr Tan Poo Meng	
Mr Chris Law	
Mr Khew Min Sin	
Mr Sin Teong Choon	
Ms Lucy Lim	Secretariat
Ms Sim Yen Xin	Secretariat

SCS Reach To Recovery

Ms Jessica Too	Chairperson
Ms Jenny See	Vice Chairperson
Ms Peggy Yeo	Secretary
Ms Baby Lim	
Ms Serene Teo	
Ms Suvian Liaw	
Ms Molly Koo	
Ms Lucy Lim	Secretariat
Ms Sim Yen Xin	Secretariat

SCS Walnut Warriors

Mr Simon Tan	Chairperson
Mr Michael Rollings	Vice Chairperson
Mr Low Kee Tuan	Secretary
Mr John Loh	
Mr Tan Tai Jong	
Mr Vincent Lien	
Mr Lim Kok Kuan	
Ms Lucy Lim	Secretariat
Mr Loke Jun Leong	Secretariat

Look Good Feel Better Programme

Ms Wee Hui Yan Serena	Chairperson
Ms Doreen Tan Wei Leen	
Ms Sng Bee Kuan	
Ms Pamela Hoeden	
Hospital Representatives	
Lucy Lim	Secretariat
Sim Yen Xin	Secretariat

Highlights and Achievements

	2015**	2016
CANCER PREVENTION AND CONTROL		
SCS Cancer research funds disbursed	\$271,264	\$293,320
Terry Fox Fund disbursed	\$240,000~	\$159,729*
Cancer awareness campaigns conducted	5	6
Cancer talks conducted at schools, corporations, community clubs, and roadshows	107	141
Attendees at talks, forums and roadshows	8,836	8,270
TOTAL NUMBER OF PERSONS SCREENED		
FAECAL IMMUNOCHEMICAL TEST SCREENING FOR COLORECTAL CANCER		
SCS Faecal Immunochemical Test (FIT) participants	50,911^	53,935^
• Participants who tested positive for the presence of blood in their stools	3,353^v	3,755^v
• Follow-up (colonoscopy) participants with pre-cancer polyps and cancer findings	284	260
MAMMOGRAM SCREENING FOR BREAST CANCER		
Breast self-examination education participants @ SCS Clinic	4,014	4,749
Mammogram participants SCS Breast Cancer Awareness Campaign Month	7,366	14,225
SCS FIT50 Mammogram participants###	15,744##	3,222#
Mammogram participants @ SCS Clinic	766 (Jul-Dec)	1,758
• Cases referred for further assessment for abnormalities***	41 (Jul-Dec)	224
• Breast cancer cases detected ***	6 (Jul-Dec)	17
PAP SMEAR SCREENING FOR CERVICAL CANCER		
SCS Clinic Pap smear screening participants	4,519	4,964
• Cases referred for further assessment	191	174
• Abnormalities detected (inclusive of multiple problems found in any of the referred patients)	442	467
SCS Campaign Pap smear screening participants	10,538	11,159
SCS FIT50 Pap smear screening participants###	8,416##	1,319#

CANCER CARE AND SUPPORT**CANCER TREATMENT FUND**

Funds disbursed	\$1,563,548	\$1,380,000
Beneficiaries	461	268

Since CTF inception, more than \$15.4 million has been disbursed to more than 4,635 cancer patients

WELFARE AID FUND

Funds disbursed	\$1,266,296	\$1,550,591
Beneficiaries	564	578

Since WAF inception, more than \$14.6 million has been disbursed to more than 31,852 cancer patients

CANCER CARE FUND

Funds disbursed	\$585,000	\$911,000
Beneficiaries	666	993

Since its inception in 2015, more than \$1.49 million has been disbursed to 1,659 cancer patients

CANCER CARE KIT DISTRIBUTION

	-	6,348
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LIVING WELL PROGRAMME

Patients served	18	21
Funds disbursed	\$4,433	\$12,914

EDUCATION FINANCIAL ASSISTANCE SCHEME

School Allowance/Bursary Awards disbursed	\$28,240	\$49,330
Student beneficiaries	46	43

HOME-HOSPITAL TRANSPORTATION PROGRAMME

Ambulance services and taxi reimbursement	\$8,209	\$2,789
Patients served	150	175
Patient trips made	2,606	2,450

HELP THE CHILDREN AND YOUTH PROGRAMME

Cost of tuition	\$282,659	\$312,960
Children and youth receiving tuition	57	59
Funds disbursed for academic awards	\$20,614	\$19,950
Students who received academic awards	49	45

PSYCHOSOCIAL SERVICES

Clients served	391	256
Clinical hours (face to face interviews)	-	1,562.90
Non-clinical hours (phone calls etc)	-	144.85
Psychoeducation	-	33
Therapeutic group runs and clinical hours	-	74/103.75 hrs

SCS SUPPORT GROUPS

SCS Bishana Ladies Registered members	165	276
SCS Colorectal Support Group Registered members	103	143
SCS New Voice Club Registered members	61	70
SCS Reach to Recovery Registered members	122	196
SCS Lung Cancer Support Group Registered members	7	25
SCS Walnut Warriors Registered members	47	69

SCS LOOK GOOD FEEL BETTER PROGRAMME

Hospitals/organisations participating	7	7
Survivors/patients	184	165

SCS ENRICHMENT PROGRAMMES

Types of classes	172	413
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SCS PROSTATE CANCER SURVIVORSHIP PROGRAMMES

PCa Specialist Nursing Programme (3 hospitals)		
• Number of patients	34	1,724
• Number of New PCa Patients	34	400
• Number of New PCa patients completed set of QOL	10	111

CANCER REHABILITATION SERVICES

New referrals	9	90
Clients served (Specialised Rehab Programme)	1	55
Clients served (Next Step Programme)	3	46
Rehab services and programme types	4	5
Nutrition & Educational talks, Physical exercises, Caregivers training	2	27
Percentage of clients experiencing significant improvement	-	70%

HOSPICE CARE

New referrals	502	332
Number of patients	654	505
Patients who passed away peacefully at home	63%	53.77%
Average patient load at one time	149	125

COMMUNITY PARTNERSHIP

Funds/donations garnered	\$24.9M	\$21.6M
Fundraising expenses	\$1.5M	\$1.2M
Fundraising efficiency ratio	9%	8%
Number of Corporates Engaged	168	135
Volunteers Mobilised	2,230	2,355
Volunteer Hours contributed	17,380	12,506

NOTES:

^ FIT50 participants who registered under the FIT50 Programme are subsumed under the total screening numbers for colorectal cancer

* In 2016, SCS disbursed funds raised from the Singapore Terry Fox Run 2015 to 5 cancer research projects.

~ In 2015, SCS disbursed funds raised from the Singapore Terry Fox Run 2014 to 6 cancer research projects.

** 2015 comparative figures have been amended following audit adjustment.

*** Health Promotion Board data

SCS FIT50 is a SCS funded programme, started in 2014 in conjunction with the SCS 50th Anniversary. In 2015, the programme was put on hold and SCS funding was channelled to support the government's SG50 screening programme, funding specifically the FIT kit component. In 2016, the SCS FIT50 programme resumed.

July 2015 to March 2016

August 2016 to March 2017

∨∨ Out of these abnormalities, only 1,030 have completed colonoscopy follow-up

∨ Out of these abnormalities, only 889 have completed colonoscopy follow-up

CANCER PREVENTION AND CONTROL

Our health and well-being cannot be taken for granted. SCS works to build awareness that no one is immune. As millions today are living with cancer, it is our foremost belief in educating everyone on how to lead a healthy lifestyle that can minimise cancer risk. With concerted efforts, we work towards raising awareness on the importance of screening and understanding the cause of cancer.



NEW RESEARCH IN 2016

The SCS Cancer Research Fund strives to encourage research that improves quality of life, quality of care, and quality of treatment for cancer patients.



SCS received 48 research proposals from 15 institutions and awarded research grants to 4 cancer research projects. A total of \$293,320 was disbursed by SCS to fund cancer research projects in Singapore.

Feasibility and efficacy study of multidisciplinary breast cancer rehabilitation during chemotherapy

Grant Recipient
Dr Effie Chew
National University
Hospital

Grant Amount
\$184,120

A Study of Family Caregivers' Needs, Burden of Care and Quality of Life over the Course of a Cancer Illness

Grant Recipient
Dr Rathi Mahendran
National University of
Singapore

Grant Amount
\$20,300

Evaluating the role of a Geriatric Oncology service: how it can impact upon the quality of life in the older adult with cancer and aid in the reduction of caregiver distress

Grant Recipient
Dr Angela Pang
National University
Hospital

Grant Amount
\$73,000

The Impact of Surgical Treatment on Physical Functions and Quality of Life in Patients with Head and Neck Cancer: A Prospective Cohort Study

Grant Recipient
Dr Tan Hiang Khoon
National Cancer Centre
Singapore

Grant Amount
\$15,900



SCS administered the Singapore Terry Fox Fund disbursement to 5 cancer research projects.

Targeting Super-Enhancer
Driven Transcripts
in Nasopharyngeal
Carcinoma through CDK7
inhibition

Grant Recipient
Dr Loh Kwok Seng
National University
Hospital

Grant Amount
\$39,800

Investigating the role of USP28
in melanoma

Grant Recipient
Dr Nesaretnam Barr
Kumarakulasinghe
National University
Hospital

Grant Amount
\$39,000

F-FMISO PET guided dose
escalation of nasopharyngeal
carcinoma – a feasibility and
planning study

Grant Recipient
Dr Kiattisa Sommat
National Cancer Centre
Singapore

Grant Amount
\$69,500

Establishment of 3D Expansion
of Cervical Circulating Tumor
Cells as a Prognostic Tool for
Chemoradiotherapy response

Grant Recipient
Dr Choo Bok Ai
National University
Hospital

Grant Amount
\$39,500

Regional Cryotherapy
in Preventing Paclitaxel
Induced Peripheral
Neuropathy in Patients
with Early and Locally
Advanced Breast Cancer

Grant Recipient
Dr Kily Loh Wei-Jen
National Cancer Centre
Singapore

Grant Amount
\$50,000

I. COMPLETED SCS-FUNDED RESEARCH IN 2016

Principal Investigator

Elizabeth Chan Jiahui

Designation

Principal Physiotherapist, Physiotherapy Department,
KK Women's and Children's Hospital

Research Title

A Qualitative Study of Singaporean Women's Perspective
on Living with Lymphoedema

Research Period

1 Feb 2015 to 31 July 2016

Principal Investigator

Dr Wong Fuh Yong

Designation

Senior Consultant, Radiation Oncology,
National Cancer Centre Singapore

Research Title

Creating a Prognostic Nomogram for Asians
Breast Cancer Patients

Research Period

15 Feb 2014 to 14 Aug 2016



SCS Promotes Awareness and Prevention

Cancer Awareness and Prevention is the most cost-effective long-term strategy for the control of cancer. SCS increases awareness of cancer prevention, cancer screening and specific cancer signs and symptoms by organising campaigns, roadshows, public forums, talks and other events. SCS also organised symposiums and talks for General Practitioners to support the cancer control efforts.

WORLD CANCER DAY



Singapore Cancer Society co-organised a World Cancer Day (WCD) event at Toa Payoh Hub with the tagline "We Can, I Can" to show just as how cancer can affect everyone in different ways, everyone has the power to reflect on what they can do, make a pledge and take action.



Date: 20 Feb 2016 (Sat)



Venue: Toa Payoh Hub Atrium, Auditoriums



Time: 10am – 4pm

Exhibitions, games, lucky draws and a children's art competition were held at the atrium with the aim of making it an interactive and fun family event while bringing the message across. An art competition, themed 'HOPE' was also held for children.

Programme summary

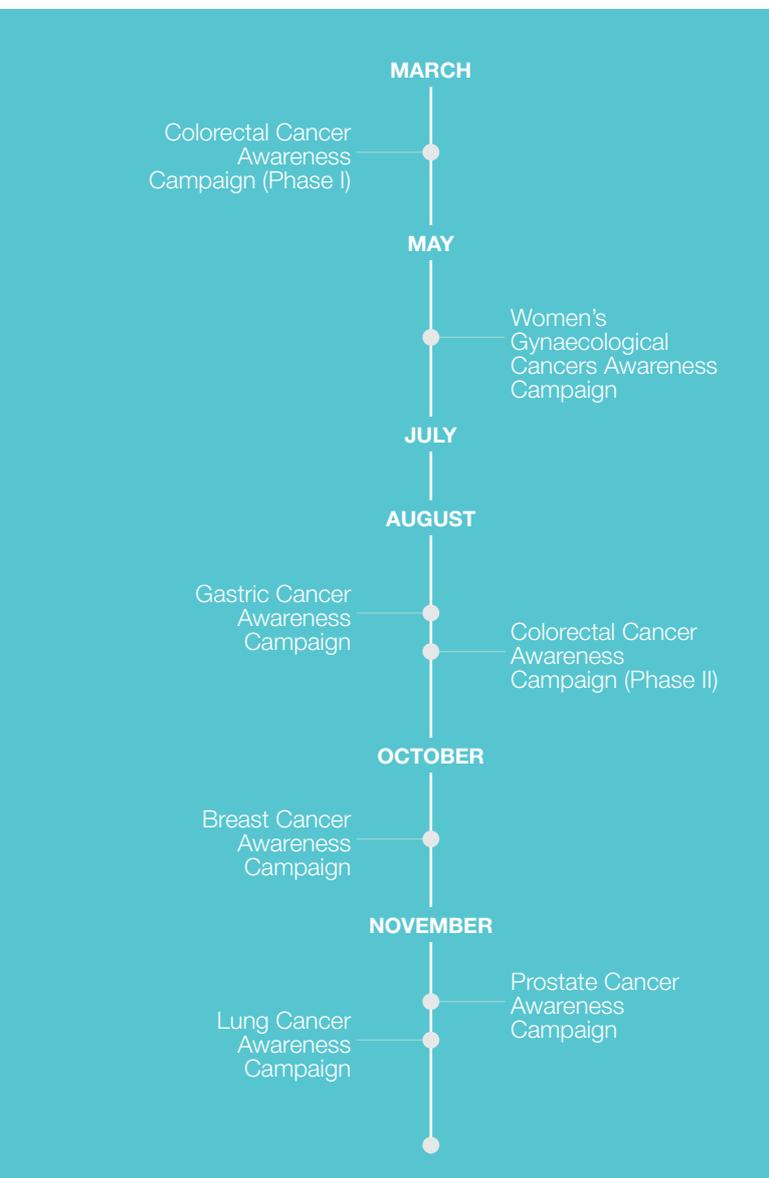
- Distributed FIT kits to 120 participants
- 60 Pap smear registrations
- 2 Public forums (English & Mandarin)

Summary of Achievements

- 289 people participated in the above talks

SCS CANCER AWARENESS CAMPAIGN

IN 2016



I. 15th SCS Colorectal Cancer Awareness Campaign (March – Phase 1, August – Phase 2)



“Colorectal Cancer is the most common cancer among Singaporeans aged 50 and above. Yet two-thirds of them have not been screened for it.”

The campaign encouraged Singaporeans and PRs aged 50 and above to come forward and get screened through the SCS Screening Programme.

Educational Outreach Efforts Public Roadshows

SCS organised public roadshows in the campaign months March and April and participated in external parties' roadshows all year round to distribute free FIT kits with the help of volunteers.

Educational Talks

- A year-long educational effort in collaboration with corporate and community organisations for colorectal cancer awareness sessions with the help of volunteer doctors.

Summary of Events

3 public roadshows (with FIT kit distribution)

- SCS Colorectal Cancer Awareness Month Roadshow at Bedok Mall and Lot 1 Mall
- SCS and 8 National Healthcare Group Polyclinics roadshows
- 1,075 participants in total

99 external roadshows (with FIT kit distribution)

22 corporate and community talks (with FIT kit distribution)

- 1,098 participants

FIT Screening Programme

The Faecal Immunochemical Test (FIT) is a preliminary screening for colorectal cancer.

Phase I (Mar – Apr 2016)

SCS collaborated with the following partners to distribute FIT kits at no charge:

- 18 Polyclinics from SingHealth and National Healthcare Group
- 59 Guardian Health & Beauty Outlets
- 22 Watsons Personal Care Stores

Phase II (Aug – Sep 2016)

SCS collaborated with the following partners to distribute FIT kits at no charge.

- 18 Polyclinics from SingHealth and National Healthcare Group
- 31 Guardian Health & Beauty Outlets
- 30 Watsons Personal Care Stores

Year-round Distribution

SCS worked with the following partners to continue distributing FIT kits throughout the year:

- 31 Guardian Health & Beauty Outlets
- 30 Watsons Personal Care Stores
- Unity Family Medicine Clinic

Summary of Achievements

The Faecal Immunochemical Test (FIT) is a preliminary screening for colorectal cancer.



67,495

people collected a FIT kit from SCS in 2016

134,990

FIT kits were distributed

106,036

FIT kits were returned for analysis (77.5% return rate)

3,755

people tested positive for presence of blood in their stool and were referred for further consultations

SCS FIT kits are available at no cost



II. 3rd SCS Women's Gynaecological Cancers Awareness Campaign (May – July 2016)

“A Woman's Instinct Is Incredible”

Women's Gynaecological Cancer is ranked among the top 10 cancers affecting Singaporean women. The campaign set out to create a greater awareness on all 3 cancers – cervical, ovarian and uterine cancers – with a special focus on encouraging the early detection of cervical cancer through Pap smear screening.

Outreach to the General Public

In addition to the year-long educational effort through corporate and community talks conducted by volunteer doctors, free Pap smears were offered at 171 participating General Practitioner Clinics island-wide.

Summary of Events



2

Hi-Tea talks



8

corporate and
community
talks

1

public forum
in English and
Mandarin at
SCS World
Cancer Day
event

Summary of Events

601 people participated in corporate
and community talks11,159 women went for Pap smear
screening in 2016



Encouraging the community

In partnership with JurongHealth and South-West Community Development Council (CDC), a public forum was organised to increase awareness, clarify myths and misconceptions about breast cancer. The forum was graced by Mayor Low Yen Ling.

In conjunction with the NCCS Pink Ribbon Fashion Show, SCS organised the Great Pink Workout to encourage women to keep fit for a cause.

For women aged 50 to 69, the best defence against breast cancer is to keep up to date with mammogram screening. To encourage women to do so, SCS provided a funding assistance of \$25 for their mammogram screening. This year's screening campaign saw a record number of 47 breast screening centres participating in the initiative.

Summary of Events



IV. 20th SCS Breast Cancer Awareness Campaign (October 2016)

“Treasure the Breast Things in Life”

Jointly organised by National Cancer Centre, Singapore (NCCS), Breast Cancer Foundation (BCF), Health Promotion Board (HPB), National University Cancer Institute, Singapore (NCIS) National University Hospital (NUH), and the Singapore Cancer Society (SCS), this campaign invited women to treasure the breast things in life.



V. 7th SCS Lung Cancer Awareness Campaign (November 2016)



“3 Singaporeans Die from Lung Cancer Every Single Day”

Lung cancer is ranked the top killer cancer among Singaporean men and the second killer cancer among Singaporean women. This campaign set out to emphasise the seriousness of lung cancer and how fatal it can be.

Summary of Achievements



325 people participated in the corporate and community talks



152 people participated in the public forum



65 GPs participated in the GP symposium



80 people participated in the Pink Workout



14,225* pink cards were utilised for mammograms

* Preliminary figures as of 24 March

Outreach to General Public

A health forum was organised in English and Mandarin to address the diagnosis, treatment and prevention of lung cancer.

Summary of Events

GP symposium 1	Public forum in English and Chinese 1
Corporate and community Talks 4	

Summary of Achievements

82	GPs participated in the GP symposium
331	people participated in the public forums
181	people participated in the corporate and community talks

VI. 12th SCS Prostate Cancer Awareness Campaign (November 2016)

TAKING FOREVER TO PEE?
IT'S TIME TO MAN YOUR PROSTATE.

Having trouble peeing may be a sign of Prostate Cancer, the 3rd most common cancer for men in Singapore. Symptoms can be similar to having an enlarged prostate gland, medically known as Benign Prostatic Hyperplasia (BPH). These symptoms may not show at early stages of Prostate Cancer. Register for our public forums in English and Mandarin to be better informed. Early detection helps save lives.

To register, call 8843 7310, email pan2016@jobsworld.com or log on to www.myprostate.com.sg

8 Nov (Sunday)
1:30 - 2:30pm (English)
3 - 4pm (Mandarin)
Health Promotion Board (HPB)
Lecture Hall, Level 1

23 Nov (Monday)
8 - 10:30am (English)
11 - 12:30pm (Mandarin)
Sengkang Community Hub
SANA Training Room, Level 5

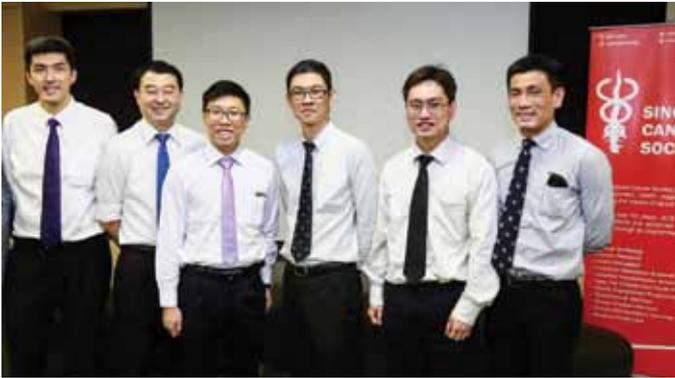
26 Nov (Thursday)
2:30 - 4:30pm (English)
5:30 - 6:30pm (Mandarin)
Tua Payoh HDB Hub
Auditorium, B1

15 Prostate Cancer Registry, Annual Registry Report, Trends in Cancer Incidence in Singapore 2010-2014

Jointly supported by:

“Taking Forever To Pee? It's Time to Man Your Prostate”

Building on the efforts of previous years, this year's campaign aimed to help men to be vigilant about their prostate health issues through taking note of common symptoms.



Outreach to General Public

3 health forums on prostate health were organised to address men's health and prostate issues. SCS also partnered five restructured hospitals around Singapore to organise a series of prostate cancer public forums in English and Mandarin.

Summary of Events

- 1 GP symposium
- 3 public forums in English and Chinese
- 3 corporate talks

Summary of Achievements

- 85 GPs participated in the GP symposium
- 694 people participated in the public forums
- 141 people participated in the corporate and community talks

YOUTH & SCHOOL OUTREACH

January – October 2016

I. Smoke Free Ambassador Programme

SCS worked with two uniformed groups, the National Cadet Corps Singapore (NCC) and Girl Guides for the SCS smoke-free ambassador programme.

The aim was to get the Cadets and Guides to pledge to be smoke free ambassadors and spread the smoke-free message to their family members and friends, and also set a good example by not smoking.

Through this programme, the cadets reached out to more than 4,000 of their peers and encourage them to lead a smoke-free life. The guides went through the training session and were tasked to collect pledges from their peers and to think of activities that could reach out to their peers to lead a smoke-free life. The Girl Guides collected a total of 2,006 pledges and reached out to more than 1,500 of their peers through their activities.



The Cadets and Guides reached out to their peers through exhibition, skits or presentations about leading a smoke-free life. Awards were presented to the top 3 teams for the most creative and effective campaigns.

The top 3 awards were presented to the Cadets from:

- 1 Fajar Secondary
- 2 Anglo-Chinese School Independent
- 3 Jurong West Secondary

The top 3 awards were presented to Guides from:

- 1 Tampines Secondary
- 2 Changkat Changi Secondary
- 3 Greenridge Secondary



<p>Programme summary</p> <p>27 talks to National Cadet Corps</p> <hr/> <p>2 combined talks to Girl Guides</p>	<p>Summary of Achievements</p> <p>627 Cadets attended the smoke-free ambassador programme</p> <hr/> <p>82 Guides attended the smoke-free ambassador programme</p>
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II. Smoke Free Projects and Campaigns

SCS also reached out to Tertiary and University students on smoke free projects and other campaign projects.

Insid(her)

(Women's Gynaecological Cancers Campaign)

Done By

Nanyang Technological University,
Wee Kim Wee School of Communication and Information Students

Cover a brother

(Skin Cancer Campaign)

Done By

Nanyang Technological University,
Wee Kim Wee School of Communication and Information Students

Drop It For Life

(Smoke Free Campaign)

Done By

Ngee Ann Polytechnic Students

JAVX

(Smoke Free Project)

Done By

Nanyang Polytechnic Students

I Love Myself

(Smoke Free Project)

Done By

Temasek Polytechnic Students

Demystifying Cancer

(De-stigmatisation of Cancer in Singapore)

Done By

Murdoch University Students

Summary of Achievements

483

Tertiary and University students completed campaign related projects



COMMUNITY OUTREACH

'Give up for Good' was a ground up initiative by UP Brandbuzz Pte Ltd in support of the Singapore Cancer Society's call to create a smoke free lifestyle. The campaign engaged smokers by treating them with respect, giving them the power of choice to decide and donate any number of cigarettes.

The event also encouraged smokers to give up cigarettes for a good cause.



3 Dec 2016 (Sat)



Bugis+



2pm – 7pm

Volunteers went around the streets of Bugis+ to ask smokers to give up their cigarettes for a good cause. The aim was to collect 500 cigarettes and in turn, our sponsors matched or multiplied the street value of the collected cigarettes in food items and necessities for 100 cancer patients and their families.

Programme summary

Collected

1,951



Cigarettes



CANCER CARE AND SUPPORT

When cancer is diagnosed it impacts all areas of life. Cancer is not a death sentence. After diagnosis, much can be done to stabilise conditions and maximise the quality of life for those living with cancer or beyond cancer, by relieving pain and other distressing symptoms. Although cancer affects different people in different ways, no one walks alone. SCS provides holistic support to help patients, caregivers and family members cope with their emotional, financial, physical and spiritual difficulties.



FINANCIAL AID

SCS provides a range of financial assistance to alleviate the burden of treatment costs, and provisions such as milk, diapers, medical dressing, stoma bags and other medical equipment to Singaporeans and PRs from low and middle income families.

We provide avenues of assistance at every stage of treatment. More than \$3.89 million in aid was disbursed in 2016 through the various funds:



I. SCS Cancer Treatment Fund

The SCS Cancer Treatment Fund was established in 2005 to provide cancer treatment subsidies to patients experiencing financial difficulties. Patients are referred by their doctors or medical social workers at various restructured hospitals.

Since 2014, SCS has been partnering Roche Singapore Pte Ltd to provide subsidies to persons who require Avastin and Herceptin as part of their cancer treatment. In 2016, a total of 49 patients were assisted under this partnership.

SCS also signed a partnership with Takeda Pharmaceutical Company to provide easier access and subsidy for the drug Adcetris (brentuximab vedotin).



268

Patients assisted



\$1,380,000

Amount disbursed



Since CTF inception, more than \$15.4 million has been disbursed to more than

4,635

Cancer Patients

II. SCS Welfare Aid Fund

The Welfare Aid Fund was established in 1964 to aid cancer patients and their families with temporary financial aid and sustenance during and after treatment to mitigate the financial strain which may arise from unemployment, loss of income, and hefty treatment costs. This fund was later extended with the inclusion of aids such as milk, diapers, medical dressing, stoma bags and other medical equipment to patients. Welfare aid funding is accessed through medical social workers and healthcare professionals at various hospitals, hospices, and voluntary welfare organisations.



578

Patients assisted



\$1,550,591

Amount disbursed



Since WAF inception, more than \$14.6 million has been disbursed to

31,852

Cancer Patients

III. SCS Cancer Care Fund

The SCS Cancer Care Fund is a one-time financial assistance scheme that aims to provide for the immediate needs of patients who come from low and middle income families within the first 6 months of diagnosis. Since its inception in 2015, more than \$1.49 million has been disbursed to 1659 cancer patients.

\$911,000

Amount disbursed

993

Patients assisted

IV. Living Well Fund

This fund aims to enhance dignity of care and quality of living for financially needy hospice patients under the care of SCS, by enabling community living in their home environment in their final days (where SCS existing schemes are not applicable).

\$12,913.85

Amount disbursed

21

Patients assisted

V. Education Financial Assistance Scheme

SCS provides school allowance grants and bursaries to alleviate the financial burden of school-going children and youths whose families are impacted by cancer.

School allowance distributed to **43** students

Bursary awards distributed to **3** students

\$49,330

Amount disbursed

VI. SCS Home-Hospital Transportation Scheme

SCS provides home-hospital transportation to and from the following hospitals for patients from low-income families who have medical appointments or radiotherapy/chemotherapy sessions:

- Changi General Hospital
- National Cancer Centre Singapore
- National University Hospital
- Singapore General Hospital
- Tan Tock Seng Hospital

175

Patient Served

2,450

round trips made

SCS also provides hospital transportation to beneficiaries who are wheelchair bound or have mobility difficulties by engaging private ambulances.

VII. SCS Help the Children and Youth Programme (HCYP)

HCYP provides a holistic approach to support the needs of families by consolidating efforts to reach out to the children and youth impacted by cancer.

Tuition Programme

- Supported by the Singtel Touching Lives Fund with an annual pledge of \$250,000
- Sustained pool of 39 in-house tutors
- 19 primary school students and 40 secondary school students benefitted from the programme in 2016

Annual Book Prize

The academic achievements of 45 students enrolled in the SCS Tuition Programme were recognised in 3 Award Categories:



28

students received the Book Prize Award

9

students received the Achievement Award

8

students received the Encouragement Award



10 – 12 June



Hwa Chong Institution



24 facilitators
20 participants

Organised in collaboration with medical students from NUS Medical Society and DUKE-NUS Graduate Medical School

Inaugural Camp Rafiki

With the theme 'Make your Magic', Camp Rafiki sought to help youths impacted by cancer by empowering them to overcome their challenges through experiential learning. Quarterly reunions were held during the school holidays as part of youth engagement.



PSYCHOSOCIAL SERVICES



Our social workers and counsellors help those impacted by cancer cope with fear and strong emotions that may result from diagnosis and treatment. They are also ready to help connect patients, caregivers and family members with relevant information, financial resources and therapeutic groups. In 2016, our social workers and counsellors served 256 beneficiaries impacted by cancer.

I. Clinical Services

Cancer Survivorship Case Counselling

Our social workers counsel cancer patients who are newly diagnosed as well as patients diagnosed with advanced stages of cancer.

Clinical Sexual Health Clinic

The SCS Clinical Sexual Health Clinic started in May 2016. Conducted weekly at SCS Cancer Rehabilitation Centre, the SCS Clinical Sexologist covered topics on sexuality and intimacy for those impacted by cancer. A second weekly session was later introduced in October 2016 at SCS Multi-Service Centre. 26 educational talks were conducted for professionals and the public

Music Therapy Services

SCS Psychosocial Services introduced music therapy to better cater to the needs of cancer patients. Two Music Therapists were engaged to conduct two runs of 6 music therapy sessions.

Art Therapy Services

Art Therapy Services was introduced to better cater to the needs of cancer patients. In November 2016, our art therapist launched the weekly art therapy session, "Nurturing your HeART", at the SCS Cancer Rehabilitation Centre.

II. SCS Patient Ambassador Programme

Support group members reached out to new patients through home or hospital visits and telephone calls either before or after treatment to provide psychological and emotional support. Seven Patient Ambassadors who are colorectal and prostate cancer survivors, were given a series of training by the SCS Psychosocial Team and they conducted 79 visits during the year.

III. Palliative Care Network

SCS Psychosocial Services hosted the Palliative Care Network session on "Bereavement Support for Caregivers and Families" on 24 June 2016 at the Singapore Cancer Society Rehabilitation Centre. This event was jointly organised with the Singapore Association of Social Workers.

SCS CANCER SUPPORT SERVICES

SCS provides a platform for cancer survivors to not only share their experiences with their peers but also to enhance their knowledge through talks and workshops. Listening to others share how they have been impacted by cancer and survived, brings hope to those who are similarly affected and helps them to cope better with their condition.

Our cancer support programmes and services are built upon the following 5 pillars.

Education

Engagement

Empowerment

Enrichment

Psychosocial Support

Total number of attendees at all support group events

2370



I. SCS Bishana Ladies Group

For all female cancer patients and survivors



Formed in



Number of members

Talks/Workshops

- 'What is Chemo brain?' by Jayne Leong (SCS Senior Social Worker)
- "Balance your hormone" by Certified Coach, Health Adviser and Hypnotherapist Ms Tania Schnuppe
- "Blending & juicing away cancer" by Certified Coach, Health Adviser and Hypnotherapist Ms Tania Schnuppe
- "Differences between macrobiotics and probiotics" by nutritionist Ms Ujjwala Baxi
- "Immunity & You" by Mr Anthony Lim
- "How to boost your memory, focus and observation" by Mr Nishant Kasibhatla (Certified Speaking Professional, Guinness Record Holder (2011) and the only Grand Master of Memory in Singapore)

- "Menopause and sexual health" by Dr Srilatha (SCS Clinical Sexologist/Senior Researcher)
- "Hope against hope" by Mr Jeremiah Chin (Motivational speaker)

Social & Recreational Events

- Recycling programmes by committee members
- Guess and draw by committee members
- Amazing race
- 2nd year anniversary celebration
- Bottle recycling craft by Chris Tan (SCS Support Group Member)

II. SCS Colorectal Support Group

For colorectal cancer patients and survivors



Formed in



Number of members

Talks/Workshops

- "Nutritional & Immunology" by Ms Tey Siew Choon
- "Conquer your fear to live happily workshop" by motivational speaker Mr Adrian Toh
- "Nutritional Misconception" by Ms Tey Siew Choon
- "Healthy gut system" by Ms Tey Siew Choon
- "Caring & Prevention of joint pain" by TCM therapist Ms Serene Sang
- "Heart matters" by ex-counsellor Ms Ailee Tan

- "Types of omega and side effects, inflammation & choice of cooking oil" by Mr Tey Siew Choon
- "Judgement & Perception" by ex-counsellor Ms Ailee
- "Cardiovascular diseases and liver function" by Mr Tey Siew Choon

III. SCS New Voice Club

For laryngeal cancer patients and survivors

Formed in



Number of
members



SCS NVC provides rehabilitative support and training for laryngeal cancer patients and helps them to learn how to speak again and to gain a 'new voice' after treatment, with or without electronic speech devices. Support group members also conducted home and hospital visits to newly diagnosed or treated patients to share their experiences, and inspire them to gain a new voice.

Talks/Workshops

- "Sharing of ways to speak" by Ms Lim Shan Wen (Asia Medical Supplies)
- "Will Writing" by Mario Tjong (Bequest Pte Ltd)
- "Smell techniques sharing" by member Mr Sin Teong Choon
- "Nutrition & Cancer" by Dr Huang Qing from (SCS Research Specialist)
- "Swallowing after laryngectomy" by Ms Yee Kaisin (SGH Speech Therapist)
- Voice rehabilitation options after laryngectomy by Ms Yee Kaisin (SGH Speech Therapist)

IV. SCS Reach to Recovery

For breast cancer patients and survivors

Formed in



Number of
members



Talks/Workshops

- "Coping with stress" by Ns Jayne Leong (SCS Senior Social Worker)
- "Menopause and sexual health" by Dr Srilatha (SCS Clinical Sexologist/Senior Researcher)
- Facilitated sharing session

V. SCS Lung Cancer Support Group

For lung cancer patients and survivors

Formed in



Number of
members



Talks/Workshops

- "Cutting Edge Treatment in Lung Cancer" by Dr Wong Seng Weng
- "Living with Lung Cancer" by Dr Huang Yiqing

VI. SCS Walnut Warriors

For prostate cancer patients and survivors



Formed in

Number of members



69

“The Man Plan” Programme

- Introduced in 2013
- Number of participants in 2016: an average of 12 participants per class
- “The Man Plan” Programme is an exercise programme for prostate cancer patients undergoing hormonal therapy.



This programme incorporates resistance exercises to help reduce their fatigue as well as to improve their quality of life and muscular fitness.

Talks/Workshops

- “Basic Understanding of Cancer” by Mr Cesar Vargas
- “Eating Right & Exercise” by Mr Simon Tan
- “Radiation Treatment & Hormone Therapy” by Dr Choo Bok Ai
- “Role of Prostate Cancer Specialist Nurse in Singapore” by Nurse Sarah Chen
- “Radiotherapy in Prostate Cancer” by Dr Chong Kian Tai
- “Dialogue Session” with PCSN Christopher McNamara
- “Humour & Health Workshop” by Prof Low Kee Yang
- “Metastatic Prostate Cancer” by Dr Lincoln Tan
- “Pelvic Floor Exercise” by Nurse Sarah Chen
- “Emotional Competence Workshop” by Mr Tham Fun Yuen
- “Lifestyle Adjustments After Prostate Cancer Treatment” by Dr Lincoln Tan

VII. SCS Look Good Feel Better Programme

Formed in



participants in 2016



165

number of workshops



27

The Look Good Feel Better (LGFB) programme helps female cancer patients cope with the effects of cancer treatment such as hair loss and skin discolouration by helping them improve their appearance and regain their self-esteem.

Hands-on workshops were conducted by volunteer cosmetologists who teach make-up techniques and the use of various accessories such as wigs, hats and scarves to enhance the appearance of cancer patients.

Patients were also given the opportunity to share how they were coping with their illness and treatment.



Workshops were held at

- Changi General Hospital
- KK Children’s and Women’s Hospital
- Gleneagles Hospital
- National Cancer Centre, Singapore
- National University Hospital
- Raffles Hospital
- SCS Cancer Rehabilitation Centre

VIII. SCS Cancer Support Programmes

SCS Enrichment Programme

This programme fosters an environment where cancer patients, beneficiary survivors, support group members, caregivers, and volunteers were provided with opportunities to share their talents and learn new skills while bonding with each other and pursuing common interests.

Courses provided:

- Belly Dancing
- Ashtanga Yoga
- Baduanjin Qigong cum Stretching Exercise
- Tai Chi
- Rouli Ball Exercise
- Salsation Dance
- Line Dance
- Tai Chi Kung Fu Fan

IX. SCS Prostate Cancer Survivorship Programme

The SCS Prostate Cancer Survivorship Programme identifies and prioritises cancer survivorship needs and strategies to improve the quality of life of Singaporeans who are living with and beyond prostate cancer.

- SGH

674

patients served

119

new patients served

29

new patients who completed set of QOL

- TTSH

597

patients served

212

new patients served

50

new patients who completed set of QOL

- NUH

453

patients served

69

new patients served

34

new patients who completed set of QOL

Started in

MARCH 2015

49

patient referrals to SCS

- Prostate Cancer Specialist Nurse (PCSN) Christopher McNamara from Greenslopes Private Hospital was invited to Singapore to speak and judge at the 14th Urological Association of Asia Congress 2016. PCSN McNamara also hosted a dialogue with SCS Walnut Warriors support group members.

- Produced 2 educational booklets on psychosocial support, diet and nutrition for prostate cancer patients, for the 14th Urological Association of Asia Congress 2016

REHABILITATION SERVICES

I. Official Opening of Singapore Cancer Society Rehabilitation Centre

On 8 October, Minister for Health, Mr Gan Kim Yong, officially opened the Singapore Cancer Society Rehabilitation Centre, Singapore's first community-based cancer rehabilitation centre.

This one-stop centre provides integrated, holistic rehabilitative services for cancer patients and survivors. Located at JEM Office Tower in Jurong East, the facility provides cancer patients and survivors convenient access to a full suite of integrated and holistic rehabilitative services, including rehabilitation with therapists, psychosocial counsellors, physician support, and peer support groups. The aim is to help clients return to a state of normalcy and reintegrate with their families, jobs and community.

The morning event also saw Dr Michael D. Stubblefield, Medical Director of Kessler Institute for Rehabilitation (USA), share a lecture on "Cancer Survivorship: Addressing Rehabilitative Needs Across the Continuum of Care". Dr Stubblefield is an internationally recognised leader in the field of cancer rehabilitation.



II. Singapore Cancer Society Rehabilitation Centre

SCS Cancer Rehabilitation Centre (CRC) provides continuing care that is complementary to existing rehabilitative services offered at acute medical hospitals.

Beyond addressing practical concerns, the CRC adopts a person-centred approach in developing customised cancer care plans. This is achieved through the personal attention given to clients by our Cancer Care Navigators (CCN) – a key component in our model of care – who help clients access relevant services seamlessly and better cater to each individual's needs. This approach helps to remove barriers towards rehabilitation and addresses the multiple

challenges faced by clients such as fatigue, weakness and pain. The assistance also means their rehabilitation progress is closely monitored by SCS rehabilitation team consisting of therapists, CCNs and social workers/counsellors.

At the CRC, physical, nutritional and psychosocial programmes provide cancer patients and survivors with the essential support needed to surmount fatigue, weakness, nutritional, emotional and psychological challenges brought on by cancer. Other programmes that help to enhance the quality of life include nutrition counselling, enrichment workshops, music and art therapy, and social activities.

SCS support groups also provided members with opportunities to bond with fellow patients and survivors.

Two key programmes designed to help cancer patients and survivors address specific issues and challenges faced in different phases of their recovery journey are:



Specialised Rehabilitation Programme

Non-acute cancer patients are closely monitored as they undergo physical therapy, psychosocial services and nutritional consultations.

Next Step Programme

Next Step Programme is targeted at cancer survivors to help them keep fit and improve their physical wellness.



The SCS Cancer Rehabilitation Centre is equipped with a state-of-the-art gym which features specialised fitness equipment for cancer patients and survivors. During the course of their rehabilitation, patients' progress reports are also shared with referring hospitals or physicians to enable ongoing calibrations in their treatment.

Another important group that the SCS Cancer Rehabilitation Centre caters to is Caregivers. There are training programmes for Caregivers to equip them with the knowledge and skills that will help them in their caregiving journey for their loved ones.

III. Summary of Achievements

55

Total number of SCS Specialised Rehabilitation Programme clients served

46

Total number of SCS Next Step clients served



15 each session

Average number of participants in SCS Man Plan Programme (for prostate cancer patients)

Caregivers' training and workshops

91 participants

10 workshops

Nutrition talks and workshops

257 participants

12 talks

2 nutrition cooking workshops



VIII. Highlights of SCS Cancer Support Services

SCS Community Healing Garden

The SCS Community Healing Garden was officially opened by Health Minister Mr Gan Kim Yong on 8 October. The gardening programmes create a sense of community by providing platforms for peer-to-peer bonding among survivors, patients and their caregivers. Members recuperate physically and emotionally when they participate in gardening activities.



SCS Cancer Support Services Annual Get-Together

The SCS Cancer Support Services Annual Get-Together honoured the valuable time and dedication of trainers, volunteers and healthcare professionals extended to SCS support groups.

- Theme: Hawaiian
- 3 December
- Venue: Concorde Hotel
- 250 Support Group Members
- 50 Caregivers

Events

SCS Support Groups members were also invited to the following:

- Chingay 2016
- DSA 20th Anniversary
- Terry Fox Run 2016
- ASPIA: Biggest Morning Tea
- DBS Marina Regatta 2016
- Singtel-Singapore Cancer Society Race Against Cancer 2016
- Singapore Garden Festival
- Pink Workout at the Pink Ribbon Fashion Show and Carnival
- Trees of the World 2016
- Zumba Performance
- Balloon Sculpting
- Jewelry Making



HOSPICE CARE

In the advanced stages of cancer, patients may choose to receive care and support in their own homes to maximise their quality of life. Patients and their families may also face stress during this period which may lead to emotional distress. Our Hospice Care team comprises nurses, doctors, social workers, counsellors, physiotherapists and occupational therapists who provide holistic palliative care to terminal cancer patients and their families. Our hospice care services have been increasing in both capacity and capability to better cope with growing needs. The team applies a multi-disciplinary approach to ensure that both patients' and their family members needs are appropriately assessed and addressed through regular home visits.



SCS HOSPICE CARE SERVICES

I. Living and Dying Well

In 2013, SCS embarked on an expansion plan to ramp up SCS Hospice Care services to help meet the increasing demands for palliative care in the community. SCS Hospice Care has been committed to increasing both in capacity and capability so that we can “serve more, and serve better.”

Our Hospice team comprises dedicated and trained nurses. They work together with a multi-disciplinary team of social workers, counsellors, physiotherapists and occupational therapists to provide holistic care. Together they aim not only to relief symptoms but also support patients to live as comfortably as possible.



332

New referrals



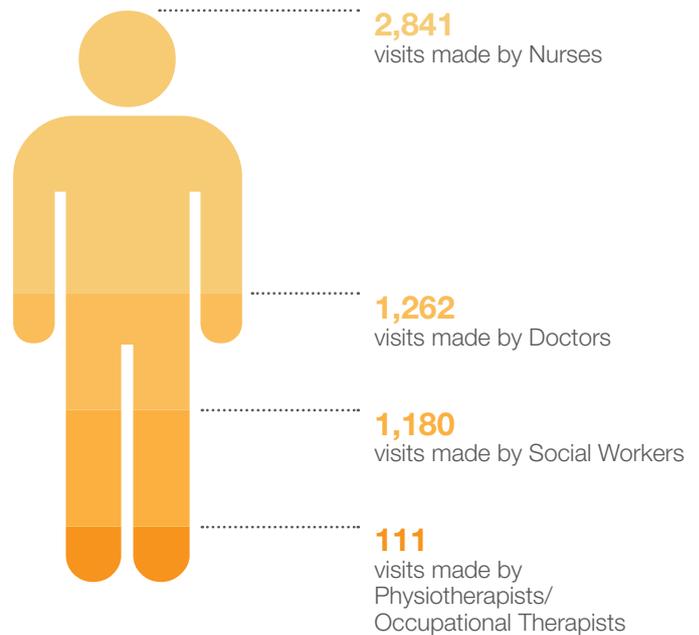
505

patients served in 2016

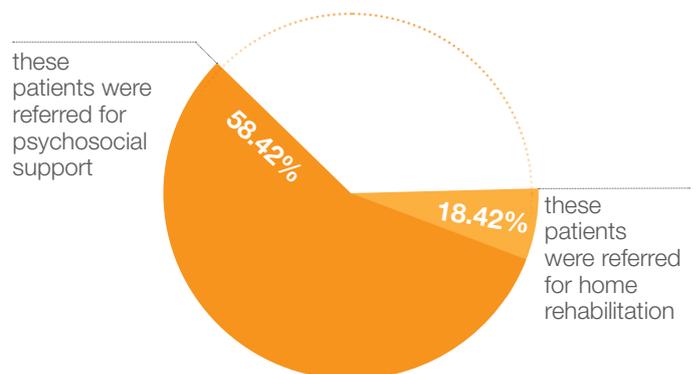


125

Average daily patient load in 2016



Total number of visits made to patients: **5,394**

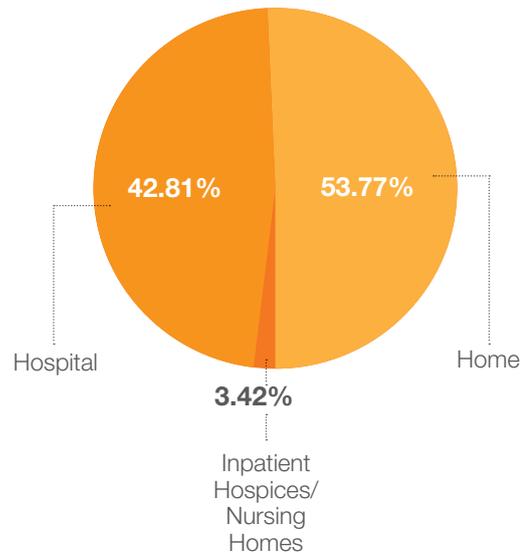


II. Meeting Needs, Minimising Fear

Patient needs were discussed during weekly team meetings to determine the best course of action. These may include the titration of medication, referrals for psychosocial or home rehabilitation support, or the loan of equipment like oxygen concentrators and commodes. Financial needs were also addressed by our social workers.

Many fear suffering when they near the end of life; palliative care seeks to relieve them of this suffering. Because each patient and family is different, the team facilitated in planning for the future care of patients often by exploring patients' preferences towards death and dying. Although these are difficult conversations to have, the decisions that follow often bring stability and assurance to patients.

Places where patients spent their final moments



HOSPICE CARE CASE COUNSELLING

Our social workers and counsellors worked closely with our Hospice Care Team to manage anticipatory grief and loss of patients.

To further help patients cope with their condition, assistance was provided for care management and child care support. Bereavement support was also provided for family members to cope with their loss.

RALLYING THE CANCER COMMUNITY

For many patients and family members, the cancer journey is a long road but there is strength in numbers. With the help of SCS Donors, Stakeholders, Sponsors, Volunteers, and many others, we rallied the community to 'Minimise Cancer and Maximise Life'.



SCS COLLABORATION WITH JURONGHEALTH

Singapore Cancer Society inked a collaboration with JurongHealth (which operates the Ng Teng Fong General Hospital, Jurong Community Hospital and Jurong Medical Centre) on 25 July 2016 at the SCS Cancer Rehabilitation Centre, to provide those impacted by cancer with integrated quality care and to empower



them to lead healthy and independent lives in the community. SCS and JurongHealth will jointly develop, coordinate and organise healthcare services in the western region of Singapore to address cancer care needs in the community.

SCS COLLABORATED WITH SINGAPORE GENERAL HOSPITAL (SGH), TAN TOCK SENG HOSPITAL (TTSH) AND NATIONAL UNIVERSITY HOSPITAL (NUH)

SCS collaborated with 3 hospitals for the Prostate Cancer Specialist Nursing Programme to develop model of care for the patients. SCS also produced 4 booklets to support the patients. The booklets are, 'Your Emotional Well-Being', 'All About Your Diet', 'A Medical Guidebook' and 'A Warrior's Diary'. The books are available at SGH, NUH, TTSH, SCS Cancer Rehabilitation Centre and SCS Multi-Service Centre.

THE SINGTEL- SINGAPORE CANCER SOCIETY RACE AGAINST CANCER 2016 (RAC)

This is the signature fundraising event where over 6,000 sports enthusiasts and some 600 volunteers raised over \$1million for cancer patients and their families. Held on 3 July 2016, East Coast Park, Angsana Green, RAC 2016 was flagged off by Ms Grace Fu,



Minister for Culture, Community & Youth, who also took part in the 5km non-competitive category. Through Singtel's Touching Lives Fund, \$250,000 was donated to support SCS Help The Children and Youth programme.

SCS PARTNERS' APPRECIATION

SCS held its first Partners' Appreciation on 11 November 2016 @ The Chevrans, attended by 220 partners and volunteers. The following were recognised:

Outstanding Volunteer Award

- Ms Pamela Hoeden

Outstanding School Award

- Australian International School Parents Association

Outstanding Corporate Award

- AbbVie Pte Ltd

Special Acknowledgement Award

- Global Indian International School
- MSD International GmbH (Singapore Branch)

Certificate of Appreciation:

- Celestica (S) Electronics Pte Ltd
- Merck Pte Ltd (Singapore)
- Republic Polytechnic
- Pei Hwa Secondary School

Long Service Awards were conferred by NCSS to:

5 YEARS

- Ms Carol Lim Siew Kee
- Mr Loh Wan Heng
- Ms Tan Wei Leen Doreen

10 YEARS

- Mr Lee Tian Kit Michael
- Mr Shiv Raj Kapur

20 YEARS

- Ms Yeo Sim Liang Peggy



SCS FESTIVE CHEER WITH A HEART

SCS SWEET HOME PROJECT

This programme took place during the 4 major festive seasons, Chinese New Year, Hari Raya, Deepavali and Christmas where volunteers purchased and delivered food packs to SCS beneficiaries bringing cheer and hope to them.

Sweet Home Project is a project where volunteers help SCS beneficiaries improve their living conditions through simple home maintenance.

SCS CHARITY ATHLETES



The SCS Charity Athletes Programme was launched in 2009 to provide athletes the opportunity to dedicate their passion in sports to a meaningful effort to save lives, fight cancer and raise funds for needy cancer patients. These athletes embody the kindness and indomitability of the human spirit. Indeed, to them, taking part in athletic pursuits is not about their personal glory, but about spreading the message that no one should fight cancer alone. In 2016, 25 active SCS Charity Athletes ran, biked or climbed mountains and collectively raised more than \$55,000 to 'Minimise Cancer and Maximise Life'.

In November 2016, one of our SCS Charity Athletes, Loh Ching Soo, took on one of the toughest and challenging endurance mountain bike races on Earth "Yak Attack 2016". He cycled to the highest point of the race at Thorong La, which is 5,416m above sea level. We congratulate Ching Soo for completing the race and for flying our SCS flag high up in the mountains of Nepal. Ching Soo also raised more than \$31,000 for SCS through his tremendous efforts.

"FIGHT CANCER TOGETHER, ONE LITRE AT A TIME" CAMPAIGN

Summary of Achievement:

\$60,803



The "Fight Cancer Together, One Litre at a Time" campaign featured the brand's best-selling POKKA Green Tea variants (POKKA Jasmine Green Tea, Honey Green Tea, Jasmine Green Tea No Sugar and Japanese Green Tea No Sugar) in a limited-edition packaging, where a sum of 6 cents to 10 cents was donated to SCS for every litre sold. The goal was to donate \$50,000 once a total of 5 million litres of these variants were sold. With support from the Singapore public, POKKA surpassed the original pledged donation with an additional \$10,000 garnered from its social media sharing of POKKA's campaign video starring singer-songwriter Daphne Khoo and host-actor Paul Foster. The videos, told through personal stories, raised more awareness about the emotional and financial consequences of cancer and the importance of regular health screenings.

SCS KNIT OF LOVE PROGRAMME

SCS Volunteers knitted items, such as hats, which were distributed to patients undergoing their first chemotherapy session in hospitals across Singapore and through the SCS Look Good Feel Better programme. In 2016, 20 volunteers from Merck Pte Ltd helped to knit 74 hats. The programme aims to provide emotional support and warmth to those affected by the side effects of chemotherapy.

SCS CROCHET OF LOVE PROGRAMME

SCS Volunteers crocheted items, which were then sold as SCS Merchandise to raise funds for SCS programmes and services. In 2016, over 50 volunteers completed more than 900 crocheted ribbon magnets which were sold during the POKKA Green Tea CSR Campaign, "Fight Cancer Together, One Litre at a Time", from August to September. The ribbon magnets were in 6 colours, with



each representing a different type of cancer. In addition, volunteers crocheted 515 coasters and 208 ez-link card pouches for sale during roadshows.

INTERNATIONAL CONFERENCE ON SOCIAL WORK 2016

SCS was invited to participate in the International Conference on Social Work 2016. The conference, themed 'Health and Mental Health' was held in NUS. SCS presented 2 oral presentations titled 'Holistic Approach to Cancer Survivorship and Rehabilitation in Singapore' and 'International Oncology Social Work Exchange: Leadership, Novel Program Development and Professional Renewal'.

THIRD PARTY FUNDRAISING ACTIVITIES

I. Movember 2016

Movember, an annual campaign by Singapore Cancer Society and the Movember Foundation to raise awareness for Men's Health, places particular focus on three areas: Prostate Cancer, Testicular Cancer and Suicide Prevention. The programme kick-started on 1 November 2016 with the campaign theme "Stop Men Dying Too Young". Prostate cancer is the second most common cancer in men worldwide. In Singapore, prostate cancer is the 3rd most commonly diagnosed cancer in men and has the 6th highest cancer mortality. The funds raised from the Singapore campaign are channelled to the SCS Prostate Cancer Survivorship Programme. From Oct 2016 to Dec 2016, more than \$332,254 was raised for the cause.



II. Terry Fox Run 2016

The Canadian Association of Singapore and Canadian International School organised and hosted the annual Terry Fox Run 2016 in March 2016, at the Big Splash at East Coast Park and raised

Many individuals and corporate fundraisers came forward to support SCS services and programmes. These supporters used their creativity, resources, passion and time to raise cancer awareness and funds. They journeyed with our beneficiaries, showing concrete action that they were present to support those impacted by cancer.

a total of \$154,153. The funds raised are designated for cancer research in Singapore in collaboration with Terry Fox Research Institute. In commemoration of Terry Fox (a cancer amputee who embarked on a cross-Canada run to raise cancer awareness), this annual event is a volunteer-led, all-inclusive, non-competitive run which rallies everyone (2,000 to 3,000 runners) to fight against cancer.

III. PCCW Global Charity Run 2016

PCCW Global, the international operating division of HKT, a Hong Kong telecommunications service provider, sponsored the annual PCCW Global Charity Run for the third year running. One of the unique features of this 5km charity run was that it was held on a workday morning. On 1 June 2016, at 7am, more than 800 runners gathered at Gardens by the Bay and completed the 5km run before going to work. A total of \$50,000 was raised by PCCW Global's corporate partners and participants.



IV. Biggest Morning Tea 2016

Continuing with the tradition of holding an annual Biggest Morning Tea to raise funds for cancer patients, the Australian International School Parents Association and the Australian and New Zealand Association organised and held Singapore's version of the Australia's Biggest Morning Tea in May 2016. During the event, cancer survivors took to the catwalk and paraded with confidence and beaming smiles. A total of \$25,979 was raised, thanks to the amazing ladies behind the scenes and out on the stage.

V. AXA Blue Elephant Parade 2016

AXA Life Insurance Singapore Private Limited organised the Blue Elephant Parade at NEX in August 2016. A total of \$17,882 was raised, thanks to donations from the general public and the 1-for-1 matching donation by AXA. Members of the public donated \$1/- to obtain a piece of blue origami paper and AXA staff guided them to fold the origami blue elephant. Together, they set a new Singapore Book of Records for "Largest Display of Origami Elephants" with 11,203 origami elephants folded between 15 and 21 August 2016.



VI. Citi-YMCA Youth For Causes 2016

Citi-YMCA Youth For Causes (YFC) is a community initiative started by Citi and the YMCA of Singapore in 2003 to promote social entrepreneurship and community leadership development among Singapore youths. It provides youths aged 15 to 25 with a platform which includes seed funding, training and volunteer mentorship for executing self-initiated projects to raise public awareness, funds and mobilise volunteers for the Voluntary Welfare Organisations (VWOs) of their choice. The youths, comprised in teams of four, demonstrated values such as harmony, respect and responsibility as they championed their social causes. Students learned lessons outside the classrooms to spark their entrepreneurial spirit and developed through the programme into socially responsible community leaders.

In 2016, two teams from Nan Chiau High School and Nan Chiau High School (NCHS) Alumni "Team CANvas" and "Team Elpis" selected SCS as their preferred VWO, and raised a total of \$25,719. NCHS was also the Singtel-Singapore Cancer Society Race Against Cancer 2016 venue partner. We packed race packs at the venue, and more than 140 students were involved as volunteers.

VII. Fundraising by Schools

In 2016, staff and students from the following schools organised fundraising events as part of their school activities and projects, which helped to raise more than \$66,000 for SCS. We extend our heartfelt gratitude to:

- Beatty Secondary School
- Cedar Primary School
- Dunman Secondary School
- Northview Secondary School
- Overseas Family School Limited
- Paya Lebar Methodist Girls' School (Secondary)
- Singapore Chinese Girls' School

ACKNOWLEDGEMENTS

We would like to extend our deepest appreciation to all donors, sponsors, partners, and supporters who have helped us in advancing our mission. Your generosity and support touch the lives of our beneficiaries and their families and help us change the face of cancer in Singapore.

Partners & Supporters

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 AsiaMalls
 Axe Oil
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 Boehringer Ingelheim Singapore
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 Capsule
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 Concorde Hotel
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Screening Partners

Abundant Health Medical Clinic
AcuMed Medical Group
Aljunied Xray Centre
Avenue K Clinic @ Punggol
Banyan Clinic @ JW
Bedok Family Clinic & Surgery
Bedok Family Medicine Centre
Boston Imaging & Radiology & Diagnostics Pte Ltd
Cancer Centre @ NUH Medical Centre Level 10
Caring Family Clinic
CCK Family Clinic
Central @ Novena (Medical Clinic)
Central 24-Hr Clinic
Changi General Hospital
Cheng Clinic For Women
Crawfurd Medical
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Dr Gary's Family Clinic
Dr Jeremy Chan Medical Clinic
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Drs Chua & Partners (AV)
Drs Koo, Fok & Associates
Drs Lim, Hoe and Wong Radiology Pte Ltd
Drs Singh & Partners
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Family Healthcare Clinic & Surgery
First Medical Clinic & Surgery
Friendship Clinic & Surgery
Hale Medical Clinic (Concourse)
Heal Medical Centre
Health Partners Family Clinic
HealthCheck @ Raffles Hospital
HealthConnexion Medical Clinic @ Farrer Park Medical Centre
Healthway Anchorvale Clinic
Healthway Compassvale Clinic
Healthway Medical Centre
Healthway Medical Clinic
Healthway Screening and Wellness Centre
Healthway Yishun Clinic
Heartland Family Clinic
Hisemainn Medical Clinic
iCare Medical & Wellness Clinic
Jurong Health Services
Khoo Teck Puat Hospital
KK Women's & Children Hospital
KL NG Medical Clinic
Kusuma Lee Clinic & Surgery For Women
LC Clinic Medical Surgery Aesthetics
Lee Women's Clinic And Surgery
Life Family Clinic
Lim Clinic
Medical Partners (The Clinic)
MHC Medical Centre
Mint Medical Centre
MW Medical Centre
My Family Doctor
National Healthcare Group Diagnostic
National University Cancer Institute, Singapore (NCIS)
National University Hospital
Northeast (Buona Vista) Medical Centre
Northeast Medical Group
Nutramed Clinic
PanHealth Family Clinic
Parkway Health Radiology
Peace Family Clinic (WL832)
Prime Medical Group Pte Ltd
Q & M Medical Family Clinic
Radlink Diagnostic
Raffles Hospital
Raffles Medical Group
Sata CommHealth
SBCC Women's Clinic (Clementi)
Shalom Medical Group
Shenton Medical Group
Siglap Clinic
Silver Cross Clinic
Silver Cross Family Clinic (Upper Bukit Timah)
Silver Cross Medical Centre
Sincere Medical Specialist Centre For Women
Singapore Family Clinic & Surgery
Singapore General Hospital
Singapura Clinic
SingHealth Polyclinics
SM Haneefa Clinic
S.T. Medical Centre
Tan Tock Seng Hospital

Tanglin Halt Clinic
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 The Bonham Clinic
 The Edinburgh Clinic
 The iClinic
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 TJ Medical Clinic & Surgery
 Tsi & Partners Family Clinic
 Unity Family Medicine Clinic
 Universal Medical Clinic
 Woodlands Medical Centre
 Zenith Medical Clinic

.....
The following Corporate and Individual Sponsors & Donors have supported the Society with \$5,000 and more. While we take great care to ensure the accuracy of the list, we seek your kind understanding for any omissions or oversight on our part. We would also like to thank all donors who have contributed generously, but have chosen to remain anonymous.

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 Cheng, Lincoln
 Chew Piak San
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LOCATE US

Singapore Cancer Society (SCS) Main Office

15 Enggor Street,
Realty Centre, #04-01,
Singapore 079716
Tel: 6221 9578
Fax: 6221 9575

- Corporate services
- Hospice care services
- Public education
- Welfare services

Opening hours: Mondays to Fridays, 8.30am to 6.00pm

SCS Multi-Service Centre

9 Bishan Place,
Junction 8 Office Tower, #06-05,
Singapore 579837
Tel: 6499 9133
Fax: 6499 9140

- Cancer screening services
- Cancer support services

Opening hours: Mondays to Fridays, 8.30am to 6.00pm

SCS Rehabilitation Centre

52 Jurong Gateway Road,
JEM Office Tower, #08-04,
Singapore 608550
Tel: 6661 0590
Fax: 6570 2746

- Cancer rehabilitation services
- Cancer support services

Opening hours: Mondays to Fridays, 9.00am to 6.00pm;
Saturdays 9.00am to 1.00pm

SCS Satellite Centres

National Cancer Centre Singapore

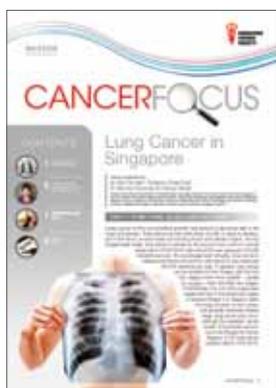
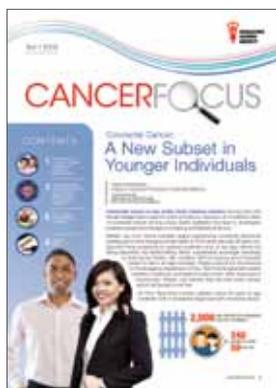
11 Hospital Drive,
Singapore 169610
Tel: 6436 8420
Fax: 6224 6441

Opening hours:
Mondays to Fridays,
8.30am to 5.00pm

National University Cancer Institute, Singapore

National University Hospital, Medical Centre 1,
Level 9, Unit D2,
5 Lower Kent Ridge Road,
Singapore 119074
Tel: 6772 5463
Fax: 6268 5917

Opening hours: Mondays to Fridays, 9.00am to 5.00pm



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