

# Stepping Up

THE FIGHT AGAINST CANCER





## SCAN TO DONATE

Scan QR code using bank app to donate to Singapore Cancer Society. All proceeds will be channelled to support programmes and services conducted by Singapore Cancer Society.



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### SINGAPORE CANCER SOCIETY

Singapore Cancer Society (SCS) was established in 1964 and has been actively serving the community for more than 56 years. SCS was registered as a society in 1984 and accorded IPCs (Institutions of a Public Character) status as a charity in 1995 by the Ministry of Health (MOH). SCS is a member of the National Council of Social Service (NCSS), a founding member of the Singapore Hospice Council (SHC), and a member of the Union of International Cancer Control (UICC). Being self-funded, the Society is dependent on public donations to provide quality services to needy cancer patients, their families, and members of the public.

Charity Registration Number: 0053

UEN / IPC Number: S65SS0033F

Statutory Auditor: RSM Chio Lim LLP

Internal Auditor: Baker Tilly

Legal Firm: RHTLaw Asia

Honorary Legal Counsel: Mr Kelvyn Oo

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## SINGAPORE CANCER SOCIETY

# Stepping Up

## THE FIGHT AGAINST CANCER

## VISION

To be Singapore's leading Charity in the fight for a cancer-free community.

## MISSION

To Minimise Cancer and Maximise Lives through effective programmes.

## STRATEGIC THRUSTS



Reduce  
Cancer Incidence



Increase  
Survivor Rate



Improve  
Quality of Life



Greater  
Community Action

## CORE VALUES



# CHAIRMAN AND CEO MESSAGE



**SCS has been spearheading the fight against cancer for the past 56 years and is progressing to build a stronger network across the island to serve the community at large. Collaborating with partners, SCS intensifies its cancer prevention efforts, and provides valuable cancer services and programmes.**

Mr Wee Leong How, Chairman *(left)*  
Mr Albert Ching, Chief Executive Officer *(right)*



2020 had been a challenging year for everyone, with the spread of COVID-19 disrupting businesses and lives all over the world. While as a nation we stay united to fight the COVID-19 situation, here at Singapore Cancer Society (SCS), we continued to rally hope and support to improve the lives of the cancer community by dedicating resources to minimise the impact of cancer and maximise lives through a holistic care system, which is built on effective programmes and services.

Amidst the pandemic, while many were staying safe at home, there was a large group of vulnerable individuals who were battling cancer and their lives were even more affected due to the many restrictions that made it even more challenging for them to seek cancer support and care.

With rising cancer incidence and more cancer survivors in Singapore, it is imperative for SCS to leverage on technology and bridge the gap to the community so that no one gets left behind. SCS stepped up and turned challenges into new areas

of strength to ensure that timely care services are provided to those impacted by cancer.

The need for social distancing has significantly impacted cancer prevention and control work (i.e screening, outreach, etc), and overall support for cancer patients in the community. To bridge the gap, SCS launched 3 digital platforms – SCS AI Chatbot, SCS FIT Portal and SCS Telesupport Portal as part of efforts to meet the rising demand for quick and safe assistance on cancer related matters.

While the AI Chatbot and FIT Portal addresses the need for timely and accurate information, and screening services for cancer, the Telesupport Portal provides a platform for the cancer community to get the support needed even in times of isolation. These platforms ensure that SCS continues to ‘Serve More and Serve Better’ by conducting various activities in a convenient and safe way.

It is especially difficult for cancer patients from the lower to middle-income families, who struggle financially to make ends meet in the midst of job losses and business closures, as well as physically with the treatment of the disease. SCS ramped up efforts to provide timely welfare support to needy cancer patients. SCS also continued transporting beneficiaries to and from the hospitals for medical appointments.

One of the main concerns of parents diagnosed with cancer, is often the impact of cancer on their children, and their performance in school. During the Circuit Breaker period, SCS continued to provide a pillar of support for their academic pursuits and emotional well-being. Following the announcement of full home-based learning, SCS loaned desktops to children and youths from low-income families impacted by cancer. This enabled them to continue learning online.

SCS is committed to ensure that our beneficiaries continue to receive the much-needed help to cope better in their fight against cancer. As a charity organisation whose work involves helping cancer patients, our team of doctors and nurses persevered to provide essential hospice care during the Circuit Breaker period. Our support group members had online meetings and SCS' rehabilitation patients were engaged through teleconsultation. Social workers and counsellors provided tele-counselling for those with issues arising from the impact of cancer.

Every year, SCS needs to raise at least \$20 million to drive programmes and services, and create new initiatives to continue improving the lives of the cancer community. In 2020, COVID-19 significantly impacted our fundraising efforts to raise the adequate resources needed to support the existing programmes and services that serve our beneficiaries. SCS adopted alternative creative fundraising efforts by going virtual which helped gather some funds.

SCS staged online virtual shows to raise cancer awareness and funds by rallying the support of local celebrities like Kumar for a Virtual Birthday Bash fundraising drive, and Wang Lei, Jack Neo, Liu Ling Ling, Angie Lau and Anderene Choo for the SCS Online Getai Charity Night. Our two signature events, Singapore Cancer Society-TalkMed Relay for Life and Singtel-Singapore Cancer Society Race Against Cancer, were held virtually due to the safe distancing measures. The funds raised from all such activities goes towards supporting the programmes and services that benefit the cancer community.

Since we began in 1964, annually, over 100,000 individuals have benefited from our outreach and support. SCS strives to minimise cancer and maximise lives by journeying with cancer patients at every stage of the cancer journey, providing a continuum of holistic care and support system. The Society provides a comprehensive range of assistance – SCS Financial Assistance, SCS Assistance for Children and Youth, SCS Cancer Rehabilitation Services, Counselling Services, SCS Support Groups, SCS Patient Ambassador Programme and SCS Enrichment Programmes.

As a charity, we are dependent on the community at large for our work to support the cancer community. Several organisations like Boehringer Ingelheim have donated their Jobs Support Scheme wage subsidies to SCS, while others, like San Wang Wu Ti Religious Society, sponsored a van to ferry needy cancer patients between their homes and hospitals for treatments. Luye Medical Group, donated 10,000 surgical masks to our beneficiaries, especially to those from the low-income families.

We would like to express our gratitude to everyone for your contributions to SCS. Your support will empower SCS to give hope and strength to our beneficiaries and the cancer community in the fight against cancer.

SCS has been spearheading the fight against cancer for the past 56 years and is progressing to build a stronger network across the island to serve the community at large. Collaborating with partners, SCS intensifies its cancer prevention efforts, and provides valuable cancer services and programmes.

Moving forward, SCS will be co-locating with the National Cancer Centre Singapore at their new premises to provide a seamless experience for cancer patients and families to access the various SCS cancer support teams and all services under one roof.

With four strategic thrusts guiding our efforts to reduce cancer incidence, increase cancer survivorship, improve quality of lives, and galvanise the community to come together, the Society affirms that with everyone's support, no one needs to fight cancer alone. Living in the age of digital transformation, SCS will continue to evolve and adapt to provide innovative solutions to address the needs of the public and most importantly, to improve a cancer patient's journey.

# Contents

## EMPOWERING THE COMMUNITY

Council	6
Organisational Chart	10
Our People Matter	11
Corporate Governance	13
Governance Evaluation Checklist	16
Highlights	18
Financial Overview	21



## BOOSTING CANCER CONTROL AND PREVENTION

SCS Cancer Awareness Campaigns	24
SCS Screening Services and Programmes	38
Cancer Research	39



## ENHANCING CANCER SUPPORT AND REHABILITATION

Cancer Support Services	44
SCS Cancer Rehabilitation Services	48
SCS Financial Care Services	50
SCS Hospice Care Services	54



## INCREASING COMMUNITY ENGAGEMENT

Together Against Cancer	58
Highlights	62
Acknowledgements	65



# COUNCIL

The Society is governed by a Council comprising of 12 elected members and 4 co-opted members. The members of the Council are volunteers who hold office for a term of two years. Both the Council members and management staff have no business relations with the Society. The Secretariat for the Council is the Chief Executive Officer.



## **Chairman – Mr Wee Leong How**

*Chairman (from April 2018)*  
*Vice Chairman (April 2013 - April 2018)*  
*Assistant Honorary Secretary (April 2002 - April 2003)*  
*Elected to Council (April 2002 - 2003)*  
*Re-elected to Council April 2011*

### **Sub-Committees: Chairperson for SCS Human Resource Committee and SCS Nominations Committee**

Mr Wee Leong How was a Board member of the Foundation of Rotary Clubs (Singapore) Ltd from 2016 to 2018. He served as President of the Rotary Club of Singapore West from 2001 to 2002 and 2015 to 2016. He was with the SPH Group for 22 years, serving primarily as Executive Vice President of Human Resources. Thereafter, he served as Group Managing Director, Corporate Services at NTUC FairPrice Co-operative Ltd, and was concurrently General Manager of the NTUC FairPrice Foundation. He retired from NTUC FairPrice and is currently doing some pro bono work for his church.



## **Vice Chairman – Associate Professor Ravindran Kanesvaran**

*Vice Chairman (from April 2018)*  
*Elected to Council April 2018*  
*Co-opted to Council April 2016*

### **Sub-Committees: Chairperson for SCS Medical Professional and Audit Committee, and SCS Cancer Treatment Fund Committee**

Dr Ravindran Kanesvaran is a Senior Consultant and Deputy Head of the Department of Medical Oncology of the National Cancer Centre Singapore. He is also an Associate Professor at Duke-NUS Graduate Medical School and Clinical Senior Lecturer at the Yong Loo Lin School of Medicine, National University of Singapore. He is the Programme Director of the Medical Oncology Senior Residency Programme. He is currently the immediate past President of the Singapore Society of Oncology and the Singapore Geriatric Oncology Society. He is the President of the International Society of Geriatric Oncology and Council Member of the European Society of Medical Oncology. He is the secretariat for the SCS Cancer Treatment Fund Sub-Committee (for blood cancer types). He is also the member of the SCS Nominations Committee and SCS Cancer Rehabilitation Management Committee.



## **Honorary Secretary – Mr Kelvyn Oo**

*Honorary Secretary (from June 2020)*  
*Elected to Council June 2020*  
*Co-opted to Council (November 2019)*

Mr Kelvyn Oo is a lawyer and has practiced for about 20 years in several of the larger local as well as international law firms. His area of practice was mainly in corporate finance, particularly mergers and acquisitions (public and private, including reverse take-overs), joint ventures, equity capital markets and corporate restructuring. He also advised corporations on securities regulations, compliance and other regulatory matters. Mr Oo is a Legal Consultant at Genesis Law Corporation as well as an independent director of Teho International Inc Ltd., a company listed on the Singapore Exchange Securities Trading Limited, and an Advisory Board member of Viridian Asset Advisors Pvt Ltd.



## COUNCIL



### **Assistant Honorary Secretary – Ms Minjoot-Koh Hui Hwa**

*Assistant Honorary Secretary (from June 2020)*

*Elected to Council (April 2018)*

Ms Minjoot-Koh Hui Hwa is the Chief Executive Officer of Gleneagles Hospital. She is a registered pharmacist and has worked in both the public and private healthcare sectors in the UK and Southeast Asia region based in Singapore. She has over 20 years of healthcare experience in global multinational companies and is currently a member of the Singapore Pharmacy Board and Pharmaceutical Society of Singapore. She is also a District Councillor and Vice-Chair of the Healthy Lifestyle Committee of the South-West Community Development Council in Singapore, and a member of the SCS Community Partnership Committee.



### **Honorary Treasurer – Mr Choo Swee Cher**

*Honorary Treasurer (from April 2018)*

*Elected to Council (April 2018)*

*Co-opted to Council (April 2016 - April 2018)*

#### **Sub-Committee: Chairperson for SCS Finance Committee**

Mr Choo Swee Cher is a Partner with Ernst & Young Solutions LLP. He works closely with the Finance team in ensuring effective corporate governance within the Finance function as well as the review of annual budgets. He is the Citizens' Consultative Committee Chairperson at Punggol Shore Constituency, and a member of the SCS Community Partnership Committee.



### **Assistant Honorary Treasurer – Mr Pek Tiong Boon**

*Assistant Honorary Treasurer (from June 2020)*

*Elected to Council (April 2016)*

#### **Sub-Committee: Chairperson for the SCS Welfare Committee**

Mr Pek Tiong Boon has retired. He had previously served in various departments in the Singapore Government Administrative Service. He was also in charge of handling personnel management in Times Publishing. He served as Director of Corporate Services in charge of Human Resources, Finance and IT in Sentosa Development Corporation.



### **Council Member – Dr Ang Peng Tiam**

*Vice Chairman (April 2005 - April 2013)*

*Elected to Council (April 2002)*

#### **Sub-Committee: Chairperson for SCS Community Partnership Committee**

Dr Ang Peng Tiam is practising as a Senior Consultant Medical Oncologist at Parkway Cancer Centre at Mount Elizabeth Hospital, but continues to serve as a Visiting Consultant at the Singapore General Hospital. He is also the Medical Director of Parkway Cancer Centre. He was awarded Singapore's National Science Award in 1996 for his outstanding contributions in Medical Research. As the Chairman of the SCS Community Partnership Committee, he oversees the yearly events 'Race Against Cancer' and 'Relay For Life'. Dr Ang Peng Tiam has served on the Council for more than 10 consecutive years. He is valuable to the Council, instrumental in providing expertise and resource mobilisation.



### **Council Member – Mr Lee Meng Tat**

*Elected to Council (April 2019)*

*Co-opted to Council (April 2018 - April 2019)*

#### **Sub-Committee: Chairperson for SCS Audit Committee**

Mr Lee Meng Tat is the Chief Executive Officer of Non-Alcoholic Beverages Fraser & Neave Ltd. He is the Board Director and Chairman of Executive Committee, Member of Nominating Committee and Remuneration Committee of Fraser & Neave Holdings Bhd (Malaysia). He is also the Board Director and Member of Strategy Committee and Nominating Committee of Vietnam Dairy Products Joint Stock Company. He was certified in Corporate Governance ("IDP-C"), International Directors Programme, INSEAD in 2017. He is a member of the SCS Facilities and Relocation Committee.

## COUNCIL



### **Council Member – Ms Ku Xian Hong**

*Elected to Council (April 2014)*

#### **Sub-Committee: Chairperson for SCS IT Steering Committee**

Ms Ku Xian Hong was a Managing Director in Accenture where she assumed several leadership roles before she retired. She is currently a Board Director at Netlink NBN Management Pte Ltd, and Anyhealth Company Limited, a startup incorporated in China focused on providing B2B, B2C healthcare mobile solutions. She also serves as a member on the Proton Development Committee at the National Cancer Centre Singapore, SingHealth Services. Ms Ku is a member of the SCS Audit Committee and SCS Medical Professional and Audit Committee.



### **Council Member – Dr Lim Siew Eng**

*Elected to Council (April 2012)*

#### **Sub-Committee: Chairperson for SCS Community Health Committee and SCS Cancer Research Panel**

Dr Lim Siew Eng is currently a Senior Consultant (Medical Oncology) and Clinical Director of the Hematology-Oncology Department at the National University Cancer Institute, Singapore (NCIS). She is also Associate Director (Education) of NCIS. She is a strong supporter of cancer outreach and advocacy, and of relieving the cancer burden. She is a member of the SCS Cancer Treatment Fund Committee.



### **Council Member – Mr Yeo Chuen Eng**

*Assistant Honorary Treasurer (April 2016 - June 2020)*

*Elected to Council (April 2013)*

#### **Sub-Committee: Chairperson for SCS Investment Committee**

Mr Yeo Chuen Eng is the Director of Standard Chartered Private Bank. He volunteers at the Rotary Family Service Centre's Management Committee at Clementi as its Chairperson, and also serves on the Board of the Society for the Aged Sick. He helped draft SCS' current Investment Policy & Guidelines to invest in a portfolio of Bonds and monitors them. He is a member of the SCS Finance Committee.



### **Council Member – Mr Kenny Rebeira**

*Elected to Council (June 2020)*

*Co-opted to Council (April 2019)*

Mr Kenny Rebeira is a Director in the Ministry of Defence, which he joined in 1984, and has been appointed in roles across organisational, policy and operational work. He has served as a member of the SCS Welfare Committee since 2015. Mr Rebeira is also involved in other organisations. He is a member of the Christian Brothers Schools Board (CBS) and due to take over as Chairman of the St Patrick's School Management Committee (he served as the Chairman of St Stephen's School from 2008-2019). He serves as a member of the Archdiocesan Commission for Catholic Schools (ACCS). He is also active in the Harvard Business School Alumni, where he served as a member of the HBS Alumni Board from 2011-2014. He graduated from the National University of Singapore in 1984, where he was active in Athletics and in the Students Union. He is a member of the SCS Welfare Committee, SCS Finance Committee, and SCS Help The Children and Youth Programme - Tuition Advisory Committee.



### **Council Member – Associate Professor Henry Ho**

*Co-opted to Council (April 2018)*

Associate Professor Henry Ho is the Head and Senior Consultant of Department of Urology in Singapore General Hospital. As a surgeon-innovator, he is the Director of Medical Technology Office for Singhealth. He is Associate Professor for Duke-NUS Medical School and Senior Clinical Lecturer for the Yong Loo Lin, Faculty of Medicine, National University of Singapore. He leads in technology research and development with keen interest in kidney, prostate diseases and minimally invasive surgery. He was recently awarded the Singhealth Excellence Award 2019 as 'Distinguished Champion of Change Leader Award' as well as Singhealth Residency Outstanding Faculty Award for Academic Year 2018/2019. He is a member of the SCS Community Health Committee and SCS Prostate Cancer Survivorship Programmes.

## COUNCIL



### **Council Member – Mr Wong Yu Han**

*Co-opted to Council (April 2018)*

Mr Wong Yu Han is the Company Director of 1 Plus (Europe) Ltd in London. He has previously served as Chief Operating Officer of a Singapore listed company, has been a founding director of a government agency, and ventured in start-up companies. In 2014, he organised Singapore's National Day Parade as Chairman of the Executive Committee. During his public service, he served as a diplomat in Jakarta and as a national contingent commander in Afghanistan. In the private sector, Mr Wong Yu Han has been a Board Director in the Singapore Technologies Engineering group of companies. He is a member of the SCS Human Resource Committee, SCS IT Steering Committee, and SCS Investment Committee.



### **Council Member – Ms Dilys Boey**

*Co-opted to Council (June 2020)*

Ms Dilys Boey is the Assistant Chief Executive at Enterprise Singapore, leading Industry Development efforts across Lifestyle & Consumer, Health and Biomedical. Prior to her appointment in public service in 2020, Ms Boey spent 25 years of her career in the private sector, most recently as a Partner and ASEAN People Advisory Leader with a global professional services firm. She is also on the Board of Special Needs Trust Corporation and a member of the Singhealth Service Excellence Committee, the Singapore Accountancy Commission Professional Education Council, and the Emerging Stronger Taskforce. She is a member of the SCS Welfare Committee and SCS Community Partnership Committee.



### **Council Member – Mr Aw Boon Tiong**

*Co-opted to Council (August 2020)*

Mr Aw Boon Tiong is the Deputy General Manager, Group Treasury, of Keppel Corporation Limited. He has over 20 years of corporate treasury and risk management experience, having worked in Neptune Orient Lines Ltd, Honeywell Inc, and United Overseas Bank. Mr Aw holds a Bachelor of Arts (Merit) in Economics & Statistics from the National University of Singapore and is a Chartered Financial Analyst. Mr Aw has also served as a member of the SCS Finance Committee since July 2019.



### **Chief Executive Officer – Mr Albert Ching**

*Appointed (17 September 2012)*

Mr Albert Ching has been the Chief Executive Officer of the Singapore Cancer Society (SCS) since September 2012. He led the Society in setting up the SCS Multi-Service Centre at Bishan in 2013 to be close to the heartlands; and the SCS Cancer Rehabilitation Centre, Singapore's first one-stop community-based cancer rehabilitative services (opened at Jem in September 2015). He played a pivotal role in leading the Society to establish new partnerships to better serve the cancer community at large across key areas of cancer upstream prevention and screening, community care and patient support, rehabilitation and cancer survivorship. Under his leadership SCS also clinched the coveted Charity Transparency Award 2019. Before joining SCS, he was the Executive Director and General Secretary of the YMCA of Singapore for over 7 years, and was elected as President in 2019. Prior to YMCA, he served as Executive Director at The Boys' Brigade in Singapore.

# SINGAPORE CANCER SOCIETY ORGANISATIONAL CHART







## OUR PEOPLE MATTER

**2020 will be a memorable year for Singapore Cancer Society. In the wake of the disruption caused by the COVID-19 pandemic, SCS strived to overcome the challenges emerging stronger. SCS looked forward and embraced a new approach of work, riding on the waves of 'change'.**

### ORGANISATIONAL DEVELOPMENT TRANSFORMATION

SCS embarked on the first Organisational Development Transformation (ODT) journey with the support of the National Council of Social Service (NCSS). SCS was one of the 20 social service agencies supported by NCSS for a two-year ODT programme. Through this support, SCS aims to improve the organisational health through capacity and capability building. Our continuous drive for improvement is part of our work ethos. Through the ODT initiative, SCS intends to drive employee engagement and be a preferred employer.

### EMBRACING CHANGE IN COVID-19

SCS stepped up its efforts in response to COVID-19. A taskforce was set up to study the impact before the announcement of the Circuit Breaker in early April 2020. Our top priority was to ensure the safety of all our beneficiaries, volunteers and employees. To ensure that there would be minimum disruption to essential services, the SCS Hospice Care Team continued to attend to patients while the rest of the workforce were segregated to work from home. The team transited into a new era of work and communication through digital tools and platforms. This transition tested the nimbleness and flexibility of the team. Working together and supporting each other in the process, the team emerged stronger facing the challenge of accelerated learning in the 'new normal'.

To take care of our staff well-being and motivate them to assimilate into the remote work environment, our management team conducted regular virtual lunch meet-ups to check-in with their respective teams.

Our essential frontliners from SCS Cancer Rehabilitation Centre, SCS Hospice Care Services and SCS Psychosocial Services, were

appreciated with gift vouchers for their dedication to serve the cancer community during the pandemic. Other ground-up initiatives also included staff sending gift baskets and care packs to colleagues to show encouragement and gratitude.



During phase 2, we adopted an alternate team working arrangement and reduced working hours to minimise the risk of exposure at the workplace and commuting during peak hours.

### StAR COMMITTEE

The Staff Action for Recreation (StAR) Committee organised a wide range of activities in 2020 to foster better relations and engagement amongst SCS employees.

Bridging the physical distance of the 'Work from Home' arrangement during COVID-19, the StAR Committee organised a series of online engagement such as keep fit classes, including K-pop dance and Zumba, to encourage our staff to build a healthy body and mind. To help staff bond, we also organised the first-ever virtual bonding session for the entire organisation.





As part of the national movement, SCS took part for the second time in the National Steps Challenge organised by the Health Promotion Board. Staff rallied their respective teams to vie for the top prize by achieving the most number of steps walked during the challenge period. This further developed the teamwork and amplified the esprit de corps when the teams collaborated to win the challenge.

## CELEBRATING OUR PEOPLE

People development is a key pillar of our organisation's plans to serve more and serve better.

In line with our career development plans, our Human Resource (HR) team completed their HR certification with the Institute of Human Resource Professionals in 2020. In addition, we sent four employees to be trained and certified in Prosci Change Management to support and facilitate the Organisational Development Transformation journey.

Mark Lin, Head of Psychosocial Services was selected for the 2020 40-Under-40 programme organised by the National Council of Social Service. This initiative aims to empower young and promising social service leaders to contribute their voice in shaping the social service sector's future. This programme provided an opportunity for our staff to be part of a meaningful discussion about social change and plan for the future, in anticipation of the post COVID-19 new normal.



The Community Care Excellence Awards (CCA) 2020 was held virtually on 30 Oct 2020 and our team of dedicated professionals were recognised at this event organised by the Agency for Integrated Care. The CCA aims to recognise the contributions of individuals and project teams who have demonstrated exemplary service and commitment in delivering quality care to their clients in the Community Care sector.

SCS bagged 1 Gold Award and 8 Silver Awards:

- **Gold Award**
  - » Dr Teoh Ren Shang
- **Silver Award**
  - » Dr Yew Woon Wah, Resident Physician
  - » Hu Jiaxuan, Exercise Physiologist
  - » Halijah Jantan, Nurse Clinician
  - » Ann Kuo, Principal Occupational Therapist
  - » Anna Lim, Therapy Assistant
  - » Soh Wan Keem, Principal Dietitian
  - » Suhaila Hanum, Senior Staff Nurse
  - » Tang Li Lian, Senior Occupational Therapist

**It has been a privilege to serve the cancer community within my sphere of influence and capacity. SCS has greatly nurtured and provided me the platform to lead my team and contribute to the cancer community. It has been a meaningful journey and I hope I can continue to support my team to serve passionately.**

**Mark Lin**  
Manager, SCS Psychosocial Services

# CORPORATE GOVERNANCE

## OPERATING PRINCIPLES & GOVERNANCE POLICIES

The Society adheres to the principles and guidelines of the Code of Governance for Charities and Institutions of a Public Character (Revised 2017) ("Code of Governance"), the Charities Act, and regulations as governed by the Charity Council. For the year in review, we continued our firm commitment to the governance and sustainability of the Society's mission.

## GOVERNANCE: THE COUNCIL & MANAGEMENT

The Society is governed by a Council of up to 12 elected members and 4 co-opted members, all of whom are volunteers with no business relations with SCS. They are elected, at the Annual General Meeting (AGM), based on their knowledge, skills, expertise, experience and ability to contribute to the development of the Society. After the AGM, the new Council will elect the office-bearers for a one-year term. Council members will hold office for a term of two years. They are nominated by the SCS Nominations Committee in a formal and transparent process, based on the strength of their personal and professional calibre to contribute to the strategic oversight of the Society. The Council and Management of SCS firmly believe that a genuine commitment to good corporate governance is essential to the sustainability of the Society's mission to support the cancer community, and are collectively responsible in ensuring compliance with the Code of Governance and all relevant laws and regulations.

## COUNCIL ROLES & COMPOSITION

The Council Members' Roles:

- Determine the mission and steer organisation towards it
- Guide and ensure effective strategic organisational planning
- Determine, monitor and strengthen the organisation's programmes and services
- Ensure adequate financial and human resources (Resource Mobilisation)

There are Committees that support the Council in overseeing key areas of accountability, comprising Governance, Advisory & Resource, Administrative & Events, Campaigns and Support Groups. All Committees have Terms of Reference that are approved by the Council. Council members also sit in the Committees to provide oversight.

Members of the Committees are carefully selected to ensure diverse expertise, equitable responsibilities, and expert contributions to decision-making in respective management areas. All Committees maintain records of all proceedings, and copies of resolutions passed by such committees, be it at meetings or by resolutions in writing, are provided to the Council.

## THE SCS GOVERNANCE AND ADVISORY & RESOURCES COMMITTEES ARE AS FOLLOWS:

Audit Committee	Finance Committee	Investment Committee
Human Resource Committee	Nominations Committee	Tender Committee
Medical Professional and Audit Committee	Cancer Rehabilitation Management Committee	IT Steering Committee
Cancer Research Panel	Welfare Committee	Community Health Committee
Financial Assistance Schemes Task Force		Facilities & Relocation Committee
Community Partnership Committee	Cancer Treatment Fund Committee	Cancer Treatment Fund Sub-Committee (for blood cancer types)

*The roles of the SCS Committees and Terms of Reference can be found at the Portal website (<https://www.singaporecancersociety.org.sg/about/corporate-information/corporate-governance.html>).*

*Full list of Administrative & Event Committees and Advisory Panels can be found at the Portal website (<https://www.singaporecancersociety.org.sg/about/about-scs/sub-committees.html>).*

## THE ORGANISATION LEADERSHIP

The Chief Executive Officer is accountable to the Council for the conduct, coordination and quality of all of the Society's programmes and services. He is assisted by the Management Team.

## WHISTLE BLOWING

A Whistle Blowing Policy is in place to drive governance and a systemic flow of information across the organisation. The Management nurtures a strong culture of integrity by ensuring there are accessible feedback channels for all employees and members of the public to the Audit Committee.

### Concerns may be raised with information provided to:

Private & Confidential  
 For the Attention of Audit Committee Chairman  
 Singapore Cancer Society  
 15 Enggor Street  
 Realty Centre #04-01  
 Singapore 079716  
 Email Address:  
 audit\_committee@singaporecancersociety.org.sg

All cases reported will be objectively investigated and appropriate follow-up action will be taken accordingly. Depending on the nature of the concern raised or information provided, the investigation will be conducted, involving one or more of the following individuals or entities:

- The Audit Committee
- The External Auditor, and/or
- The Police or Commercial Affairs Department

When the investigation is completed, the investigating officer(s) will report the findings to the Audit Committee for its necessary action.

## CONFLICT OF INTEREST POLICY

Members of the Council and employees are required in their respective capacities to act at all times in the best interest of the society. All Council members and employees of SCS are required to read and understand the conflict of interest policy in place and make full disclosure of any interests, relationships, and holdings that could potentially result in a conflict of interest. All Council members are required to declare conflict of interest to the Society at the start of the term, annually, or as soon as such conflict or the possibility of such conflict arises. All employees are required to declare conflict of interest at the point of hire and annually. When a conflict of interest situation arises, the member/employee shall abstain from participating in the discussion, decision-making and voting on the matter.

## RESERVES MANAGEMENT

SCS has a reserves policy of at least two times its annual operating budget to meet its operational requirements. Operating reserves exclude all building/project funds, endowment, and sinking funds. The reserve ratio as of 31 December 2020 is 2.84. Reserves are invested in Singapore dollars fixed deposits and bonds, with banks. Investments are reviewed and approved by the Council.

## FUNDRAISING PRACTICES

SCS is committed to ensure that our fundraising practices are ethical and conducted in the most honest and transparent manner at all times in line with the Fundraising Guidelines by the Charity Council. We promote a high level of accountability for the funds raised to be used for the specific programmes and services communicated to donors. Different communication platforms and channels are set up for donors to provide feedback to our Society. We also uphold the highest standards to protect donors' information and confidentiality through stringent processes and compliance with the Personal Data Protection Act of Singapore.

## DISCLOSURE AND TRANSPARENCY

The Council members adhere to regular evaluation of its performance and effectiveness, and ensures compliance with requirements in the Code of Governance. The Society makes available to its stakeholders an annual report that includes information on its corporate governance, programmes, activities, services, audited financial statements, Council members and Management. The annual report is also published online via the Society's website. For the financial year, Council members did not receive any remuneration in their capacity as members of the Council. The remuneration of the three highest paid employees is disclosed in the bands of \$100,000 as follows:

Remuneration Bands	2020 Number of Executives	2019 Number of Executives
\$300,000 to \$399,999	1	1
\$200,000 to \$299,999	1	1
\$100,000 to \$199,999	1	1

*Note: The three highest paid employees do not serve in the Council*

## AUDIT AND LEGAL

Internal Auditor, Baker Tilly, works closely with the Audit Committee and the Management to systematically assess the internal controls of the Society. Reviews are conducted regularly. Processes are reviewed on rotational basis across the years. SCS statutory auditors are RSM Chio Lim LLP, and legal support is provided by RHTLaw Asia.

## PUBLIC IMAGE

The Society publishes information relating to its programmes, events and activities through various platforms that include its website, social media, newsletters, marketing brochures and other collaterals. A summary of the media coverage on the Society is incorporated into the monthly report that is submitted to the Management and Council.

## ENTERPRISE RISK MANAGEMENT

As part of its risk management process, the Society reviews and updates the Management, Council and the risk register periodically. Process owners review their processes, assess the adequacy of controls and put in place mitigating controls where applicable. Key risks will be discussed in Management meetings as part of awareness and updates provided to the Council.

## PERSONAL DATA PROTECTION ACT (PDPA)

The PDPA establishes a data protection law that comprises various rules governing the collection, use, disclosure and care of personal data. SCS recognises the rights of individuals to protect their personal data, including rights of access and correction. SCS has implemented policies and processes reviewed to ensure compliance and data integrity is not compromised. All employees are required to undergo PDPA training and additional security arrangements have been adopted to prevent unauthorised access, collection, use, disclosure, copying, modification or disposal of personal data.

## REMUNERATION OF COUNCIL MEMBERS AND RELATED PARTY TRANSACTIONS

There is no claim by the Council members for services provided to the Society, either by reimbursing them or by providing them with an allowance or by direct payment to a third party. In accordance with the Code of Governance, the Council members, or people connected with them, do not have any transactions, relationships, or can significantly influence or is significantly influenced by another party.

## COUNCIL MEETING ATTENDANCE RECORD

Meetings are held on a monthly basis to review the results and performance of the Society and its plans and programmes. To facilitate meaningful participation, all Council meetings are planned and scheduled well in advance, and materials are circulated to members of the Council at least one week prior to meeting dates.

### FOR THE PERIOD 1 APRIL 2020 TO 31 MARCH 2021

Name	Attendance of Council
Mr Wee Leong How	12 out of 12 meetings
Dr Ravindran Kanesvaran	12 out of 12 meetings
Mr Kelvyn Oo	12 out of 12 meetings
Ms Minjoot-Koh Hui Hwa	10 out of 12 meetings
Mr Choo Swee Cher	10 out of 12 meetings
Mr Pek Tiong Boon	11 out of 12 meetings
Dr Ang Peng Tiam	12 out of 12 meetings
Mr Lee Meng Tat	12 out of 12 meetings
Ms Ku Xian Hong	12 out of 12 meetings
Dr Lim Siew Eng	11 out of 12 meetings
Mr Yeo Chuen Eng	12 out of 12 meetings
Mr Kenny Rebeira	12 out of 12 meetings
Assoc Prof Henry Ho	6 out of 12 meetings
Mr Wong Yu Han	12 out of 12 meetings
Ms Dilys Boey	9 out of 9 meetings*
Mr Aw Boon Tiong	8 out of 8 meetings^

\* Ms Dilys Boey was co-opted to the Council in June 2020

^ Mr Aw Boon Tiong was co-opted to the Council in August 2020

# GOVERNANCE EVALUATION CHECKLIST

S/N	Code guideline	Code ID	Response
<b>Board Governance</b>			
1	<b>Induction</b> and <b>orientation</b> are provided to incoming governing board members upon joining the Board.	1.1.2	Complied
	<b>Are there governing board members holding staff appointments? (skip items 2 and 3 if "No")</b>		No
2	Staff does <b>not chair</b> the Board and does <b>not comprise more than one third</b> of the Board.	1.1.3	
3	There are written job descriptions for the staff's executive functions and operational duties, which are distinct from the staff's Board role.	1.1.5	
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) <b>can only serve a maximum of 4 consecutive years.</b>	1.1.7	Complied
5	All governing board members must submit themselves for <b>re-nomination and re-appointment</b> , at least once every 3 years.	1.1.8	Complied
6	The Board conducts <b>self evaluation</b> to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	<b>Is there any governing board member who has served for more than 10 consecutive years? (skip item 7 if "No")</b>		Yes
7	The charity discloses in its annual report the <b>reasons for retaining the governing board member who has served for more than 10 consecutive years.</b>	1.1.13	Complied
8	There are <b>documented terms of reference</b> for the Board and each of its committees.	1.2.1	Complied
<b>Conflict of Interest</b>			
9	There are documented procedures for governing board members and staff to declare actual or potential <b>conflicts of interest</b> to the Board at the earliest opportunity.	2.1	Complied
10	Governing board members <b>do not vote or participate</b> in decision making on matters where they have a conflict of interest.	2.4	Complied
<b>Strategic Planning</b>			
11	The Board <b>periodically reviews and approves the strategic plan</b> for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied
12	There is a documented plan to <b>develop the capacity and capability</b> of the charity and the Board monitors the progress of the plan.	3.2.4	Complied
<b>Human Resource and Volunteer Management</b>			
13	The Board approves <b>documented human resource policies</b> for staff.	5.1	Complied
14	There is a <b>documented Code of Conduct</b> for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied
15	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied
	<b>Are there volunteers serving in the charity? (skip item 16 if "No")</b>		Yes
16	There are <b>volunteer management policies</b> in place for volunteers.	5.7	Complied
<b>Financial Management and Internal Controls</b>			
17	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied



## GOVERNANCE EVALUATION CHECKLIST

S/N	Code guideline	Code ID	Response
18	The Board ensures that <b>internal controls for financial matters</b> in key areas are in place with <b>documented procedures</b> .	6.1.2	Complied
19	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied
20	The Board ensures that there is a process to <b>identify, and regularly monitor and review</b> the charity's <b>key risks</b> .	6.1.4	Complied
21	The Board approves an <b>annual budget</b> for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied
	<b>Does the charity invest its reserves (e.g. in fixed deposits)? (skip item 22 if "No")</b>		Yes
22	The charity has a <b>documented investment policy</b> approved by the Board.	6.4.3	Complied
	<b>Fundraising Practices</b>		
	<b>Did the charity receive cash donations (solicited or unsolicited) during the financial year? (skip item 23 if "No")</b>		Yes
23	All collections received (solicited or unsolicited) are <b>properly accounted for</b> and <b>promptly deposited</b> by the charity.	7.2.2	Complied
	<b>Did the charity receive donations in kind during the financial year? (skip item 24 if "No")</b>		Yes
24	All donations in kind received are <b>properly recorded</b> and <b>accounted for</b> by the charity.	7.2.3	Complied
	<b>Disclosure and Transparency</b>		
25	The charity discloses in its annual report — (a) the number of Board meetings in the financial year; and (b) the attendance of every governing board member at those meetings.	8.2	Complied
	<b>Are governing board members remunerated for their services to the Board? (skip items 26 and 27 if "No")</b>		No
26	<b>No</b> governing board member is involved in setting his own remuneration.	2.2	
27	The charity discloses that no governing board member is remunerated.	8.3	
	<b>Does the charity employ paid staff? (skip items 28, 29 and 30 if "No")</b>		Yes
28	No staff is involved in setting his own remuneration.	2.2	Complied
29	The charity discloses in its annual report — (a) the total annual remuneration for <b>each of its 3 highest paid staff</b> who each has received remuneration (including remuneration received from the charity's subsidiaries) <b>exceeding \$100,000</b> during the financial year; and  (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity.  The information relating to the remuneration of the staff must be presented in bands of \$100,000.	8.4	Complied
30	The charity discloses that there is <b>no</b> paid staff, being a close member of the family belonging to the Executive Head or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.	8.5	Complied
	<b>Public Image</b>		
31	The charity has a <b>documented communication policy</b> on the release of information about the charity and its activities across all media platforms.	9.2	Complied

# HIGHLIGHTS

Amidst the COVID-19 pandemic situation, 2020 witnessed a drop in individuals seeking screening and face-to-face cancer support services. However, SCS brought many services to the cancer community through various digital initiatives such as the AI Chatbot, FIT portal, Telesupport portal, and Tele-counselling. SCS identified technology-based interventions that were designed to mitigate the challenges of cancer patients and caregivers. During this period, there was an upward trend of individuals seeking emotional support and psychosocial services to improve their quality of life. SCS managed to provide 1,983 psychosocial sessions to the beneficiaries in 2020. This is a 12.7% increase as compared to 2019. Embracing the new state of normalcy, SCS will continue to extend and expand our reach to the community.

Programmes and Services	2020	2019
Financial Care Services and Welfare Support	1,952	2,171
Rehabilitation Support	215	225
Hospice Care Services	535	465
Psychosocial Support Services	357	308
Cancer Support Services (i.e. Support group members)	1,523	1,479

Table above comprises beneficiaries who benefited from SCS' programmes and services.

Screening for Colorectal Cancer (FIT) (based on participants screened)	53,372 <sup>^</sup>	68,623 <sup>*</sup>
Pap Test / HPV Test (Introduced in Aug'19)	2,758	7,662 <sup>*</sup>
Mammogram	17,870 <sup>^</sup>	25,503 <sup>*</sup>
<b>Total number of individuals screened</b>	<b>71,253<sup>^</sup></b>	<b>101,788<sup>*</sup></b>

<sup>^</sup> Interim numbers due to time-lag from various programmes. Campaign screening numbers are retrieved from SCS clinic and collaborated programmes such as Breast Cancer Campaign (BCAM), and Community Mammobus Programme (CMP).

<sup>\*</sup> Updated numbers due to time-lag from various programmes and campaigns (i.e FIT50 and BCAM)

Note: Unique count of patients within each services and/ or programme presented

## OVERCOMING CHALLENGES AMIDST COVID-19

SCS' key focus has always been on the continual service and support rendered to the cancer community. The SCS Business Continuity Plan (BCP) ensures long term sustainability of our funding, reserves, development, and delivery of services and programmes in our commitment to maximise life and minimise the impact of cancer in the community.

The BCP Taskforce was activated to strategise and manage the COVID-19 pandemic situation promptly. The team ensured that they were kept abreast of the latest developments and advisories. SCS responded robustly and adopted ways to maintain business continuity.

## PRIORITISING SAFETY AND CONTINUOUS ENGAGEMENT

In alignment with the government's guidelines, work safety measures were enhanced with the introduction of the Safe Entry system, visitor travel and health declaration, provision of ample personal protective equipment, etc. SCS maintained a clean and hygienic work environment at all times.

SCS ensured that our beneficiaries continue to receive the much needed help, in their fight against cancer. As a charity organisation whose work involves helping cancer patients, our team of doctors and nurses continued to provide essential hospice care during the difficult period and needy patients were still able to apply for welfare support to ensure that they get timely treatment without delay.

SCS continued transporting beneficiaries to and from the hospitals for medical appointments. Members of the SCS Support Groups were engaged via online meetings. The SCS Cancer Rehabilitation team provided teleconsultations to the clients. Social workers and counsellors provided tele-counselling for those with issues arising from the impact of cancer. Home tuition programmes for children and youths whose families had been impacted by cancer were conducted virtually.

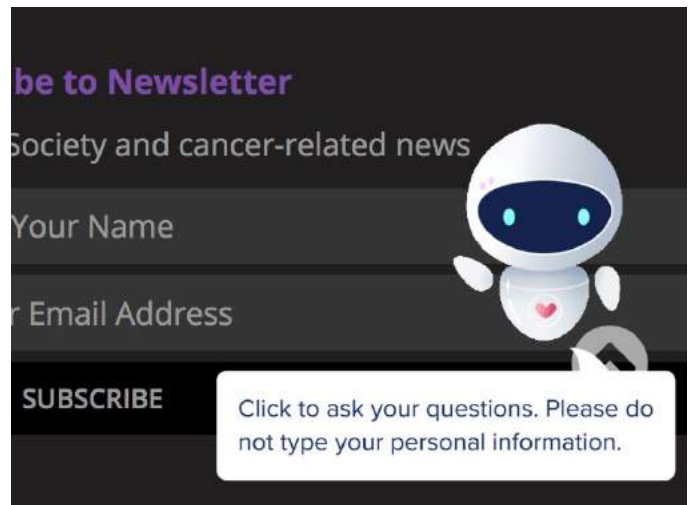
## BRIDGING THE GAP

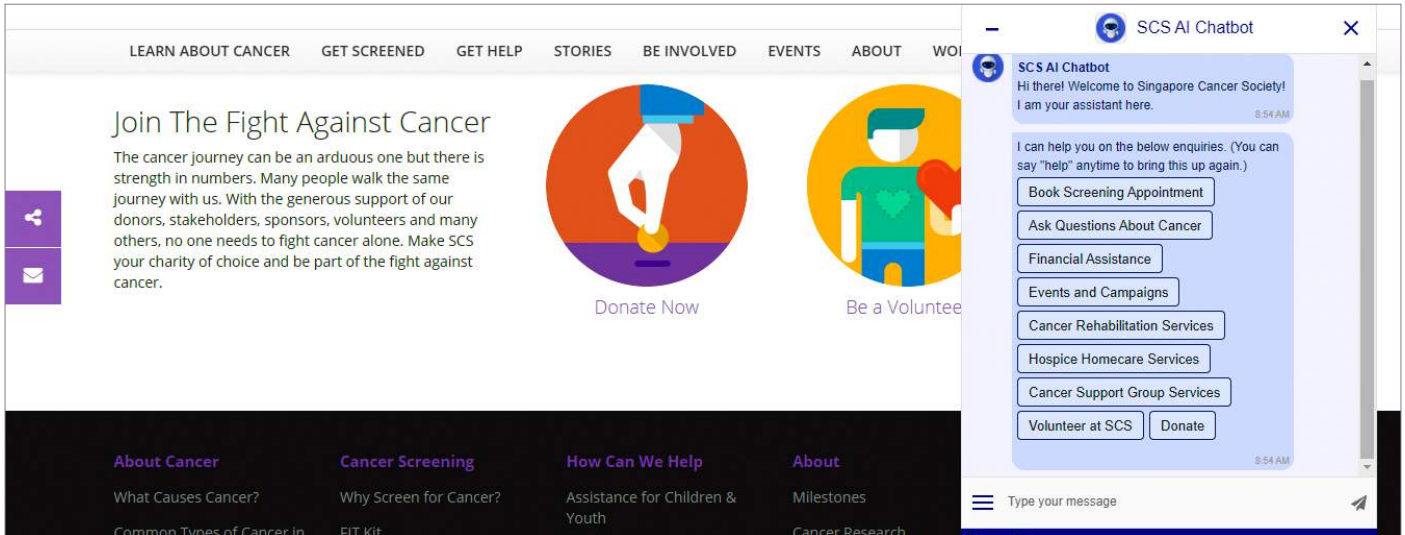
SCS leveraged on technology to bridge the gap to the community so that no one gets left behind.

SCS launched 3 digital platforms – SCS Artificial Intelligence (AI) Chatbot, SCS Faecal Immunochemical Test (FIT) Portal and SCS Telesupport Portal as part of SCS' digitalisation efforts to better support the community with SCS' various programmes and services.

### SCS AI Chatbot – *Reducing Cancer Incidence Through Greater Access to Information and Early Intervention*

In line with one of SCS' strategic thrust to reduce cancer incidence through greater awareness and education, the SCS AI Chatbot provides public, cancer patients and their families with greater access and ease to educational information and assistance on cancer. The chatbot is fully developed by OneConnect Financial Technology Co., Ltd. as part of its Corporate Social Responsibility (CSR) efforts. Supporting this project is also the National Cancer Centre Singapore (NCCS) as the Knowledge Partner for cancer-related information.





Leveraging on the AI capabilities, users are just a click away from the answers to the questions they might have on cancer. The Chatbot is also able to guide screening participants to book for cancer screening tests at the SCS Clinic @ Bishan based on a set of screening criteria. This will provide a seamless experience for all users and empower them to take greater control of their health situation.

**SCS FIT Portal – Increasing Cancer Survivorship Through Early Detection**

The SCS website provides the convenience for participants (Singaporeans and Permanent Residents aged 50 years or above who meet the eligibility criteria) to request for a FIT kit to be mailed to them by simply completing an online form.



**SCS Telesupport Portal – Improving Quality of Lives Through Better User Experience**

Timely support is critical for cancer patients. The SCS Telesupport Portal enables cancer patients to access and seek assistance at their convenience from anywhere in Singapore. This service allows cancer patients, especially those who are newly diagnosed to seek timely information and help on the wide range of SCS Assistance Schemes available. Being able to access and chat with a staff (during operating hours) face-to-face greatly reduces the anxiety and improves the experience for cancer patients and their families.

**NEW STATE OF NORMALCY**

SCS continues to review and progressively transform our operations to align with digital technology advancement and the government’s guidelines as we prepare ourselves for the new state of normalcy in a post-Covid environment.

# FINANCIAL OVERVIEW

	FY2020 \$'000	FY2019 \$'000
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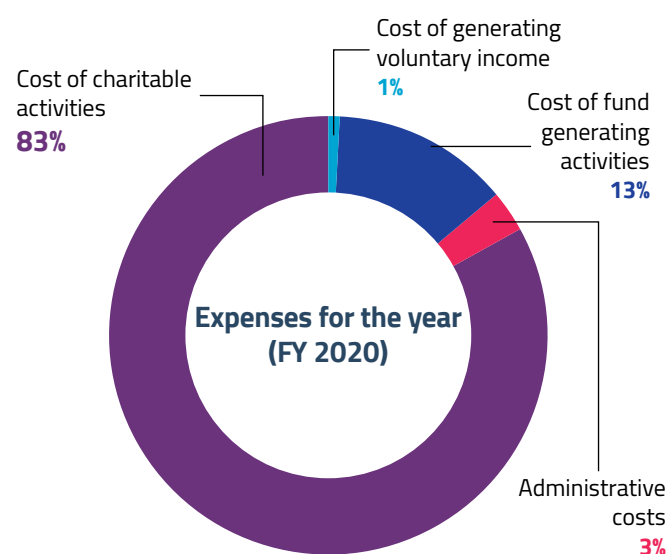
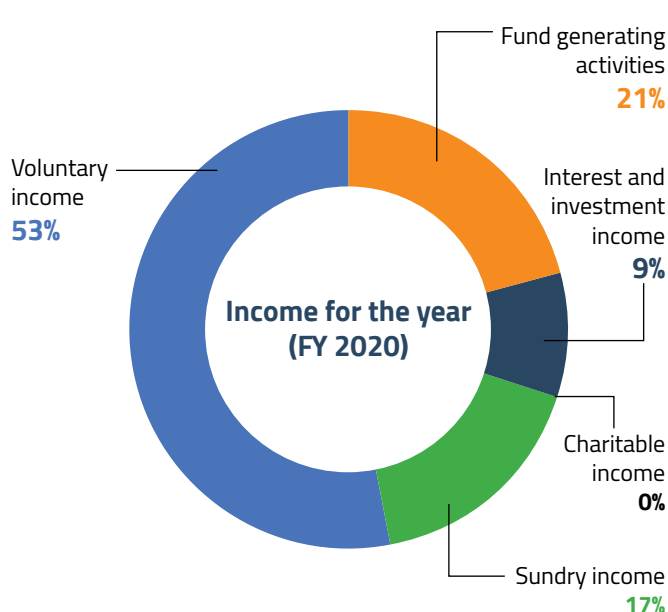
## For the year ended 31 December 2020

Voluntary income	10,618	13,344
Fund generating activities	4,088	4,572
Charitable income	-	-
Sundry income	3,305*	1,881
Interest and investment income	1,847	1,849
<b>Total Income</b>	<b>19,858</b>	<b>21,646</b>
Cost of generating voluntary income	169	265
Cost of funds generating activities	2,218	2,822
Cost of charitable activities	14,674	15,530
Administrative costs	589	582
<b>Total Expenses</b>	<b>17,650</b>	<b>19,199</b>
<b>Surplus for the reporting year</b>	<b>2,208</b>	<b>2,447</b>

\* Includes Job Support Scheme funding of \$1,326,548.

## As at 31 December 2020

Total assets	84,173	81,161
Total liabilities	5,696	6,233
<b>Net assets</b>	<b>78,477</b>	<b>74,928</b>
Total unrestricted funds	75,073	71,300
Total restricted funds	3,404	3,628
<b>Total funds</b>	<b>78,477</b>	<b>74,928</b>







**My friends tell me that they are afraid to get screened. I think it's worse if you have a tumour undetected. If I had not collected the Faecal Immunochemical Test (FIT) kit from SCS, I don't think I would be able to enjoy this gift of the next chapter of my life with my family. Early cancer screening saves lives.**

**Mr Prabu Naidu**  
Colorectal Cancer Survivor



# Boosting

## CANCER CONTROL AND PREVENTION

Cancer is the number one cause of death in Singapore.

SCS is dedicated to **MINIMISE CANCER AND MAXIMISE LIVES** through effective and impactful programmes. SCS works towards equipping everyone with the knowledge and know-how to adopt a healthy lifestyle to reduce the risk of cancer through various upstream cancer prevention programmes, and public education awareness and outreach activities.

Amidst the COVID-19 situation in Singapore, SCS continued to reach out to the community using new tools and platforms to ensure that education on cancer and screening remains accessible to everyone.



## SCS CANCER AWARENESS CAMPAIGNS

According to the World Health Organisation, between 30-50% of all cancer cases are preventable by decreasing exposure to risk factors and embracing healthy lifestyles, while early diagnosis increases the chance of successful treatment. To achieve the above, SCS' strategy of cancer education and increasing cancer screening uptakes play a critical role. Detection and treatment of cancer in its early stages significantly improves patient survival rates and quality of life. At SCS, we dedicate our efforts to cancer awareness and prevention programmes, and provide easy access to screenings for the community.

### SCS COLORECTAL CANCER AWARENESS CAMPAIGN



Colorectal cancer is the top cancer diagnosed in Singapore – No.1 in men and No.2 in women among those aged 50 or above.

At SCS, we promote regular colorectal cancer screening using the Faecal Immunochemical Test (FIT). The FIT kits are distributed by SCS at no charge to Singaporeans and Permanent Residents aged 50 years or above. This test can be carried

out in the comfort of one's home. This preliminary screening tests can detect traces of blood in the stool invisible to the naked eye, which may be an early sign of cancer.

The COVID-19 pandemic was a threat to cancer screening as community talks and distribution of FIT kits could not be carried out. SCS overcame this challenge by reaching out to participants and sending the FIT kits to their homes during the Circuit Breaker. This project saw a 35% take-up rate for the FIT kits.



### SCS FIT Portal

The COVID-19 pandemic accelerated the need to leverage on technology to conduct cancer screening in a safer environment, avoiding multiple contacts. The SCS FIT portal was a work in progress from April 2020. It was timely launched in late September to allow participants to sign up and receive the kit through the mail instead of collecting it at public places or events.

Hosted on the SCS website, the portal allows those aged 50 or above to register for a FIT kit that would be mailed to them within 14 working days. It greatly improved the accessibility and convenience as participants were no longer restricted to store operating or office hours to collect the FIT kit. By intensifying screening uptake assisted by technology in the long-term, SCS aims to achieve the goal of early detection of cancer which supports the strategic thrust of Increasing Cancer Survivorship.





It is indeed very easy to request for the FIT kit by just a few clicks in the portal. It took me less than 10 minutes to complete the whole process in the comfort of my home.

Ms Audrey Aw  
FIT kit participant

**Launch of FIT video**

In collaboration with Nanyang Polytechnic, a video promoting early screening was produced by their students. The animation was set in a heartland hawker centre and through the lighthearted conversation, it brought attention to the importance of colorectal cancer screening. The video garnered an online reach of over 41,000.

**Participants screened with FIT Kit in 2020**

**53,372**  
Participants screened

**3,125**  
Participants with FIT positive results  
(presence of blood in the stool)

**550**  
Followed up with colonoscopy

**9**  
Diagnosed with colorectal cancer

Data provided by Health Promotion Board

## SCS WOMEN'S GYNAECOLOGICAL CANCER AWARENESS CAMPAIGN



The SCS Women's Gynaecological Cancer Awareness Campaign (WGCAM) sets out to raise awareness on cervical, ovarian and uterine cancers – three gynaecological cancers that are among the top 10 affecting Singaporean

women today. The key focus of the campaign was on early detection of cervical cancer through Human Papillomavirus (HPV) vaccination, Pap test and HPV test.

Partnering Parkway Cancer Centre, SCS produced 6 episodes of online educational videos on gynaecological cancers that encouraged ladies to go for their cervical cancer screening at the SCS Clinic @ Bishan.

The topics covered were:

**Episode 1: Facts on ovarian cancer**

**Episode 2: Genes of interest linked to ovarian cancer**

By Dr See Hui Ti, Senior Consultant, Medical Oncologist from Parkway Cancer Centre

**Episode 3: Facts on uterine cancer**

**Episode 4: What is the best way to fight uterine cancer?**

By Dr Wong Chiung Ing, Senior Consultant, Medical Oncologist from Parkway Cancer Centre

**Episode 5: HPV infection: How does it cause cancer?**

**Episode 6: Screening tests for cervical cancer**

By Dr Ida Ismail-Pratt, Consultant at Division of Gynaecologic Oncology, National University Cancer Institute, Singapore (NCIS), and National University Hospital (NUH)

Three months of SCS online engagements and outreach efforts resulted in over 1,200 sign-ups for cervical cancer screening. It was encouraging to see many ladies motivated to take care of their health and stay vigilant even during the COVID-19 pandemic.



**I learnt that there are two recommended tests regarding cervical cancer prevention based on the age groups; between 25-29 years for Pap test and 30 years old and above for HPV test. Regular cervical cancer screening is also important because symptoms may not show in the earlier stage of cervical cancer. Majority of the precancerous stages can be detected by screening and we can know whether abnormal cells are presented. Cervical cancer is a highly preventable cancer among women. And the good news is that SCS fully subsidises the cervical cancer screening at no cost for Singaporeans and PR.**

Nini Myint

WGCAM webinar participant

**212**

Participants underwent Pap tests at SCS Clinic @ Bishan

**2,546**

Participants underwent HPV tests at SCS Clinic @ Bishan

**104**

Cases referred for further assessments for abnormalities detected





**Mother's love is the greatest love on earth. To celebrate Mother's Day in conjunction with WGCAM, many members of the public took part in SCS' Mother's Day online contest. The contestants shared photos and stories of how they took care of their mothers' health. In appreciation to these special mothers, SCS delivered and presented a bouquet of flowers to the top three winning entries for the contest.**



*From Jean T.*

I nag professionally – mum is unable to avoid my constant reminders for her to watch her health and go for her health check-ups. My mum eats healthily on her own, so there is no worry about that, and I always encourage and make sure she stays active, bringing her along for exercise and fun activity classes. Although she always claims to be young enough to be my sister (don't tell her I said that), **I make sure that my "millennial"-mum is aware that anything can happen to even the healthiest or youngest person, and regular screening is always important.**



*From Jeanine Lim*

I live with my mum, and we take care of each other. **She's in good health, but I'm there for her when she needs to see a doctor or go for her regular health check-ups.** I help run errands for her and help around the house with some household chores. I also bring her out regularly to go to the cinema or theatre, or just window shop. We do sports together, such as playing tennis every Saturday. Nothing dramatic but taking care of mum is part of daily life for me.



*From Kelvin Chow*

I will cook healthy meals for my mum as she loves my cooking. **She is afraid of checkups so every year I will accompany and sign her up for thorough health checks; prevention is better than cure!** I also motivate her to exercise with me as she sleeps her day away which is not healthy. Happy Mother's day to my dearest mum, this is your day, let down your hair and your pair of hands shall rest for the day!

## SCS GASTRIC CANCER AWARENESS CAMPAIGN

In Singapore, gastric (or stomach) cancer is the 7th most commonly diagnosed cancer in men, and the 9th most commonly diagnosed cancer in women<sup>1</sup>.

The annual SCS Gastric Cancer Forum, held as an online webinar, was conducted in English and Chinese.

As early-stage gastric cancer can have very few symptoms, it may be subtle and easily confused with common day to day gastrointestinal disorders. Hence the webinar focused on raising awareness around 2 key areas:

### 1. Gastric cancer – What do you need to know?

Learn about the signs, symptoms, diagnostic tests and various treatment options.

Presented by Professor Jimmy Soh, Head & Senior Consultant, Division of Surgical Oncology, National University of Cancer Institute, Singapore and Dr. Aung Myint Oo @ Ye Jian Guo, Senior Consultant Department of General Surgery, Tan Tock Seng Hospital

### 2. Healthy eating for our stomach

Poor dietary choices and lifestyle factors could potentially increase the risk of gastric cancer.

Presented by Ms Wong Wei Yee, Senior Dietitian, National University Hospital

Social posts were used to educate, inspire and remind the community that lifestyle and dietary factors can affect their risk of developing gastric cancer.

<sup>1</sup> Singapore Cancer Registry, Annual Registry Report 2015

**GASTRIC CANCER AWARENESS CAMPAIGN 2020**

**SINGAPORE CANCER SOCIETY**

## Gastric Cancer is a Potential Landmine

### Leave No Stone Unturned

Gastric cancer is amongst the **top 10** most common cancers in Singapore today.

Early stage gastric cancer causes non-specific mild symptoms. If you face any **persistent indigestion or heartburn after meals**, please seek advice from your doctor immediately.

**REGISTER FOR OUR WEBINAR** to learn more about Gastric Cancer from our specialists.

**English Session**  
10:00am - 11:15am  
**Professor Jimmy So**  
Head & Senior Consultant, Division of Surgical Oncology, National University Cancer Institute, Singapore  
**Ms Wong Wei Yee**  
Senior Dietitian, National University Hospital

**Mandarin Session**  
2:00pm - 3:15pm  
**Dr. Aung Myint Oo @ Ye Jian Guo**  
Senior Consultant, Department of General Surgery, Tan Tock Seng Hospital  
**Ms Wong Wei Yee**  
Senior Dietitian, National University Hospital

Organised by: **SINGAPORE CANCER SOCIETY**

Supported by: **Changi General Hospital Singapore**, **National University Hospital** (a member of the NUHS), **National University Cancer Institute Singapore** (a member of the NUHS), **Tan Tock Seng Hospital**

## SCS Gastric Cancer Awareness Webinar

# 719

attendees

## SCS BREAST CANCER AWARENESS CAMPAIGN

In Singapore, breast cancer is the number 1 cancer, (in terms of both cancer diagnosis and cancer mortality) affecting women. About 2,165 women are newly diagnosed with breast cancer each year, and about 436 die from the disease.

During the month of October, SCS co-organised the inaugural Pink Plank Challenge. The social media movement invited men and women to support breast cancer awareness by recording themselves planking for a minute in pink and encouraging their friends and family to do the same. General public, celebrities and grassroots leaders participated in the online campaign.

To educate the public about breast cancer, SCS, together with National Cancer Centre Singapore and National University Cancer Institute, Singapore, organised 4 virtual public forums about trends of breast cancer, risk factors, signs and symptoms, screening and diagnosis. The forums, conducted in four languages at no cost, saw more than 580 participants on Zoom and Facebook Livestream.



In view that only 2 out of 5 Singaporean women aged 50 to 69 have gone for their regular mammogram screening\*, SCS continues to encourage women 50 years and above to go for mammogram screening once every two years through the SCS Mammogram Funding Assistance. SCS also provides screening at no cost for eligible participants at the SCS Clinic @ Bishan and jointly run the Community Mammobus Programmes.

\* National Population Health Survey (NPHS) 2019

## Mammogram Screening at a Glance:

**17,870**  
Screened with support from SCS

### SCS Mammogram Funding Assistance

(\$25 funding assistance at 55 participating breast screening centres)

From Oct 2020 till Dec 2020

**16,017\***

went for mammogram screening

### Community Mammobus Programme

(Up to \$50 funding assistance on the mammobus)

**352**

went for screening on the mammobus



### SCS Clinic @ Bishan

Mammogram at NO CHARGE for CHAS cardholders aged 50 to 69

**1,501**

screened at the SCS Clinic @ Bishan

**144**

referred for further assessments for abnormalities detected

\* as of 13 January 2021

(Screening capacity has been constrained due to COVID-19 Circuit Breaker and Safe Distancing Measures. Community Mammobus Programme only resumed deployment from Nov.)

Frontline staff and radiographers at breast screening centres play a vital role in the fight against breast cancer and have stepped up their care during the COVID-19 pandemic (from spacing out appointments, to temperature taking and disinfecting surface areas and machines regularly) to ensure that each participant can screen without any worry or fear. During the Breast Cancer Awareness Month, SCS showed our appreciation to the radiographers and patient ambassadors by presenting them a bouquet of flowers sponsored by E Flower and Plant.



## SCS LUNG CANCER AWARENESS CAMPAIGN

Lung cancer is the 2nd and 3rd most common cancer diagnosed in Singaporean men and women respectively.

SCS organised an online forum to educate the public on lung cancer. The session saw 540 attendees.

Dr See Kay Choong, Senior Consultant, National University Cancer Institute, Singapore, Associate Professor Phillip Eng, Senior Consultant Respiratory Physician, Mount Elizabeth Hospital and Dr Sewa Duu Wen, Senior Consultant, Respiratory and critical care medicine, Singapore General Hospital, shared about various topics; ranging from risk factors, signs and symptoms, prevention methods as well as methods of lung cancer diagnosis.



Lung cancer  
awareness forum

**540**  
attendees



Dr Chin Tan Min, Senior Consultant Medical Oncology, Parkway Cancer Centre and Dr Wong Seng Weng, Medical Director & Consultant Medical Oncologist, The Cancer Centre (Singapore Medical Group), explained in detail about the types of lung cancer treatments available to patients.

In conjunction with SCS Lung Cancer Awareness Month, SCS organised the 3rd Happy Lungs Virtual Run to encourage a healthy and smoke-free lifestyle. A total of 4,891 participants from Singapore, Malaysia, Indonesia, Thailand and the Philippines participated in the virtual run, choosing from 3, 5 or 10km options. SCS collaborated with 42Race and held two Facebook contests, where runners could tag their friends to participate in the run as well as share their running experience or their pledge to keep a healthier lifestyle.





## SCS PROSTATE CANCER AWARENESS CAMPAIGN



Prostate cancer is the 3rd most common cancer diagnosed among men in Singapore.

During the month of November, SCS worked with volunteers to raise awareness for prostate cancer. SCS organised an online webinar, moderated by SCS volunteer Ms Ivy Lim. The session, in English and Mandarin, saw more than 1,000 participants on Zoom and Facebook.

Mr Clarence Heng, SCS Walnut Warrior and Patient Ambassador, shared his cancer journey.

Over the two sessions, Dr Tan Teck Wei, Consultant, Department of Urology, Tan Tock Seck Hospital, Dr Choo Bok Ai, Senior Consultant Radiation Oncologist, Icon Cancer Centre, Dr Lincoln Tan, Consultant Urologist, Tan Urology and Dr Terence Lim, Head & Senior Consultant, Department of Urology, Changi General Hospital, discussed about the prevalence, risk factors, signs & symptoms, screening, diagnosis, treatment and prevention of prostate cancer.

SCS also developed a Malay version of the Prostate Specific-Antigen Decision Tool to educate the public about getting tested for prostate cancer. An online International Prostate Symptom Score calculator is hosted on SCS website to help men determine the severity of their urinary issues and aid them to decide to seek medical attention.

**I liked the virtual engagement as I felt more comfortable to be present and managed to understand the subject better. I now am aware that prostate cancer is treatable with many options available to patients. Thanks to the speakers who educated us on the early symptoms to look out for. Hope SCS can continue to hold such talks in a virtual environment.**

Mr Steven Yeo  
Participant of PCAM webinar




## KNOW CANCER TO BEAT CANCER

The Know Cancer to Beat Cancer initiative was launched to debunk myths, fight fake news and equip the public with accurate information about cancer.

The overwhelming amount of cancer information online may at times mislead public. The microsite allows them to submit their questions and our team of healthcare professionals will provide them with the evidence-based answers so they get timely and accurate information at all times.



### Some of the interesting questions asked were:

-  Do higher alkaline diets or alkaline water protect your body against cancer?
-  Is it true that engine exhaust, burning incense and other types of smoke can cause lung cancer?
-  What food ingredients or recipes can reduce the risk of getting breast cancer?

## YOUTH ENGAGEMENT PROGRAMMES

SCS reaches out and expands public education and outreach efforts to instill knowledge and empower youths to step up and join in the fight against cancer. Youth engagement has always been core to our education efforts. The outreach ranges from preschool all the way to tertiary institutions. To address the needs at different stages, different talks and programmes were introduced.

In 2020, interactive virtual talks and activities were conducted with preschoolers up to secondary school level students. The topics included smoking, lung cancer, human papillomavirus (HPV) vaccination, and cervical cancer. These programmes aim to increase awareness and introduce cancer prevention measures to the school-goers.

SCS also works closely with Institutions of Higher Learning such as LASALLE College of the Arts, Singapore Polytechnic, and National University of Singapore to engage their students by including cancer-related topics as part of the final year projects.

### SCS Smoke-Free Ambassador Programme



For the 5th year running, SCS partnered Girl Guides Singapore to organise the Smoke-free Ambassador awards ceremony and 113 guides from 15 schools participated in this programme.

SCS launched the Smoke-free Ambassador Programme in 2015 for uniformed groups in secondary schools to educate and raise awareness to youths about smoking as a cause for cancer, and to encourage them to lead a healthy lifestyle to reduce cancer incidence. The objective of the programme is to raise a generation of smoke-free advocates, for youths to rise as leaders and lead a good example by staying smoke-free and provide a positive influence for others to do the same.

## Together SCS youth outreach programmes have supported:

**255**

youths engaged in promoting cancer awareness through creative competitions

**3,667**

youths engaged through "SCS Fight Cancer!" assembly talks

**167**

preschoolers engaged in 'Break the Habit or Break my Heart' anti-smoking campaign aimed at increasing our children's awareness about the harmful effects of smoking.

**204**

tertiary students completed 3 to 6 months cancer awareness campaign with Singapore Cancer Society

**4,623**

youths engaged through events and prevention programmes

Undeterred by the pandemic situation in Singapore, the girl guides worked in teams to produce creative PowerPoint and GIFs which were used to educate their peers in school. In addition, they shared their knowledge about the negative impacts of smoking by conducting smoke-free talks through a hybrid of physical and online talks. To secure the commitment to stay smoke-free, some guides went the extra mile to get their peers to send in video recordings of themselves pledging not to smoke. Other creative ideas includes inventing anti-smoking games online to spread anti-smoking messages.

**Winners:**



**Merit Award: Jurong Secondary School**

**Reflection from guide – Jaiaiswarya Lakshmi Suriyah**

*"During this Circuit Breaker period, my group was not able to complete our prototype. It was really hard for us to work on it since we could not meet. However, we worked from our homes and discussed on how we could still raise awareness as an anti-smoking ambassador. It was really challenging to meet the deadline but we made it and completed it successfully. Definitely, the Circuit Breaker period has made me learn a lot of things and I am happy that I have learnt them."*

**Reflection from guide – Yee Jia Xin**

*"This workshop was really beneficial and it interested me to find out more about the harmful effects of smoking and possible effective ways to get a smoker to stop smoking. **I learnt that smoking can cause several diseases such as lung cancer, asthma, and other respiratory diseases. After knowing all these information, it motivated me to encourage smokers to stop lighting up.** Also, this workshop helped to build courage in me to say no to people who might try to influence me to smoke and also to convince them to kick the habit."*

**Outstanding Award: Changkat Changi Secondary School**

**Reflection from guide – Jihan Fahirah Binte Rosman**

*"This journey of the Smoke-free ambassador project has been a very fulfilling experience for me and my group. **Amidst the current COVID-19 situation, I am very glad that my group could carry out the project. From this project, I have learnt many new things about how smoking is not only bad, but the consequences of it.** Not only did I learn a lot of new information about smoking, I have also learnt how to persevere during this journey. When we heard the change of plans, we were really worried and nervous about how we were going to execute the project but thankfully with teamwork, we came out great!"*



**Excellence Award: Methodist Girls' School**

**Reflection from guide – Cherry Heng Jin Tao**

*"The anti-smoking badge workshop was insightful and engaging. I have gained a better understanding of the adverse effects of smoking on our health from this workshop. **Smoking and second-hand smoke cause heart diseases, lung cancer, premature skin ageing and sudden infant death syndromes. The awareness of the undesirable consequences of smoking has encouraged me to educate about the importance of not picking up smoking at a young age.** Besides setting a good example to lead a smoke-free lifestyle, I will not be influenced by others to smoke."*





### First Virtual SCS Interschool Competition

SCS expanded its public education and outreach efforts with the first virtual SCS Interschool Competition. SCS garnered participation from 119 diploma and undergraduate students from 9 local institutions such as, Management Development Institute of Singapore, LASALLE College of the Arts, Nanyang Academy of Fine Arts, Nanyang Polytechnic, National University of Singapore, Republic Polytechnic, Singapore Institute of Technology, Singapore Polytechnic, Singapore University of Social Sciences and Temasek Polytechnic.

The virtual event was officiated by Guest-of-Honour, Mr Chee Hong Tat, Senior Minister of State, Ministry of Foreign Affairs and Ministry of Transport.

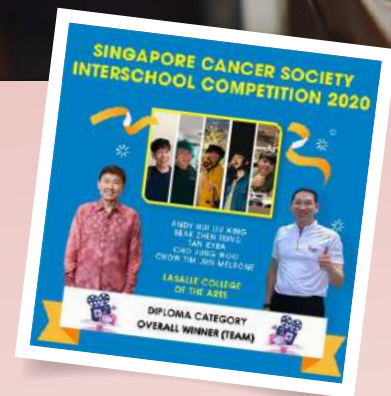
Since its inception in 2017, the SCS Interschool Competition has provided an opportunity for youths to be empowered with the knowledge to take charge and encourage them to come up with creative ideas to help contribute to SCS' ongoing mission of Minimising Cancer and Maximising Lives.

The competition topics were "Tobacco and Lung Cancer" for diploma students, and an additional topic on "HPV and Cervical Cancer" for undergraduate students. The winning teams and solo entries will have an opportunity to execute their project with SCS.

Hosted by SCS Goodwill Ambassador and Radio DJ Henry Law, the online awards ceremony showcased visuals and films from 28 finalists.

The winning teams were chosen by a panel of judges comprising:

- **Adrian Wee** (*Founder / Creative Lead, FLAVA*)
- **Ampy Corpus** (*Associate Director, Spurwing Communications*)
- **Luo Xue Shi** (*Curator, Youth Change Makers*)
- **Chloe Neo** (*Managing Director at OMD Singapore*)
- **Dr Ida Ismail-Pratt** (*Consultant, Division of Gynaecologic Oncology, Department of Obstetrics & Gynaecology, National University Hospital, and National University Cancer Institute, Singapore*)



**We hope that this short film would help people see what is truly happening and know that quitting is not just for them but for their loved ones.**

**Diploma (Team / Video) – Overall winner**  
By Seak Zhen Tsing, Tan Kyra, Chow Tim Jun Melrone, Andy Hui Liuxing, Cho Jung Woo from LASALLE College of the Arts

a moment of euphoria  
a lifetime of regret



**A Deceiving Look:** This artwork highlights how smoking is very deceiving. Especially for youths, smoking is seen as a joyful getaway. You might feel euphoric at that moment, but you cannot necessarily feel the negative impacts constantly being injected to your body. Little by little, they seem to pile up and in a blink of an eye, you wake up with all these health problems in you. Which is why the artwork uses bright colors that convey the feeling of deceit and the juice box as a metaphor of smoking.

**Diploma (Solo) – People’s choice winner**

By Tasha Audrey from Nanyang Academy of Fine Arts

Are your defence cells ready to fight? 99% of cervical cancer cases are caused by the Human Papillomavirus (HPV). Without prior experience, your cells cannot fight HPV effectively to protect you from cervical cancer. The HPV vaccine helps your cells recognise the virus, so that when a true threat is posed, you can fight a winning battle.

**Degree (Solo) – Overall winner**

By Quek Xue Huan Clara from National University of Singapore







## WORLD CANCER DAY

In an annual global campaign, the Union for International Cancer Control (UICC) invites members and cancer organisations all over the world to support World Cancer Day (WCD) on 4 February.

2020 is the 2nd year that SCS embarked on a digital campaign to raise awareness about cancer. With the support of Spurwing Communications, SCS coordinated efforts with 18 celebrities/ influencers for inspiring campaign posters that pledged their commitment to raise greater awareness, support the cancer community, and fight against cancer.

Singapore had 10 landmarks decked in either orange, blue or a mixture of both on WCD. The 10 landmarks were Supertrees at Gardens by the Bay, ION Orchard, Khoo Teck Puat Hospital, Marina Square, National Gallery Singapore, Ocean Financial Centre, Our Tampines Hub, Suntec City, The Fullerton Hotel, and Victoria Theatre and Concert Hall.

SCS took a step further by getting some of the buildings to display a pre-publicity video about SCS' WCD efforts on their large outdoor TV screens to generate greater awareness about cancer.

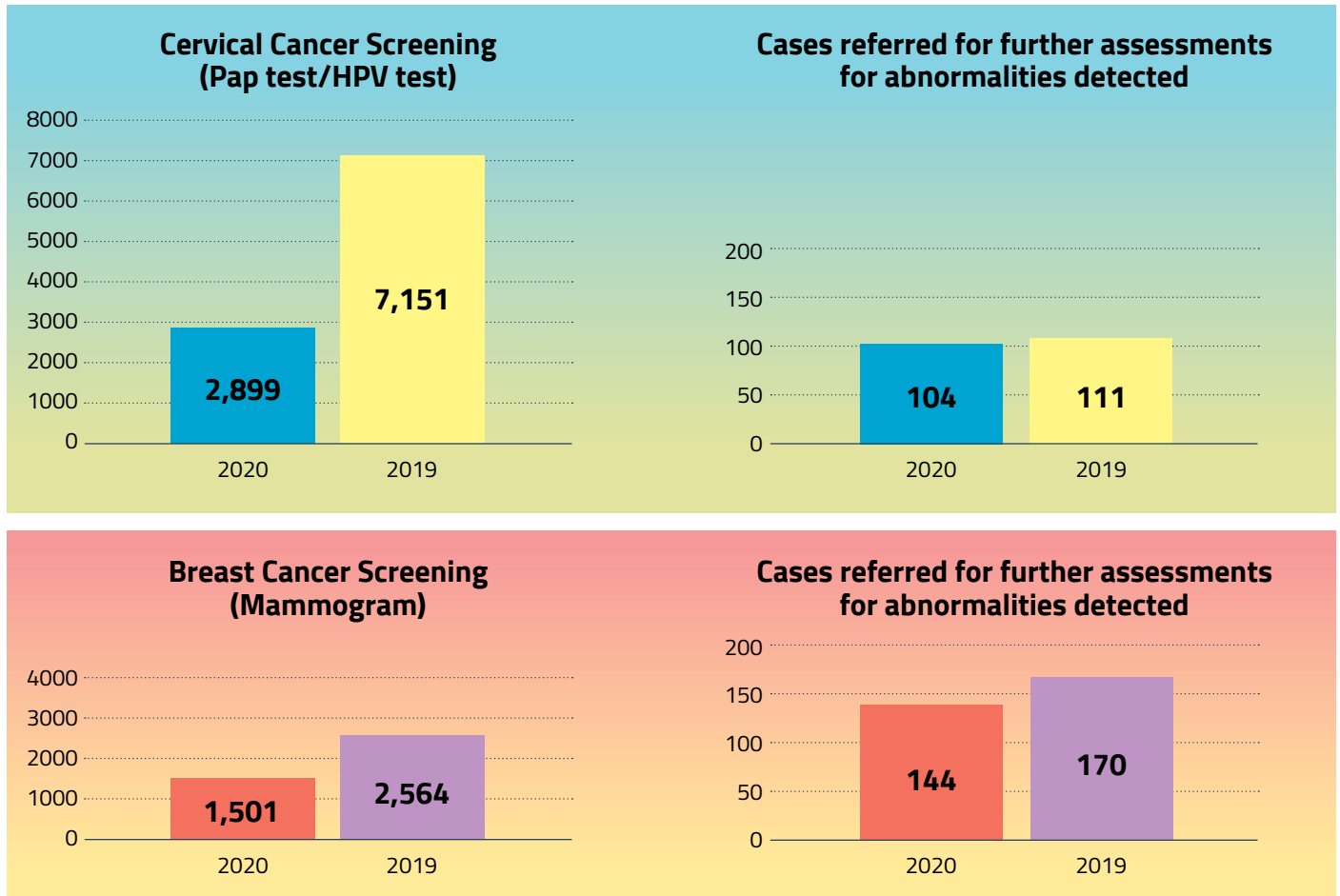


## SCS SCREENING SERVICES AND PROGRAMMES

### SCS CLINIC @ BISHAN

Screening is effective in the prevention and early detection of cancers such as breast cancer, cervical cancer, and colorectal cancer.

SCS provides Mammogram, Cervical Cancer Screening (Pap test/HPV test) and distributes Faecal Immunochemical Test (FIT) kits at the SCS Clinic @ Bishan, without charge, throughout the year.



Impacted by COVID-19 and in alignment with the Ministry of Health’s guidelines, SCS’ cervical cancer and mammogram screening services were suspended on 7 February and 6 February respectively.

During the suspension period, the SCS Clinic @ Bishan continued to reach out remotely to screeners to check in on their wellbeing and clinical outcomes for those who required

further assessments at hospitals. Together with the Call Management Team, appointments of those impacted by the screening suspension were rescheduled.

Services resumed on 19 June for cervical cancer screening and on 2 July for mammogram screening. Safety measures already put in place prior to service suspension were enhanced.



## CANCER RESEARCH

Through outcomes and findings from research done in-house and external collaborations, the team strives to seek insights that will improve SCS programmes and services and drive strategic directions of the organisation. Since 2006 till date, the Society has funded 51 cancer research projects.

### SCS CANCER RESEARCH GRANT

Through the SCS annual Cancer Research Grant in support of local cancer research studies, SCS strives to encourage innovative research that improves the quality of treatment and care for cancer patients and quality of life for anyone impacted by cancer. In 2020, the society received 54 research proposals from 14 institutions.

In Support of Cancer Research	2020	2019
SCS Cancer Research Grants disbursed	\$189,291	<b>\$300,000</b>
Terry Fox funds disbursed	\$400,000	<b>\$200,000</b>

### RESEARCH PROJECTS AWARDED IN 2020

3 cancer research projects (amounting to \$189,291) were awarded:

Research Project Title	Grant Recipient	Amount
Dietary Beliefs and Nutrition Education Needs of Cancer Patients in Singapore	<b>Ms Teresa Ng,</b> Tan Tock Seng Hospital	\$39,800
The Burden of Health-Related Quality of Life (HRQoL) in Glioma and Validation of a Disease-Specific HRQoL Instrument for Brain Tumours in Singapore	<b>Dr Mervyn Lim,</b> National University Hospital	\$49,491
Automated Intelligent Kiosk to Increase Colorectal Cancer Screening in the Community (KIPFIT)	<b>Dr Tan Ngiap Chuan,</b> SingHealth Polyclinics	\$100,000





## COMPLETION OF SCS FUNDED RESEARCH

SCS congratulates the following research teams on the successful completion of their projects.

### PRINCIPAL INVESTIGATOR

**Dr Lita Chew**

Associate Professor  
Department of Pharmacy  
National Cancer Centre Singapore

### RESEARCH TITLE

Economic burden of breast cancer survivors in Singapore

### RESEARCH PERIOD

1 February 2018 to 31 January 2019,  
extended to 31 July 2020

### PRINCIPAL INVESTIGATOR

**Dr Yang Meijuan, Grace**

Consultant  
Division of Palliative Medicine  
National Cancer Centre Singapore

### RESEARCH TITLE

Validity and Reliability of the Integrated Palliative care  
Outcome Scale (IPOS)

### RESEARCH PERIOD

1 February 2018 to 30 September 2019,  
extended to 31 March 2020

### PRINCIPAL INVESTIGATOR

**Dr Luo Nan**

Associate Professor  
Saw Swee Hock School of Public Health  
National University of Singapore

### RESEARCH TITLE

Using patients' health preferences to develop a local  
scoring algorithm for a cancer-specific utility instrument

### RESEARCH PERIOD

1 February 2018 to 31 July 2019,  
extended to 31 January 2020

### PRINCIPAL INVESTIGATOR

**Dr Karis, Kin-Fong Cheng**

Professor  
Alice Lee Centre for Nursing Studies  
National University of Singapore

### RESEARCH TITLE

Transition from treatment to survivorship: Effects of an  
e-Home based symptom management and mindfulness  
training programme on quality of life in breast cancer  
survivors

### RESEARCH PERIOD

1 April 2016 to 30 September 2018,  
extended to 31 March 2020

## RESEARCH PARTNERS



### TERRY FOX FOUNDATION & TERRY FOX RESEARCH INSTITUTE

The Terry Fox Foundation (TFF) establishes and manages fundraising through its international Terry Fox Run programme for innovative cancer research, with the Terry Fox Research Institute (TFRI) and SCS providing oversight for cancer research and support. In 2018, SCS took on a more involved role in research by having a reviewer from SCS join the TFF international review panel to partake in the process of proposal review, interview and evaluation. In 2019, an MOU in relation to the tripartite relationship in cancer research between TFF, TFRI and SCS was signed, with more support cited to be provided to SCS cancer research studies.



### MOVEMBER FOUNDATION

The Movember Foundation is the only charity tackling men's health on a global scale, all year round. They aim to address some of the biggest health issues faced by men: prostate cancer, testicular cancer, and mental health and suicide prevention. SCS has partnered Movember on various survivorship projects since 2012.



Image by National Cancer Centre Singapore

### NATIONAL CANCER CENTRE SINGAPORE

Research has shown that hereditary cancer syndromes account for approximately 5-10% of all cancers, conferring high cancer risks and posing a significant health burden. While there are various outreach programmes to educate the community on environmental risk factors, little has been done for the group with genetic risk factors.

As such, SCS collaborated with the National Cancer Centre Singapore (NCCS) to develop the NCCS-SCS Cancer Genetics Service Screening Programme. This programme helps identify individuals (and first-degree family members) with increased risk for cancer earlier in life and allow the implementation of individualised risk management for better outcomes, and to reduce the cancer burden. Funding assistance for financially challenged and at-risk individuals is provided.





**I became very despondent and helpless as I was in constant pain, struggling to complete my daily activities. The experienced team of therapists and psychosocial service staff from SCS helped me with my rehabilitation and counselling needs, enhancing my daily function and quality of life.**

**Mr Haji**  
Prostate Cancer Survivor



# Enhancing

## CANCER SUPPORT AND REHABILITATION

When cancer strikes, it impacts an entire eco-system. To alleviate the challenges caused by cancer, SCS provides holistic care and support to help patients, caregivers, and family members cope in their cancer journey. The well-being of cancer patients in our community have been significantly impacted during this pandemic. While as a nation we unite to fight the COVID-19 situation, SCS continues to **SERVE MORE AND SERVE BETTER.**



## CANCER SUPPORT SERVICES

**The impact of cancer on patients and their families does not stop at diagnosis or end of treatment – many are affected for as long as their lifetime. As such, programmes catered specifically for new patients, survivors and their family members by SCS can help reduce the stigma, improve communication and also cope with the life-changing consequences of cancer.**

Every year, SCS empowers its teams with new skills to enhance capabilities and effectively manage beneficiaries' needs. In 2020, the restrictions to group gatherings and fear of social activities affected the support group programmes, group work intervention and other community projects. Cancer survivors become increasingly fearful of the social environment and healthcare institutions as many perceived themselves as people more vulnerable to complications from COVID-19.

As such, the team built new capabilities to provide cancer support to our beneficiaries.

### SCS SUPPORT GROUPS

An essential part of coping lies in finding a support system, the ability to relate to challenges and talk with individuals who understand the emotions linked with coming to grasp with the disease or adjusting to new life situations. SCS support groups offer these platforms to support cancer patients and survivors across all 5 pillars.

#### SCS Semicolons Support Group

This support group helps newly treated colorectal cancer patients adjust to a new quality of life. Through the support of peers, the professional advice of volunteer nurses and stoma therapists, and the talks and presentations on health-related subjects such as nutrition and exercise, patients gain confidence and are guided to independence in the care of their stomas.

#### SCS Reach to Recovery

This is a breast cancer support group aimed at helping women cope with life challenges. Breast cancer survivors volunteer their time to provide a listening ear and share their experiences in order to help other women achieve a full recovery – cosmetically, physically, emotionally, spiritually and psychologically.



#### EDUCATION

Psychoeducational talks, workshop and other learning platforms



#### ENGAGEMENT

Psychosocial-focused engagement and outcome



#### EMPOWERMENT

Training and developing volunteer leaders



#### ENRICHMENT

Cancer supportive recreational programmes & activities



#### PSYCHOSOCIAL SUPPORT

Professional counselling and therapeutic support



**SCS Bishana Ladies Group provided a platform for me to meet other ladies that had gone through similar experiences that I can relate to. With the psychological and emotional support received through the meetings, I was able to better cope with the changes in life caused by cancer. After some time, I wanted to support newly diagnosed patients that need help so that they don't feel alone.**

**Mdm Chang Purjanti**  
Member, SCS Bishana Ladies Group



**SCS Walnut Warriors**

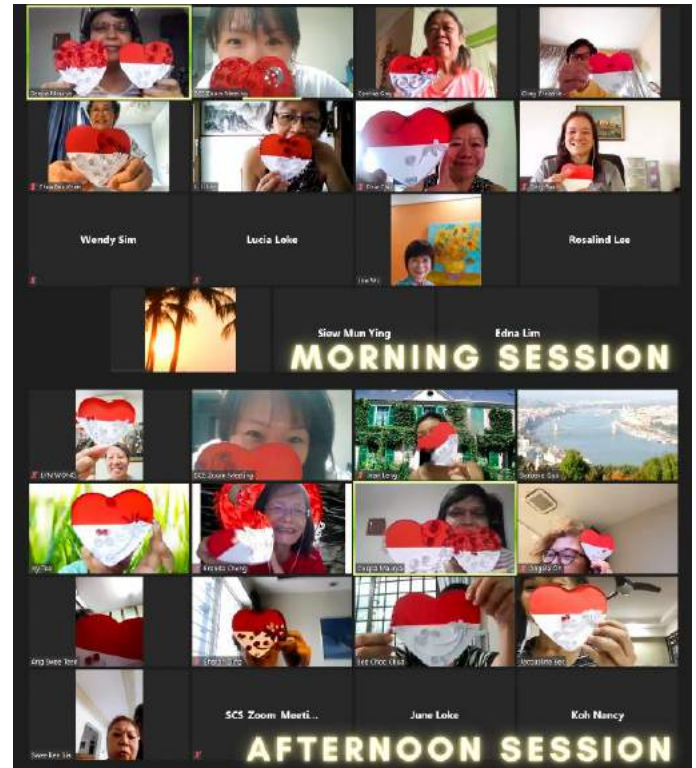
This group helps men diagnosed with prostate cancer enhance their well-being through therapeutic and enrichment programmes. Through sharing personal experiences and exchanging insights into coping with the condition, as well as recreational workshops, social events and enrichment learning sessions, members feel supported in transitioning to their new lives.

**SCS New Voice Club**

The New Voice Club brings together patients who have lost their voice completely following the removal of their vocal cords due to laryngeal cancer. The club teaches patients how to speak again, with or without speech devices, and renders emotional support new patients and their families in coping with a 'new voice' after surgery – an essential step in regaining the ability to communicate with others.

**SCS Bishana Ladies Support Group**

Bishana invites female survivors and cancer-diagnosed women to monthly meetings, educational talks/workshops, social and recreational activities, outings, and enrichment programmes. This support group provides a platform for these women to share their experiences and interact with each other to find psychological support and emotional solace, and learn how to cope with the changes brought about by this disease.





## DIGITAL ENGAGEMENT WITH SCS SUPPORT GROUP MEMBERS

To continue the support for our beneficiaries during the COVID-19 pandemic, SCS embarked on a series of online programmes and activities. These initiatives allowed our beneficiaries to receive support and care under safe conditions in their own homes.



Understanding the anxieties faced by some of our senior members on going digital, SCS worked with RSVP (The Organisation of Senior Volunteers) to provide digital literacy training for all members above 50 years old. The training helped them with basic digital literacy such as communicating via chatting apps, staying safe online, transacting digitally, accessing government e-services and learning how to use emails.

Taking into consideration of the safe distancing measures and wellbeing of our beneficiaries during this period, a first large scale online annual get-together was organised on 19 December and attended by 74 members. The theme for the event was, 'Wonders of Colours'. Our members, dressed in colourful attire, enthusiastically participated in creating healthy dishes. The members also upcycled magazine pages to create vibrantly hand-made coasters.

**Members from the SCS Support Group needed support and engagement, especially when faced with the challenges posed by the Circuit Breaker and other conditions due to the COVID-19 outbreak. I am glad that SCS made concerted efforts to constantly engage us via Zoom meetings. Help was also extended to those who were not so tech-savvy. The SCS team assured the members that they can reach out to them via other means if in need of help.**

**Ellil Mathiyan**  
Vice Chairperson, SCS SemiColons Support Group





**Psychosocial Services**

Social workers, counsellors and therapists help patients cope with the fear and strong emotions that may result from diagnosis and treatment by bridging patients, caregivers and family members to pertinent information, financial resources and therapeutic groups. Social workers and counsellors provided tele-counselling for those with issues arising from the impact of cancer.

**CASEWORK & COUNSELLING**

Our team of social workers and counsellors seek to help individuals and families cope with the impact of cancer, loss, and bereavement, as well as to facilitate discussion on decision-making, care plans and survivorship goals among family members and healthcare providers.

Undeterred by the COVID-19 situation, SCS managed to provide 1,983 psychosocial sessions to the beneficiaries. We are proud to achieve an overall satisfaction score of 93%. (n=101) for the services we provided.

Leveraging on e-platforms to provide continual support in response to COVID-19, educational materials were developed and disseminated to members via email. These were used as educational resources for caregiver workshops conducted for our members.

To gain further insights into the impact of COVID-19 on end stage cancer care, a 10-week pilot study was done on the impact of COVID-19 on SCS Hospice Care Services. The study provided valuable insights on the perceived advantage and challenges faced by patients, caregivers and our social workers during the phase 1 and 2 reopening period after the Circuit Breaker. Results collated from the study will examine the implication due to COVID-19 and what can be done to improve dignity outcome for palliative patient supported by social workers.

**Undeterred by the COVID-19 situation, SCS managed to provide:**

**1,983**  
psychosocial sessions to the beneficiaries



**ART THERAPY PROGRAMME**

This programme aims to facilitate emotional well-being through art, which provides an alternative form of self-expression when words are inadequate. Using images and symbols becomes a powerful tool for participants to tell their stories and express their emotions (e.g. pain, desires, sense of loss, self-image). Due to the COVID-19 situation, art therapy group sessions were suspended. In replacement, our art therapist conducted individual home-based sessions, so that the service could continue within manageable risk.

**SCS ENRICHMENT PROGRAMMES**

SCS enrichment programmes provide SCS Support Group members, caregivers, and volunteer-trainers, multilateral opportunities to bond and share talents and pursuits.

**In 2020, there were a total of:**

**219**  
classes (online and offline)

**70**  
courses (online and offline)

**2,238**  
attendees



## SCS CANCER REHABILITATION SERVICES

**The first of its kind in Singapore, the SCS Cancer Rehabilitation Centre (CRC) provides integrated care to address the needs of cancer patients, survivors, and caregivers. This community-based rehabilitation centre largely serves non-acute cases before, during, or after their cancer treatment. The rehabilitation team works with patients and caregivers to determine rehabilitation goals and craft personalised programmes.**

This community-based rehabilitation centre largely serves non-acute cases before, during, or after their cancer treatment. Our experienced clinicians (Physiotherapists, Occupational Therapists, Speech Therapists, Dietitian and Exercise Physiologist) work closely together to address some of the common cancer related symptoms or side effects from treatments. The team works with patients and caregivers to determine rehabilitation goals and craft personalised targeted programmes such as:

- Lymphedema Management
- Fatigue Management
- Managing Neuropathy
- Managing Musculoskeletal Pain
- Weight Management
- Tailored Exercise Programme
- Problem Solving Workshop
- Head and Neck Programme
- Caregiver Workshops
- Return to Work Programme
- Home Hospice Care

Amidst the COVID-19 situation SCS ensures that beneficiaries from CRC continue to receive the much needed help, in their fight against cancer.

### REHABILITATION AMIDST COVID-19

The COVID-19 situation had an impact on cancer survivors who were receiving active treatment, completed treatment or in remission. Cancer patients are among those at high risk of serious illnesses from an infection because of the compromised immune systems due to treatment. Cancer patients and their caregivers had to take precautionary measures to lower their risk of getting COVID-19.

As a result of their cancer diagnosis and treatment, cancer survivors may experience high levels of physical and emotional challenges lowering their quality of life and adversely impacting the lives of their families as well. The experience of COVID-19 may further trigger anxiety and distress, affecting cancer survivors physically, socially, emotionally and financially.

### ADAPTING TO THE 'NEW NORMAL' OF OPERATION UNDER COVID-19 MEASURES

SCS Cancer Rehabilitation Centre explored innovative approaches to ensure that clinicians were able to continue providing essential rehabilitation services to the clients.

One such innovation is implementing the tele-rehabilitation service, where virtual face-to-face therapy can be done through the virtual rehabilitation consult. This is done at the comfort and safety of the client's own home.



Tele-rehabilitation relates to all aspects of cancer patients care including the patient's interview, consultation, education and monitoring along with remote delivery of home-based exercise, physiotherapy, occupational

therapy, dietetics counselling and lymphedema management. Exercise brochures and resistance bands were sent out to patients for home exercise programme.



**My cancer journey has not been easy, especially in the midst of COVID-19. All I can say is 'Never Give Up Hope' or 'Fight Alone'. Rehabilitation at SCS helps and enhances my well-being. SCS plays a big role in the critical post treatment phase. I'm coping well with my existing conditions and problems through therapies and exercises. Thanks to the SCS team for assisting and guiding me through this post-treatment phase despite the pandemic.**

**Mdm Tan L.K**  
59 years old, Breast Cancer Survivor

- Clients are transited to an ActiveSG gym facility (located in Boon Lay, Toa Payoh, Yio Chu Kang or Bedok) upon completion of their exercise programmes in CRC. The transition allows them the opportunity to continue their exercise programme and maintain an active lifestyle. The location is usually nearer to home, and allows them the flexibility to exercise in the evening and over the weekends. SCS expanded its collaboration with ActiveSG with the opening of the fourth ActiveSG gym in Bedok.
- During the Circuit Breaker period, 89 clients from SCS Cancer Rehabilitation Services received resistance band packages. The package also consisted of a manual that contained images and video demonstrations of the exercises. This allowed our clients to continue their exercise at home. A one-to-one virtual training session was also conducted for some clients to ensure that the exercises were performed safely. Receiving this package helped to minimise deconditioning during the circuit breaker period.
- In-house research paper titled 'Prevalence and risk factors of adhesive capsulitis in Asian breast cancer patients undergoing an outpatient community cancer rehabilitation programme' was accepted by Archives of Physical Medicine and Rehabilitation, an international medical journal database. This research article was published on medical journal database titled, 'Archives of Physical Medicine and Rehabilitation'.
- CAREhab is a virtual collaborative platform where healthcare professionals share on advancing medical practices and developing patient-centric solutions. SCS was invited to present a poster titled 'Distress in Cancer Patients Attending Rehabilitation in the Community' during CAREhab 2020.
- Care Navigation was provided to 288 clients by our team of 2 cancer care navigators. This resulted in 431 referrals for rehabilitation services, psychosocial services and support, welfare assistance and external services such as selected aid and support groups offered at hospitals.

## HIGHLIGHTS AND ACHIEVEMENTS

- Development and implementing key areas of oncology rehabilitation programmes
  - a. Problem Solving Therapy led by Occupational Therapist. This helps cancer survivors to learn useful strategies to improve their coping skills and role performance.
  - b. Diet and Lymphedema Workshop to educate cancer survivors at risk of cancer-related lymphedema to identify misconceptions and empower them with meal planning knowledge.
  - c. Group Exercise Programme led by Physiotherapist for cancer survivors with chemotherapy-induced peripheral neuropathy.





## SCS FINANCIAL CARE SERVICES

**SCS provides a range of welfare and financial assistance to support Singaporeans and PRs from low and middle-income families. This alleviates the costs of treatment at every stage, and improve quality of lives by reducing the financial burdens through provisions of milk, diapers, medical dressing, stoma bags and other medical equipment.**

The well-being of cancer patients in the community have been significantly impacted by COVID-19. It is especially difficult for cancer patients from the lower to middle-income families, who struggle financially to make ends meet in the midst of job losses and business closures, as well as physically with the treatment of the disease.

More than \$3.518m in aid was disbursed in 2020 through the following funds:

### SCS CANCER TREATMENT FUND

The SCS Cancer Treatment Fund was established in 2005 to provide cancer treatment subsidies to patients experiencing financial difficulties. Patients are referred by their doctors or medical social workers from various restructured hospitals.

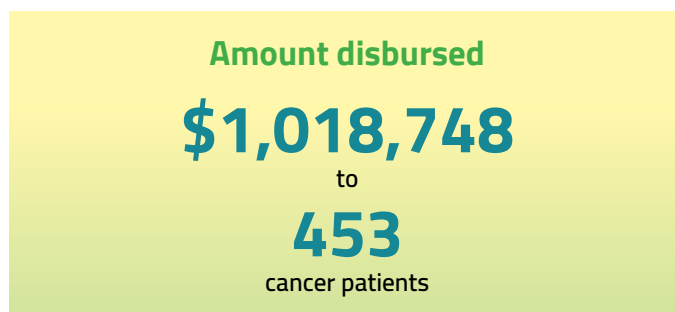
Since its inception, \$18.72m in aid was disbursed, and 5,526 patients assisted.

Partnering key players in the pharmaceutical industry, SCS has been able to give patients access to critical medicine through the Patient Access Programme (PAP):

- SCS-Takeda PAP on Brentuximab
- SCS-Merck PAP on Cetuximab
- SCS-MSD Enhanced PAP on Keytruda (Pembrolizumab) 200mg per treatment cycles applies only after 1st tier funding on KeytrudaPAP at restructured hospitals
- SCS-Novartis PAP on Jakavi (Ruxolitinib), Tassigna (Nilotinib), Zykadia (Ceritinib), Afinitor (Everolimus), and Kisqali (Ribociclib)

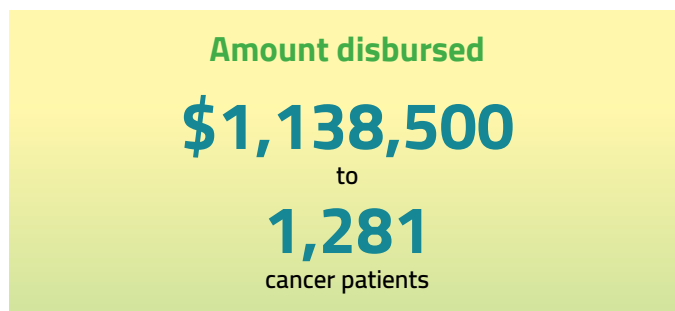
### SCS WELFARE AID FUND

The Welfare Aid Fund was established in 1964 to aid cancer patients and their families with temporary financial aid and sustenance during and after treatment to mitigate the financial strain which may arise from employment, loss of income, and hefty treatment costs. This fund was later extended to include provisions such as milk, diapers, medical supplies, stoma bags and other medical equipment to patients. Welfare aid funding is accessed through medical social workers and healthcare professionals at various hospitals, hospices, and voluntary welfare organisations.



### SCS CANCER CARE FUND

The SCS Cancer Care Fund is a one-time financial assistance scheme that aims to provide for the immediate needs of patients from low and middle-income families within the first 6 months of diagnosis.





## SCS HOME-HOSPITAL TRANSPORTATION SCHEME

Travelling to and fro hospital for treatment can be daunting for many cancer patients, especially those from low-income families who may not be able to afford the cost of transport. SCS provides home-hospital transportation to and from all restructured hospitals for patients from low-income families who have medical appointments or radiotherapy/ chemotherapy sessions. This eases the financial burden of cancer patients from low-income families.

SCS provides hospital transportation via private ambulances to beneficiaries who are wheelchair-bound or have mobility difficulties. With the support of a sponsor, SCS was able to purchase a new van with a hydraulic system to ferry such beneficiaries with ease.

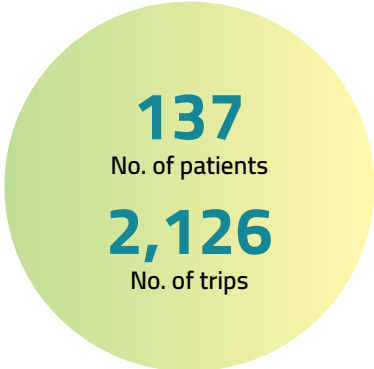


**I have to go to Tan Tock Seng Hospital for treatment 4 times a week. With SCS supporting patients like me with transportation to and from the hospital, we will be able to save a lot of time and cost.**

**Mr Lee Yin Gaung Abraham**  
SCS Home-Hospital Transportation beneficiary



SCS Driver Winson Lim sanitizing the van after each trip



## SUPPORTING CHILDREN AND YOUTH

Children and youths with family members impacted by cancer may feel lost or helpless coping with the situation at home. Their emotional health and studies may be affected too. To assist them, an array of services such as the tuition programme, achievement awards, school allowance, youth engagement and family activities are provided to ensure that they are supported through one of the most challenging period of their lives. The holistic approach by SCS aims to strengthen their resolve to cope with the situation and focus on their priorities such as studies.

## SCS EDUCATION FINANCIAL ASSISTANCE SCHEME

**59**

School Allowance Distributed

**\$53,950**

Amount Disbursed

Children and youths are impacted in many ways when their loved ones have cancer. Some may face difficulties coping with their studies while caring for their loved ones. SCS provides school allowance grants and bursaries to alleviate the financial burden of school-going children and youths whose families are impacted by cancer.

## SCS HELP THE CHILDREN & YOUTH PROGRAMME

**\$232,599**

Disbursed

**41**

SCS Achievement Award Recipients

**42**

Students for Tuition Programme

Since 2009, SCS has set up various programmes under the Help the Children and Youth Programme (HCYP) with support from Singtel and their annual pledge of \$250,000. These programmes engage children and youths to improve their lives under the guidance of tutors who act as point of contact, providing timely feedback to parents and/or SCS caseworkers regarding the student and his/her family development as well as other concerns that might require intervention.

## SCS HOME TUITION PROGRAMME



*Student Justin having online tuition*

One of the main concerns of parents diagnosed with cancer, is often the impact of cancer on their children, and their performance in school. To address these concerns, SCS recruits qualified tutors to provide free one-to-one home tuition services. The aim of the programme is to:

- Offer one-on-one tuition for financially needy children/ youths that are academically weak, who are either cancer-stricken themselves or have a family member with cancer, to provide a pillar of support for their academic pursuits and emotional well-being.
- To help improve their confidence and self-esteem by doing well in school, as well as alleviating the concerns and worries of their family members who are afflicted by cancer

Many students, especially those from the lower-income groups, face difficulties in acquiring adequate resources to access online learning from their homes. One of them is Justin Ow, a 13-year-old beneficiary. To help Justin and other youths cope, SCS loaned them desktops to help facilitate their online lessons. At SCS, we recognise the importance of education and have also continued our engagement with our beneficiaries' children through the virtual Home Tuition Programme, which was conducted through home-based learning on a one-to-one basis.



**Thanks to SCS for loaning the desktop for my online tuition sessions. The desktop also helped me to attend lessons virtually so that I can keep up with my academics in school.**

**Justin**  
SCS Home Tuition Programme beneficiary

### SCS ACHIEVEMENT AWARDS

The SCS Achievement Award serves to give recognition to students from the SCS Tuition Programme, and have done well or made improvements in their studies despite the impact of cancer in the family. This initiative aims to motivate them and other students in the SCS HCYP Tuition Programme to continue to work hard to pursue excellence in education.

### Recipients of Achievement Awards (during the Circuit Breaker)



**Mr Rapi'ee: Received grocery bag and the Achievement Awards certificate on behalf of his children**



**Justin and his mother: Received the Achievement Awards certificate, cheque and grocery bag**



**Student Yeo Shi Jun: Received the Achievement Awards certificate and cheque**



## SCS HOSPICE CARE SERVICES

### SUPPORTING CANCER PATIENTS AT THE END OF THEIR JOURNEY

The close of a cancer patient’s journey is painful, daunting and never easy. With care and compassion, the SCS Hospice Care Services team stands ready to journey with patients and their families in their final chapter. The team counts on experienced and dedicated nurses, doctors, social workers, counsellors, physiotherapists and occupational therapists, ready to provide holistic relief and quality-of-life care to terminal stage cancer patients who have chosen to remain at home and be with their loved ones in the final stages of their lives.

COVID-19 caused disruptions globally, including the provision of healthcare services. Working within the limitations imposed, SCS Hospice Care Services continued to provide holistic support to terminally ill cancer patients.

Working with cancer patients, special care such as the usage of Personal Protection Equipment (PPE), careful screening of patients and caregivers for any suspicion of COVID-19 before home visits, and video conferencing with Visiting Consultants for the purpose of shared patient care, were put in place to minimise any risk involved during the pandemic.

Despite the physical restrictions imposed during the Circuit Breaker, SCS managed to maintain important elements of hospice services, such as continuing home visits to ill patients, 24/7 phone support, ad-hoc caregiver training as needed, and loan of essential home equipment such as wheelchairs, oxygen concentrators and used hospital beds.



**I am glad my late-grandmother was able to spend her last days surrounded by her loved ones. I would like to commend and thank the SCS Hospice Care Services team for providing her with quality end-of-life care.**

**Lynn**  
Caregiver of her late-grandmother



### 2020 STATISTICS OF SCS HOSPICE CARE

**455**

New Referral of Patients

**169**

Patients Death at Home for 2019

**535**

Number of Patients Served



## HIGHLIGHTS

SCS maintained involvement in national-level initiatives under the Singapore Hospice Council such as the Minimum Data Set (a precursor to an eventual National Palliative Registry) and the pilot Caregiver Survey (a precursor to a survey for bereaved caregivers nationwide).



Ambulance Wish (Singapore) Ltd (AWS) is the Singapore chapter of the global Ambulance Wish Foundation and has been fulfilling the wishes of terminally ill patients since 2006. AWS in partnership with SCS has granted wishes of 8 hospice patients.

One such patient is Mr T, a Singaporean, who wished for a legacy video of his memoirs including segments of his own family in Batam. Mr T, who has terminal cancer, was not able to go back to Batam during the Circuit Breaker. SCS Hospice Care Team took care of the necessary works to apply for a visa and arranged for the COVID-19 swab test. While waiting for the travel arrangements, SCS worked closely with AWS to reach out to Mr T's Batam family to get recordings of their heartfelt words to be included in his legacy video.

Home-Based Respite Care (HBRC) programme has also helped more families care for their loved ones at home till their demise, by providing trained caregivers in collaboration with a variety of community agencies. Previously known as the Interim Care Services for End-of-Life Care, this programme targets patients from needy families who wish to stay at home, providing trained caregivers to support and guide them in their final days. The admission criteria has been broadened to terminally ill patients with a life expectancy of 12 months or less, and an increase in the total number of caregiving hours provided for. Over this past one year, we have successfully enrolled 20 patients into the HBRC programme, so far enabling 86% of those who deceased while in this programme, to pass away at home.



**My late sister passed on after a long and difficult battle with colorectal cancer. As a caregiver, I faced many challenges. However, with support from my family and SCS Hospice Care Services, I was able to pull through and be there for my sister when she needed me most.**

Amanda Pang



*For the dedication, love and courage she shown towards caring for her sister, Amanda was awarded the Inspirational Caregiver Awards, by SingHealth, which was presented by Dr Teoh Ren Shang, Senior Resident Physician, SCS Hospice Care Services*



**SCS supported me with a range of financial assistance schemes and welfare aid to alleviate the burden on my family. As a mother I do worry about my children and the impact of my cancer. The SCS Tuition Programme provided free one-to-one home tuition for my youngest son and I saw tremendous improvements in him. Thanks to SCS for empowering me with the will to carry on.**

**Mdm Soon Hui San**  
Breast Cancer Survivor





# Increasing

## COMMUNITY ENGAGEMENT

Community support is extremely crucial in the collective fight against cancer and no one should ever fight cancer alone amidst the pandemic. SCS continues to rally support to improve the lives of the cancer community. Despite the challenges faced by the business community, many partners came forward to support SCS' mission. With the generous support of partner organisations, donors, and volunteers, SCS has been able to positively impact the lives of countless beneficiaries and give hope to the cancer community in our fight against cancer.



## TOGETHER AGAINST CANCER

2020 saw many challenges. SCS would like to express its immense gratitude to all the volunteers and benefactors who walked this journey with patients and participated in making care and support available to them.



### SINGAPORE CANCER SOCIETY-TALKMED RELAY FOR LIFE 2020 (RFL)

The highlight of RFL 2020 was the virtual 100km challenge where participants had to complete the distance within 9 days individually or as a team.

Despite being at the beginning of the COVID-19 crisis, RFL 2020 saw over 1,800 individuals come together to raise cancer awareness and complete 57,434km from 21–29 March 2020.

The top three individuals and top three teams who completed the 100km within the shortest time were recognised and awarded medals.

As part of the virtual RFL, a 19-minute RFL Virtual Event video which shared the spirit of RFL (Celebrate, Remember, and Fight Back) was live-streamed on RFL Facebook on 11 April 2020. Guests-of-Honour – Mr Tharman Shanmugaratnam, Senior Minister and Coordinating Minister for Social Policies, and Mr Desmond Choo, Member of Parliament, Mayor of North East District, joined us to rally the community.

Music performances by local artistes, Narelle and Benjamin Kheng, helped to spread the message that those impacted by cancer would not be left to fight cancer alone.

**40**

volunteers  
(non-unique count)  
during the Relay  
Pack Collections

**377**

volunteers hours

**\$888,930**

amount raised

**5,618**

participants signed up  
for the physical event

**1,828**

participated in the  
Virtual Challenge  
(by logging in the portal and  
submitted their relay results)



## SINGTEL-SINGAPORE CANCER SOCIETY RACE AGAINST CANCER 2020 (RAC)

- 19-27 September 2020
- Virtual event, Island-wide participation

The 12th Singtel–Singapore Cancer Society Race Against Cancer (RAC) was held virtually due to COVID-19 and safe distancing measures. With 4,064 registered participants, RAC covered a total of 87,554km over 9 days and raised \$1,291,577 to support SCS programmes and services.

Mr Heng Swee Keat, Deputy Prime Minister, Coordinating Minister for Economic Policies and Minister for Finance, delivered the opening address as the Guest-of-Honour during the virtual launch that took place on 19 September.



\$250,000 donated to SCS Help the Children and Youth Programme through the Singtel Touching Lives Fund.



Victoria Cheng



Marcus AC (left) Narain (right)



Munah Bagharib



Bridget Fernandez (left) Gayathri Segaran (right)



Michael Astronomo wore the personal protective equipment (PPE) to symbolise the COVID-19 situation and how despite the pandemic the fight for cancer never stops.

The virtual event was launched by key partners piecing together a map of Singapore. The map symbolised everyone from all over Singapore coming together to join the race and to show their support in the fight against cancer.

The launch event was also attended by various local influencers and celebrities like Bridget Fernandez and Gayathri Segaran from KIN (Channel 5 TV series), Subramaniam Narainda and Marcus AC, Munah Bagharib and Victoria Cheng, who joined the event from various locations in Singapore to kick off their run.

Participants were able to run anywhere in Singapore by using a GPS-enabled app to track their runs covering distances of 5km, 10km, 21km or 42km.

This was the first time where participants got to run a half or full marathon.

Participants also got the chance to take part in the contest to win novelty prizes like the Most Creative Route, Best Dressed, Loyal RAC Participant, Best Fundraiser and Longest Distance.

**With the Support of Corporate Partners, Volunteers and Donors**

The cancer journey faced by patients and their families can be challenging, but with community support, they will be able to overcome obstacles along the way.

Every year, SCS needs to raise at least \$20 million to drive the programmes and services to provide a holistic support system for the cancer community. SCS would not have been able to achieve this without the strong support from the public and corporate partners.

**SCS FESTIVE CHEER WITH A HEART**

During the four major festive seasons of the year – Chinese New Year, Hari Raya Puasa, Deepavali and Christmas – SCS volunteers delivered festive cheer and food/utility packs to SCS beneficiaries at their homes islandwide.

On 6-17 January 2020, our beneficiaries were given the festive bag to celebrate the Chinese New Year. They were also presented with supermarket vouchers and a pair of mandarin oranges.

**Chop Khim Teah:**  
In-kind sponsorship of mandarin oranges

**AstraZeneca:**  
Cash sponsorship



Mdm Jaya Lidya receiving the \$200 vouchers together with Festive Cheers goodie bag.



Mr Tan Tee Kia receiving the \$200 vouchers together with Festive Cheers goodie bag.



## SCS CHARITY ATHLETES PROGRAMME

The SCS Charity Athletes Programme was started in 2009 when a group of sportsmen and sportswomen chose to dedicate their passion for running to raise awareness of cancer. To date, the programme has grown to include other sports such as cycling, mountain climbing and trekking.

In 2018, the programme was expanded to provide talented artists, musicians, singers, and dancers with a platform to showcase their talents and raise funds for SCS at the same time. In 2020, SCS Charity Athletes and Ambassadors ran, cycled, trekked, sang and danced to collectively raise more than \$211,843 to 'Minimise Cancer and Maximise Lives'.



Bervyn Ng Kang Jie  
raised

**\$1,271**

Alicia Chen  
raised

**\$3,487**



Simon Koh  
raised

**\$1,548**



**SCS Charity Ambassadors**  
**MUSICAL PERFORMANCE**  
**30 MAY 2020, 8PM FACEBOOK LIVE**  
Performers: Klara, Sophia, Megan, Anna, Faith

**SINGAPORE  
CANCER  
SOCIETY**

## SCS CHARITY AMBASSADORS PROGRAMME

SCS' first virtual concert featured five talented young girls who performed to help fundraise for the cancer community. They are Sophia, Klara, Megan, Anna and Faith. The 15 minute performance of the girls singing and playing the violin and piano, raised a total of SGD\$ 169,166 and garnered a total of 2,700 views on SCS' Facebook page.

### Full list of SCS Charity Athletes can be found on:

<https://www.singaporecancersociety.org.sg/get-involved/fundraise-for-us/be-an-scs-charity-ambassador.html#support-an-scs-charity-athlete>

### Full list of SCS Charity Ambassadors can be found here:

<https://www.singaporecancersociety.org.sg/get-involved/fundraise-for-us/be-an-scs-charity-ambassador.html#support-an-charity-ambassador>

## HIGHLIGHTS



### KUMAR'S VIRTUAL BIRTHDAY BASH

On 10 August 2020, Kumar, entertainer and comedian, celebrated his 52nd birthday by hosting a virtual party on SCS' Facebook. Instead of gifting him with presents, he urged friends and supporters to make a contribution to SCS to support the cancer cause.

During the Facebook event, he shared about his encounter with cancer when his father, the late Mr Chinnadurai, was diagnosed with stage 4 lymphoma in 2007. Being impacted by cancer, he urged the audience to take charge of their health through regular health or cancer screening.

The virtual birthday bash reached out to

**36,000**

viewers online and raised a total of

**\$31,130**



### SCS ONLINE GETAI CHARITY NIGHT 2020

This first-of-its-kind fundraising through a getai performance was jointly organised by SCS and Wang Lei, a veteran getai performer. Not only did Wang Lei host and perform on the show, he also invited celebrities like Mr Jack Neo, Ms Liu Ling Ling, Ms Angie Lau and Ms Anderene Choo to make guest appearances.

Their collective star power boosted viewership of the show that was broadcasted live on SCS' Facebook on 28 August 2020.



Together with the show's partners that included StarMedia Watch Live Channel, Almac Group, Eu Yan Sang, Win2 and WTS Travel, SCS raised

**\$132,149**





Photo credit: Movember Foundation Singapore (FB page)

## MOVEMBER 2020

This annual campaign by SCS and the Movember Foundation helped raised awareness for men’s health. It focused on four areas, namely prostate cancer, testicular cancer, mental health and suicide prevention. The campaign was launched on 1 November 2020, and its theme was “Whatever you grow will save a Bro”.

Worldwide, prostate cancer is the second most common cancer among men. In Singapore, it is the 3rd most commonly diagnosed cancer for men, and it has the 6th highest cancer mortality. Funds raised by the Singapore leg of Movember 2020 were channelled to the SCS Prostate Cancer Survivorship Programme.

From October-December  
2020,

**\$350,147**  
was raised

## TERRY FOX RUN 2020

2020 marked the 40th anniversary of Terry’s Marathon of Hope. The Terry Fox Run Singapore debuted in 2010 and SCS has been a recipient of the event ever since. Thus far, the event has stayed true to its aim of continuing the late Terry Fox’s legacy and aspirations of a cancer-free world.

In 2020, the Canadian Association of Singapore (CAS) and Canadian International School (CIS) jointly organised the virtual Terry Fox Run from 20–30 September.

Besides the run, CIS also organised the virtual Terry Fox Trek to support the Terry Fox Run Fund. In this new race segment, members of the CIS community that included students and staff participated individually or in teams.

They were called upon to climb a mountain (of their choice) virtually and to fundraise through their efforts.

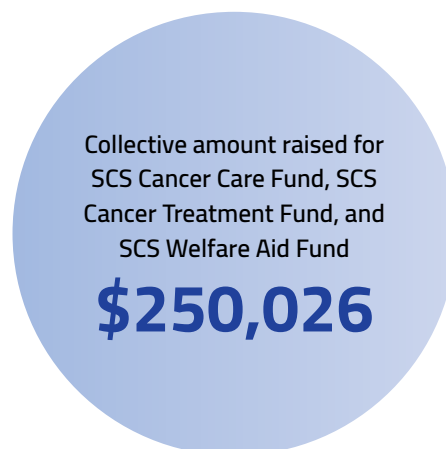
To complete the challenge, most participants simply climbed ordinary staircases. Some did not even leave their homes and made use of their kitchen step or step stools to reach their respective mountain tops.

All donations raised through The Terry Fox Run Singapore were channelled to cancer research locally.

**\$43,727**  
total amount raised

### THIRD-PARTY FUNDRAISING CAMPAIGNS IN 2020

In a challenging year, SCS is grateful for many individuals and corporates that came forward to raise funds in support of our programmes and services. Their action showed the cancer community that they got their backing, and this set them at ease to focus on their journey to fight cancer. Funds raised was channelled to help needy patients and survivors through the SCS Cancer Care Fund, SCS Cancer Treatment Fund, and SCS Welfare Aid Fund.



#### The Top 5 Third-Party Fundraising Events Are:

Organiser	Event Name	Event/Period Date	Event Venue	Amount raised
Mr Wang Lei and friends	SCS Online Getai Charity Night 2020	15 August - 30 September 2020	Online campaign	SGD\$132,149
Credit Suisse AG	Credit Suisse APAC Fitness Fundraiser 2020	9 October - 30 November 2020	Online campaign	SGD\$17,990
Ms Ng Aik Lynn	Aik's Closest Shave	22 July - 8 August 2020	Online campaign	SGD\$11,435
Togoparts Pte. Ltd	#TOGOWCD 2020 Virtual Cycling Challenge	15 December 2019 - 4 February 2020	Virtual event	SGD\$5,000
Xue Li Ya Brand Management Pte Ltd	Christmas & New Year Santa Giftaway	21 December 2020 - 1 January 2021	Online campaign	SGD\$5,000

# ACKNOWLEDGMENTS

## CORPORATE SPONSORS AND DONORS

### \$200,000 & Above

Singapore Telecommunications Limited  
TalkMed Group Limited

### \$100,000 to \$199,999

AstraZeneca Singapore Pte Ltd  
Boehringer Ingelheim Singapore Pte. Ltd.  
MSD Pharma (Singapore) Pte Ltd  
Roche Singapore Pte Ltd

### \$25,000 to \$99,999

Aviva Ltd  
AXA Insurance Pte. Ltd.  
Baxter Healthcare (ASIA) Pte Ltd  
Bristol-Myers Squibb (Singapore) Pte Ltd  
Canadian Association of Singapore  
Health Promotion Board  
Lee Foundation  
Pico Art International Pte Ltd  
Roche Pharmholding B.V.  
Stanpark (Bvi) Limited  
Teekay Shipping (Singapore) Pte Ltd  
Tote Board (Singapore Totalisator Board)

### \$5,000 to \$24,999

AbbVie Operations Singapore Pte Ltd  
Affordable Art Fairs Pte. Ltd.  
Almac Pharmaceutical Services Pte. Ltd.  
Amgen Biotechnology Singapore  
Amgen Singapore Manufacturing Pte Ltd  
ASM Technology Singapore Pte Ltd  
Astellas Pharma Singapore Pte Ltd  
Beyond Expeditions Pte Ltd  
BioMedix Singapore Pte Ltd  
Bloomberg Singapore Pte. Ltd.  
Bollere Logistics Asia-Pacific Co P L  
Bottomline Technologies Pte Ltd  
Care Bio Pte Ltd  
Celestica Electronics (S) Pte Ltd  
Credit Agricole Corporate & Investment Bank  
Credit Suisse Group AG  
Enova Technologies Pte Ltd  
Founded Pte Ltd  
Fresenius Kabi (Singapore) Pte Ltd  
Friends Of Dulwich College Bukit Batok  
GL Engineering & Construction Pte. Ltd.  
Global Energy International Ltd  
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Hua Siah Construction Pte Ltd  
Isaac Manasseh Meyer Trust Fund  
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KM Construction Co. (S) Pte. Ltd.  
Lee Kim Tah Foundation  
LGC Science Group (Singapore) Pte Ltd  
Lianx Corporation (S) Pte Ltd  
Medidata Solutions International Asia Pacific Pte. Ltd.  
Merck Pte Ltd  
MFS International Singapore Pte Ltd  
National University Health System Pte Ltd  
Novartis (Singapore) Pte Ltd  
Omni-Crest Engineering & Construction Pte Ltd  
Pfizer Pte Private Limited  
Rico Engineering Works Pte Ltd  
RSM Chio Lim LLP  
S. K Rosenbauer Pte Ltd  
Sing Lu Investment Pte Ltd  
Singapore Venture Capital and Private Equity Association  
Small Army For A Cause, Inc.  
SymAsia Singapore (On Behalf Of Oue Foundation)  
Tan Chin Tuan Foundation c/o Mellford Pte Ltd  
Thermo Fisher Scientific Pte. Ltd.  
Thong Teck Sian Tong Lian Sin Sia  
Togoparts Pte. Ltd.  
Trans-Orient Shipping Pte Ltd  
Warburg Pincus Singapore Pte Ltd  
Wing Huat Loong Pte Ltd  
Wing Ship Marine Services Pte. Ltd.  
XYSoft Pte Ltd  
Yahya Abdulhussain Lukmanji Saif Charity Trust

### \$1,000 to \$4,999

3M Singapore Pte Ltd  
A. Lioe & Associates Pte. Ltd  
A.W. Faber-Castell (S) Pte Ltd  
AbbVie Inc.  
ACCO Brands Asia Pte Ltd  
Additive Specialties Pte Ltd  
Altrade Marketing Pte. Ltd.  
Apple Inc.  
Aventis Pharma Manufacturing Pte Ltd  
Barclays (Matching Donations) via Charities Trust  
Beaver Contromatic Pte. Ltd.  
Belshills Management (Singapore) Pte Ltd  
BHP Billiton Matched Giving Program c/o Cybergrants  
Canadian International School Pte Ltd  
Chan Yi Gong Xiu Hui  
CYS Global Remit Pte. Ltd.  
d'Amico Shipping Singapore Pte Ltd  
Dennis Chua & Co  
DNIV Systems Pte Ltd  
Econo Green Pte Ltd  
Ee Sin Paper Products (Pte) Ltd  
Eisai (Singapore) Pte Ltd  
Entre' Automatics Pte Ltd  
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Flow Traders Asia Pte Ltd  
Global Hydraulics Pte. Ltd  
Hai Soon Diesel & Trading Pte Ltd  
HEC Electrical & Construction Pte Ltd  
Hewlett Packard Enterprise Foundation  
Ikebana Int'l Spore Chapter 135  
Interocal Exim Pte Ltd  
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JERA Global Markets Pte Ltd  
JK Com & Services Pte Ltd  
JR Life Sciences Pte. Ltd.  
LH Corporate Services Pte. Ltd.  
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Micon Technology Inc.  
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NK Kittai Pte Ltd  
North West Community Development Council  
NTU Cultural Activities Club  
Omni Integer Pte. Ltd.  
One World International School  
Openet Telecom Asia Pte. Ltd  
PARD BHS  
PDS International Pte Ltd  
Petrolubes Asia Pte Ltd  
Popular Book Company (Pte.) Limited  
Practical Analyzer Solutions Pte. Ltd.  
Pure Fitness (Ast) Pte. Ltd.  
Quantedge Foundation (Singapore) Ltd  
Racing World (S) Pte Ltd  
Realty & Investment Holdings Pte Ltd  
SAP Asia Pte Ltd  
SATS Ltd.  
Schwan-STABILO Singapore Pte Ltd  
SG Gymnastics Academy Pte. Ltd.  
Shenton Charitable Company Limited  
Shenton Investment Pte Ltd  
Singapore American School Limited  
Singapore Soguten Association And Committee Members  
Skylift Consolidator (Pte) Ltd  
SolarMoonStudios Pte. Ltd.  
South West Community Development Council  
Speedoc Pte Ltd  
Staedtler (Singapore) Pte Ltd  
Star Media Production  
Suti Logistics & Warehousing Pte Ltd  
Tampines Chinese Temple  
Tat Seng Packaging Group Ltd  
The Bank Of New York Mellon Corporation  
The Hokkien Foundation  
The James Dyson Foundation  
The Shipowners Protection Ltd  
Total Estate Management Service Pte Ltd  
Training Edge Academy Pte. Ltd.  
Twitter Inc.  
Visa Inc.  
Wanglei's Frozen Seafood Pte. Ltd.  
Zhen Ren Gong Temple  
Zurich Insurance Company Ltd

### <\$1,000

1 Assist Agency  
A Glascon Pte Ltd  
A99 Resources  
AbbVie  
Acadian Asset Management (S) Pte Ltd  
Achievers Inc.  
Addcom Solution Pte Ltd  
AIK Shen Bus Service  
Airbnb  
Alliance & Partnership Pte Ltd  
Allianz SE Reinsurance Branch Asia Pacific  
Andino Holdings Pte Ltd  
APL Logistics Ltd  
Aregius Maritime Pte. Ltd.  
Asiatique Fine Jewellery (S) Pte Ltd  
Astute Tax Pte Ltd  
AV One FM & Engineering Pte Ltd  
Bestar Services Pte. Ltd.  
BLT Geoworks Pte Ltd  
Boon Huat Interior Design Pte Ltd  
Burnt Ends Restaurant Pte Ltd  
Cabot CMP  
Care Assembly Of God  
Chang Jiang Acupuncture & Medical Centre  
Chop Guan Teck Hup Kee  
Chuan Hock Hardware Co Pte Ltd  
CIENA  
Coaching Alliance Pte Ltd  
Coralstone Corporate Services Pte Ltd  
Dafong Trading Pte Ltd  
Eillie Shoes Co  
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Essential Maids Pte Ltd  
Esteem Management Services Pte Ltd  
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ExxonMobil Asia Pacific Pte Ltd  
F5 Networks Singapore Pte Ltd  
Fian Pte. Ltd.  
Flo-line Hydraulics Pte Ltd  
Floral Designers Society (Singapore)  
FNS Design Solutions Pte Ltd  
FoodFusion.SG  
Freeman Path Pte Ltd  
FTSE International Taiwan Ltd.  
Graine Pte Ltd  
GSR Markets Pte. Ltd  
Guidepoint Global, LLC  
Hallmark Physiotherapy  
Hock Choo Co  
HPI  
Hyper Communications Pte Ltd  
Imperial Harvest Pte. Ltd.  
Indeed, Inc.  
Institute Of Mental Health  
International Cancer Specialists Pte. Ltd.  
Invest Coach Pte. Ltd  
IQVIA  
Jasminedanker  
JEP Precision Engineering Pte Ltd  
JK Group, Inc.  
Kee Wee Hup Kee Food Manufacture Pte Ltd  
Keppel Smit Towage Pte Ltd  
Leen Electrical Engineering Services  
LHS Electronics Enterprise  
Liberty Trading Company (Import & Export)  
Lierlever PneuLine Pte. Ltd.  
Little Ferry Agencies Pte Ltd  
Luxe Interior Design Pte Ltd  
Macquarie Group Limited  
Marel Singapore Pte Ltd  
Mastercard  
Matrix Star Marketing Pte Ltd  
McKinsey & Company  
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### Services:

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Tel: 6436 8420

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### National University Cancer Institute, Singapore

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Singapore National University Hospital, Medical Centre 1, Level 9, Unit D2, Lower Kent Ridge Road, Singapore 119074

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