

Our Journey Together...

A CANCER SUPPORT JOURNAL



ANNUAL REPORT 2021

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SINGAPORE CANCER SOCIETY

Singapore Cancer Society (SCS) was established in 1964 and has been actively serving the community for more than 57 years. SCS was registered as a society in 1984 and accorded IPCs (Institutions of a Public Character) status as a charity in 1995 by the Ministry of Health (MOH). SCS is a member of the National Council of Social Service (NCSS), a founding member of the Singapore Hospice Council (SHC), and a member of the Union of International Cancer Control (UICC). Being self-funded, the Society is dependent on donations to provide quality services to needy cancer patients, their families, and members of the public.

Charity Registration Number: 0053

UEN / IPC Number: S65SS0033F

Statutory Auditor: RSM Chio Lim LLP

Internal Auditor: BDO LLP

Legal Firm: RHTLaw Asia

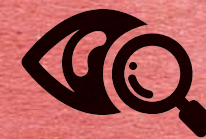
Honorary Legal Counsel: Mr Ang I-Ming and Mr Kelvyn Oo

Registered Address: 48 Pandan Road, L4M, PTC Logistics Hub, Singapore 609289

Hotline: 1800-SCS (727)-3333

Email: enquiry@singaporecancersociety.org.sg

Website: <https://www.singaporecancersociety.org.sg/>



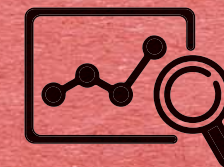
VISION

To be Singapore's leading Charity in the fight for a cancer-free community.



MISSION

To Minimise Cancer and Maximise Lives through effective programmes.



STRATEGIC THRUSTS

- Reduce Cancer Incidence
- Increase Survivor Rate
- Improve Quality of Life
- Greater Community Action

STEWARDSHIP

We make the best use of our resources, time, talents and funds to fulfil our mission.



PERSEVERANCE

We shall overcome all challenges to minimise cancer and maximise lives.

INTEGRITY

We strive to be honest, ethical and fair in all we do.



RESPECT

We will respect everyone and serve with dignity, care and concern.



I embrace the SCS SPIRIT.



TEAMWORK

We forge ahead together as one.

CHAIRMAN AND CEO MESSAGE

Witnessing how Covid-19 affected our cancer community in 2020, we are committed to journeying faithfully with our beneficiaries and striving to provide better care and services in 2021. As our brave cancer warriors engaged in their battles against cancer, SCS worked hard to ensure cancer support and care were readily accessible to them.



2021

has been yet another challenging year for everyone, more so for the social service sector. Covid-19 continued to disrupt businesses and lives globally, and we witnessed its impact on our work here at Singapore Cancer Society (SCS). The extended interruption of services pushed us to strategically evolve and adapt programmes and services to continue serving our beneficiaries holistically.

Witnessing how Covid-19 affected our cancer community in 2020, we are committed to journeying faithfully with our beneficiaries and striving to provide better care and services in 2021. As our brave cancer warriors engaged in their battles against cancer, SCS worked hard to ensure cancer support and care were readily accessible to them. Inequalities exist in cancer care. This could be in having access to screenings, access to the necessary medical care and services, or in the inability to work due to barriers in the workplace. To address these needs, SCS focused on teaming up with the community, rallying youth, activating corporate partners and harnessing technology.

'Business as usual' had taken on a very different meaning due to Covid-19. As the government announced the plan to transit from pandemic to endemic stage, SCS built on the foundation laid in 2020, and continued to leverage on technology to make the transition. To ensure no one gets left out or left behind, SCS will meet each challenge head-on and innovate to meet the evolving needs of those impacted by cancer.

With the evolving healthcare landscape and changing needs of the cancer community, SCS has further stepped up efforts and introduced new programmes such as the HPV Vaccination Programme to prevent cervical cancer. We have intensified colorectal cancer detection through the Faecal Immunochemical Test Kit Programme, and expanded the mammogram screening programme for breast cancer. We also rolled out SCS Return to Work Programme which aims to support and help cancer survivors return to normal life through gainful employment.

Special highlights include our online Faecal Immunochemical Test Kit (FIT kit) portal, which has allowed more people to have access to cancer screening without even leaving their homes. Working with Unity Pharmacy, we saw FIT kit take-up rates increase by 13% over the year. Tele-rehabilitation also took off in 2021. SCS partnered XCLR8 to pilot Rebee, a tele-rehabilitation solution combining wearables sensor technology with traditional in-person care.

As a society that champions the needs of the cancer community, SCS weighed in on two issues at the national level, namely the National Guidelines for Palliative Care and changes to the Medishield Life Scheme for outpatient cancer drug treatment claims. Giving our perspectives on issues that affect the larger cancer community is part of our work to further the cancer cause in Singapore.

With the country going through a recession in the second year of Covid-19, we recognised the financial struggles faced by cancer patients from low- to- middle income families, who faced job losses while dealing with physical treatment of the disease. SCS continued to provide financial support to these beneficiaries in their time of need.

Our two annual flagship events; Singapore Cancer Society-TalkMed Relay for Life, graced by Minister Gan Kim Yong and Singtel-Singapore Cancer Society Race against Cancer, graced by Minister Masagos Zulkifli raised record amounts, allowing us to continue to provide much-needed support through our programmes and services. Our Charity Golf event – Chip in For Cancer, supported by ESM Goh Chok Tong, helped raise \$400,000 for us.

SCS continued to strengthen partnerships with leading healthcare institutions like the National Cancer Centre Singapore (NCCS) and National Cancer Institute of Singapore to jointly champion new initiatives to provide greater holistic support for the cancer community. We look forward to the move to the new NCCS building in the latter part of 2022. The move will enable us to forge a stronger partnership with NCCS and complement services, so that together, we can close the service gaps.

We want to make our cancer rehabilitation services more accessible and available to more people by setting up new centres in different parts of Singapore, on top of our existing centre in Jurong. With these exciting plans in the works, we will need to work harder in fundraising in 2022 and the years ahead.

SCS has been spearheading the fight against cancer for the past 57 years and we would like to express our heartfelt gratitude to everyone for your contributions to SCS. Your support empowers SCS to give hope and strength to our many beneficiaries in their fight against cancer.

In the years ahead, we will continue with our four strategic thrusts to reduce cancer incidence, increase cancer survivorship, improve quality of lives, and galvanise the community to come together. No one needs to fight cancer alone. SCS will continue to provide hope and support to the cancer community to achieve our mission of minimising the impact of cancer and maximising lives.

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COUNCIL

The Society is governed by a Council comprising 12 elected members and 4 co-opted members, all of whom are volunteers who hold office for a term of two years at a time. Both the Council members and senior staff have no business relations with the Society. No council member holds executive roles within SCS and no staff are members of the council. The Secretariat for the Council is the Chief Executive Officer.



CHAIRMAN
Mr Wee Leong How

Chairman (from April 2018)
Vice Chairman (April 2013-April 2018)
Assistant Honorary Secretary (April 2002-April 2003)
Elected to Council (April 2002-2003)
Re-elected to Council (April 2011)

Sub-Committees:
Chairperson for SCS Human Resource Committee and SCS Nominations Committee

Mr Wee Leong How was a Board member of the Foundation of Rotary Clubs (Singapore) Ltd from 2016 to 2018. He served as President of the Rotary Club of Singapore West from 2001 to 2002 and 2015 to 2016. He was with SPH Group for 22 years, serving primarily as Executive Vice President of Human Resources. Thereafter, he served concurrently as Group Managing Director, Corporate Services at NTUC FairPrice Co-operative Ltd, and General Manager of NTUC FairPrice Foundation.

Mr Wee Leong How has been a Council Member since April 2002 and was appointed the Chairman of SCS since April 2018. He was last elected for his 2-year term with effect from April 2021 and will end April 2023. SCS has put in place a leadership renewal and succession plan in which the Chairman plays an important role in developing that plan to groom and identify the new leadership as well as facilitate the transition to a new leadership slate by 2023.



VICE CHAIRMAN
Associate Professor Ravindran Kanesvaran

Vice Chairman (from April 2018)
Elected to Council (April 2018)
Co-opted to Council (April 2016)

Sub-Committees:
Chairperson for SCS Medical Professional and Audit Committee, and SCS Cancer Treatment Fund Committee

Co-Chairperson for SCS Cancer Rehabilitation Management Committee

Dr Ravindran Kanesvaran is a Senior Consultant and Deputy Head of the Department of Medical Oncology of the National Cancer Centre Singapore. He is also an Associate Professor at Duke-NUS Graduate Medical School and Clinical Senior Lecturer at the Yong Loo Lin School of Medicine, National University of Singapore. He is the Programme Director of the Medical Oncology Senior Residency Programme. He is currently the immediate past President of the Singapore Society of Oncology and the Singapore Geriatric Oncology Society. He is the President of the International Society of Geriatric Oncology and Council Member of the European Society of Medical Oncology. He is the secretariat for the SCS Cancer Treatment Fund Sub-Committee (for blood cancer types), member of the SCS Nominations Committee and SCS Cancer Rehabilitation Management Committee.



HONORARY SECRETARY
Mr Lee Meng Tat

Elected to Council (April 2019)
Co-opted to Council (April 2018)

Mr Lee Meng Tat retired from the position of Chief Executive Officer of Non-Alcoholic Beverages Fraser & Neave Ltd in January 2022. He is currently the Board Director and Chairman of Executive Committee, Member of Nominating Committee and Remuneration Committee at Fraser & Neave Holdings Bhd (Malaysia). He is also the Board Director, Member of the Strategy Committee and Nominating Committee of Vietnam Dairy Products Joint Stock Company. He was certified in Corporate Governance ("IDP-C"), International Directors Programme, INSEAD in 2017. He is a member of the SCS Facilities and Relocation Committee.



ASSISTANT HONORARY SECRETARY
Ms Koh Hui Hwa, PBM

Assistant Honorary Secretary (from June 2020)
Elected to Council (April 2018)

Ms Koh Hui Hwa, PBM is currently Vice President at IHH Healthcare. Ms Koh has 25 years of healthcare experience in the private sector as Chief Executive Officer of Gleneagles Hospital and Regional General Manager at Abbott Laboratories. She is a District Councillor and Vice-Chair of the Healthy Lifestyle Committee at the South-West Community Development Council in Singapore, Board Member of Archdiocesan Commission for Migrants & Itinerants and member of the SCS Community Partnership Committee.



HONORARY TREASURER
Mr Choo Swee Cher

Honorary Treasurer (from April 2018)
Elected to Council (April 2018)
Co-opted to Council (April 2016)

Sub-Committee: Chairperson for SCS Finance Committee

Mr Choo Swee Cher is currently a Partner with Ernst & Young Solutions LLP, specialising in both investments and divestments. He also volunteers as the Chairperson of the Citizens' Consultative Committee at Punggol Shore Constituency. As Treasurer of Singapore Cancer Society and Chairperson for SCS Finance Committee, he works closely with the SCS Finance team in setting budgets and ensuring financial discipline as well as effective corporate governance in the use of funds. He is also part of the SCS Community Partnership Committee.



ASSISTANT HONORARY TREASURER
Mr Pek Tiong Boon

Assistant Honorary Treasurer (from April 2020)
Elected to Council (April 2016)
Co-opted to Council (April 2014)

Sub-Committee:
Chairperson for the SCS Welfare Committee

Mr Pek Tiong Boon has retired. He had previously served in various departments in the Singapore Government Administrative Service. At Times Publishing, he was in charge of personnel management. He served as Director of Corporate Services in charge of Human Resources, Finance, and IT in Sentosa Development Corporation.



COUNCIL MEMBER
Dr Ang Peng Tiam

Vice Chairman (April 2005 – April 2013)
Elected to Council (April 2002)

Sub-Committee:
Chairperson for SCS Community Partnership Committee

Dr Ang Peng Tiam is currently practising as a Senior Consultant Medical Oncologist at Parkway Cancer Centre at Mount Elizabeth Hospital. He is also the Medical Director of Parkway Cancer Centre. He was awarded Singapore's National Science Award in 1996 for his outstanding contributions in Medical Research. As the Chairman of the SCS Community Partnership Committee, he oversees the yearly events – 'Race Against Cancer' and 'Relay for Life'. Dr Ang Peng Tiam has served on the Council for more than 10 years. He is instrumental in providing expertise and resource mobilisation to the Council.



COUNCIL MEMBER
Mr Kelvyn Oo

Honorary Secretary (April 2020 – March 2021)
Elected to Council (June 2020)
Co-opted to Council (November 2019)

Mr Kelvyn Oo is a lawyer by training and has practiced for about 20 years in several of the larger local, as well as international, law firms. His area of practice was mainly in corporate finance, particularly mergers and acquisitions (public and private, including reverse take-overs), joint ventures, equity capital markets and corporate restructuring. He also advised corporations on securities regulations, compliance and other regulatory matters. Mr Oo is a Director of TRS Forensics Pte Ltd, a company which provides advisory services in the areas of technology risk and compliance. He is also an Advisory Board member of Viridian Asset Advisors Pvt Ltd.



**COUNCIL MEMBER
Ms Ku Xian Hong**

Elected to Council (April 2014)

Sub-Committee:
Chairperson for SCS IT Steering Committee

Ms Ku is currently a Board Director at Netlink NBN Management Pte Ltd, and Anyhealth Company Limited, a startup incorporated in China, focusing on providing B2B and B2C healthcare mobile solutions. She was a Managing Director in Accenture, a global technology and management consulting company, where she assumed several leadership roles in Asia Pacific.

Ms Ku also serves as a member on the Proton Development Committee at the National Cancer Centre Singapore, SingHealth Services. She is a member of the SCS Audit Committee and SCS Medical Professional and Audit Committee.



**CO-OPTED COUNCIL MEMBER
Mr Wong Yu Han**

Co-opted to Council (April 2018)

Mr Wong Yu Han is the co-founder and managing director of 1 Plus (Europe) Ltd in London. He has previously served as Chief Operating Officer of a Singapore listed company and was a founding director of a governmental agency. In 2014, he organised Singapore's National Day Parade as Chairman of the Executive Committee. During his stint in the public service, he served as a diplomat in Jakarta and as national contingent commander in Afghanistan. In the private sector, Mr Wong Yu Han used to serve as a Board Director in the Singapore Technologies Engineering group of companies. He is a member of the SCS Human Resource Committee, SCS IT Steering Committee, and SCS Investment Committee.



**COUNCIL MEMBER
Dr Lim Siew Eng**

Elected to Council (April 2012)

Sub-Committee:
Chairperson for SCS Community Health Committee and SCS Cancer Research Panel

Dr Lim Siew Eng is currently a Senior Consultant (Medical Oncology) at the Hematology-Oncology Department at the National University Cancer Institute, Singapore (NCIS). She is also the Associate Director (Education) of NCIS. She is a strong supporter of cancer outreach and advocacy, and of relieving the cancer burden. She is a member of the SCS Cancer Treatment Fund Committee.



**CO-OPTED COUNCIL MEMBER
Ms Dilys Boey**

Co-opted to Council (April 2020)

Sub-Committee:
Co-chair for SCS EmpowHER Committee

Ms Dilys Boey is the Assistant Chief Officer at Enterprise Singapore, joining the public service after 25 years in professional services. Most recently, Dilys was the ASEAN People Advisory Services Leader at EY. She is currently on the Board of Special Needs Trust Corporation and a member of the Singapore Accountancy Commission Professional Education Council. She was a member of the Emerging Stronger Taskforce under the Future Economic Council. She is a member of SCS Welfare Committee and SCS Community Partnership Committee.



**COUNCIL MEMBER
Mr Yeo Chuen Eng**

Assistant Honorary Treasurer (April 2016 - June 2020)
Elected to Council April 2013)

Sub-Committee:
Chairperson for SCS Investment Committee

Mr Yeo Chuen Eng is a Director at Standard Chartered Private Bank. He volunteers at the Foundation of Rotary Clubs Singapore Family Service Centre and Eldercare Centre as their Management Committee Chair. He also serves on the board of the Society for the Aged Sick. At SCS, he is a council member involved with the SCS Finance and Investment Committees to help monitor bond portfolios and its finances.



**CO-OPTED COUNCIL MEMBER
Dr Choo Su Pin**

Co-opted to Council (April 2021)

Dr Choo is a medical oncologist at Curie Oncology, who sub-specialises in gastrointestinal cancers including colorectal, hepatobiliary, pancreatic, stomach, esophageal, anal, and neuroendocrine cancers. Prior to private practice, Dr. Choo was the Chief of the Gastrointestinal Oncology department and Deputy Head of the Medical Oncology division at National Cancer Centre Singapore (NCCS). She also served as co-Director of the Comprehensive Liver Cancer Clinic and remains a visiting consultant at NCCS and an adjunct Associate Professor at the Duke-NUS Graduate Medical School. She is currently the Honorary Secretary of the Chapter of Medical Oncology Council, Academy of Medicine Singapore and Immediate Past President of the Singapore Society of Oncology. She is also a founding member of the SSO-Cancer Immunotherapy Consortium. Besides, she is also a faculty member for the Gastrointestinal Track of the European Society of Medical Oncology (ESMO) and member of the ESMO Women for Oncology committee.



**COUNCIL MEMBER
Mr Kenny Rebeira**

Elected to Council (June 2020)
Co-opted to Council (April 2019)

Sub-Committee:
Chairperson for SCS Audit Committee

Mr Kenny Rebeira is a Singapore Government Pensioner. He retired as Director in the Ministry of Defence. He has served as a member of the SCS Welfare Committee since 2015. Mr Rebeira is also a member of the Christian Brothers Schools Board and the Chairman of the St Patrick's School Council. He had previously served as the Chairman of St Stephen's School Council from 2008-2019. He serves as a member of the Archdiocesan Commission for Catholic Schools. He is also active in the Harvard Business School (HBS) Alumni, where he served as a member of the HBS Alumni Board from 2011-2014. He graduated from the National University of Singapore (NUS) in 1984, where he was active in athletics, in the KE Hall at Kent Ridge, and in NUS Students Union.



**CHIEF EXECUTIVE OFFICER
Mr Albert Ching**

Appointed (17 September 2012)

Mr Albert Ching has been the Chief Executive Officer of the Singapore Cancer Society (SCS) since September 2012. He led the Society in setting up the SCS Multi-Service Centre in Bishan in 2013 to be close to the heartlands; and the SCS Cancer Rehabilitation Centre, Singapore's first one-stop community-based cancer rehabilitative services at JEM in September 2015. He has played a pivotal role in leading the Society to establish new partnerships to better serve the cancer community at large, across key areas of cancer upstream prevention and screening, community care and patient support, rehabilitation and cancer survivorship. Under his leadership SCS clinched the coveted Charity Transparency Award 2019. Before joining SCS, he was the Executive Director and General Secretary of the YMCA of Singapore for over 7 years before being elected as its President in 2019. Prior to YMCA, he served as an Executive Director at The Boys' Brigade in Singapore.

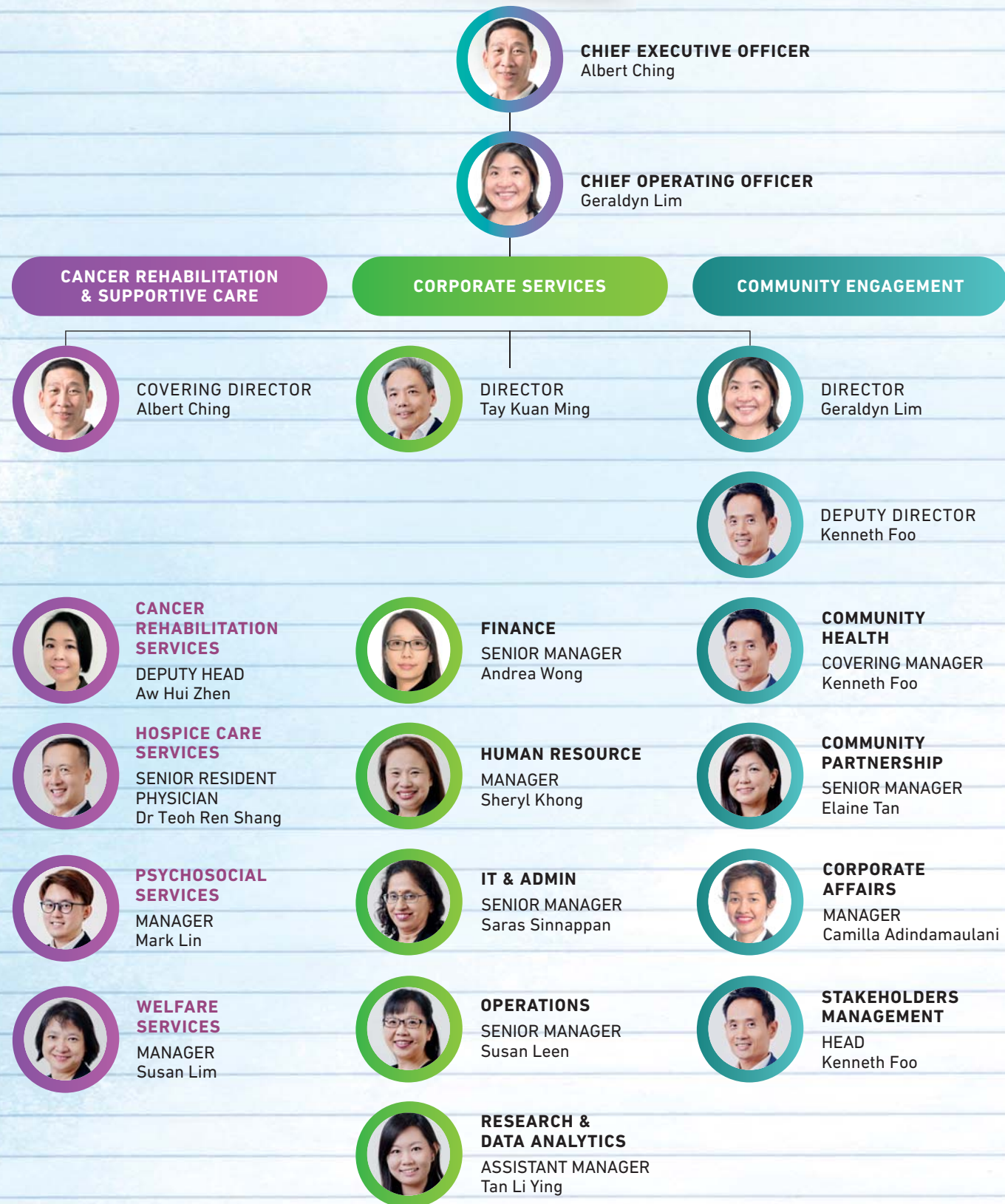


**CO-OPTED COUNCIL MEMBER
Mr Aw Boon Tiong**

Co-opted to Council (April 2020)

Mr Aw Boon Tiong is the Deputy General Manager, Group Treasury, of Keppel Corporation Limited. He has over 20 years of corporate treasury and risk management experience, having worked in Neptune Orient Lines Ltd, Honeywell Inc, and United Overseas Bank. Mr Aw holds a Bachelor of Arts (Merit) in Economics & Statistics from the National University of Singapore and is a Chartered Financial Analyst. Mr Aw has served as a member of the SCS Finance Committee since July 2019.

ORGANISATION CHART



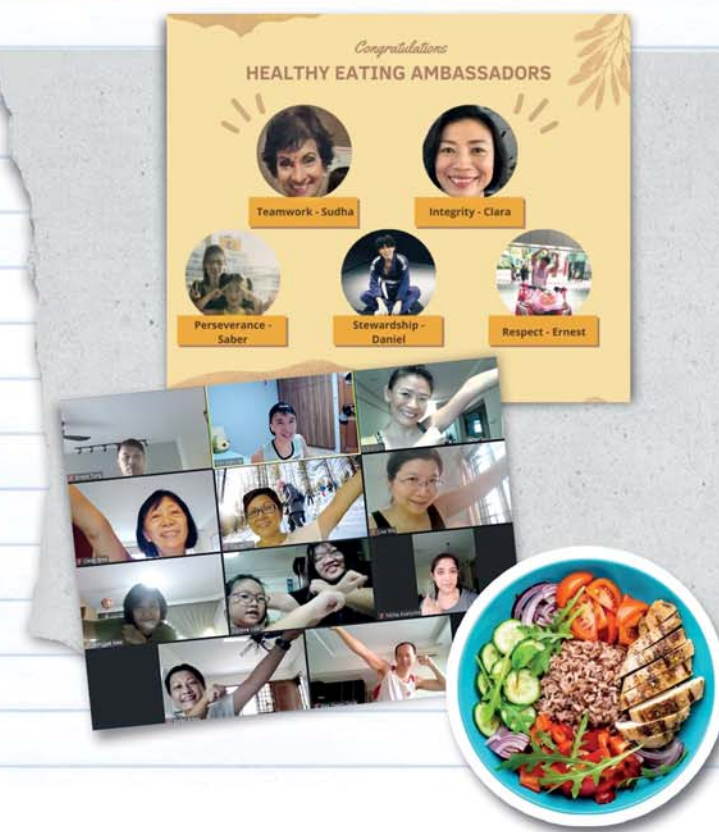
OUR PEOPLE MATTER



Like many other organisations, Singapore Cancer Society (SCS) faced challenges with the various restrictions set by the government in the second year of the pandemic outbreak. Despite constant changes and difficulties of the work from home default, SCS remained focused on taking care of our people.

Organisational Development Transformation

The Organisational Development Transformation (ODT) journey progressed in 2021 with various system changes to cater to new screening services and to cater to the Financial Assistance Application Scheme. Additionally, we digitalised patient and client records into our internal Customer Relationship Management system, improved the accounting system and introduced eProcurement with an integration to DBS Ideal Connect and our internal systems. By upgrading existing systems, we endeavoured to meet new and evolving needs. As part of ODT, we conducted a people opinion survey to set into motion the development of the employee value proposition. We continued to upskill and provide regular training throughout the year, with staff attending 93 different courses. Time and money were invested to provide opportunities for SCS employees to gain new knowledge and improve their skills. More than 1,950 training hours were clocked in total. SCS's allied health professionals also attended professional certification courses to safely and effectively treat cancer survivors with other health conditions. Such courses, of which were sponsored, included a Specialist Diploma in Palliative Care and Masters in Narrative Therapy.



Wellness Activities

SCS conducted a company-wide annual health screening and used this opportunity to spur employees to eat healthily and exercise regularly. The Staff Action for Recreation (StAR) Committee helped to reinforce this message through various activities conducted over the year. Zumba instructors were invited to organise online dance practice. Besides that, an online Pink Plank Challenge was organised for staff to submit creative planking videos filmed with their families and friends. The Healthy Eating Challenge was brought back from the previous year and enthusiastic colleagues posted an array of healthy meals they cooked while working from home.

CORPORATE GOVERNANCE

Operating Principles & Governance Policies

The Society adheres to the principles and guidelines of the Code of Governance for Charities and Institutions of a Public Character (Revised 2017) ("Code of Governance"), the Charities Act, and regulations as governed by the Charity Council. For the year in review, SCS continues firm commitment to the governance and sustainability of the Society's mission.

Governance: The Council & Management

The Society is governed by a Council of up to 12 elected members, all of whom are volunteers with no business relations with SCS. They are elected at the Annual General Meeting (AGM), based on their knowledge, skills, expertise, experience and ability to contribute to the development of the Society. After the AGM, the new Council will elect the office-bearers for a one-year period. Council members will hold office for a term of two years. They are nominated by the SCS Nomination Committee in a formal and transparent process, based on the strength of their personal and professional calibre to contribute to the strategic oversight of the Society. The Council and Management of SCS firmly believe that a genuine commitment to good corporate governance is essential to the sustainability of the Society's mission to support the cancer community. They are collectively responsible in ensuring compliance with the Code of Governance and all relevant laws and regulations.

Council Roles & Composition

The Council Members' Roles:

- Determine the mission and steer organisation towards it
- Guide and ensure effective strategic organisational planning
- Determine, monitor and strengthen the organisation's programmes and services
- Ensure adequate financial and human resources (Resource Mobilisation)

There are committees that support the Council in overseeing key areas of accountability. These committees comprise Governance, Advisory & Resource, Administrative & Events, Campaigns and Support groups. All committees have terms of reference that are approved by the Council. Council members also sit in the committees to provide oversight. Members of the committees are carefully selected to ensure diverse expertise, equitable responsibilities, and expert contributions to decision-making in respective management areas. All committees maintain records of all proceedings. Copies of resolutions passed by such committees, be it at meetings or by resolutions in writing, are provided to the Council.

The SCS Governance and Advisory & Resources Committees are as follows:

Audit Committee	Finance Committee	Investment Committee
Human Resource Committee	Nominations Committee	Tender Committee
Medical Professional and Audit Committee	Cancer Rehabilitation Management Committee	IT Steering Committee
Cancer Research Panel	Welfare Committee	Community Health Committee
Community Partnership Committee	Cancer Treatment Fund Committee	Cancer Treatment Fund Sub-Committee (for blood cancer types)
Financial Assistance Schemes Task Force	Facilities & Relocation Committee	

The roles of the SCS Committees and Terms of Reference can be found at the portal website (<https://www.singaporecancersociety.org.sg/about/corporate-information/corporate-governance.html>).

Full list of Administrative & Event Committees and Advisory Panels can be found at the portal website (<https://www.singaporecancersociety.org.sg/about/about-scs/sub-committees.html>).



Celebrating Our People

Despite the challenges of not being physically in office, SCS found ways to commemorate Community Care Day — a day dedicated to recognising and appreciating employees in the Community Care sector. To thank staff for their dedication towards patients and beneficiaries, high tea treats were delivered to their houses for them to enjoy with their families while working from home. SCS also celebrated International Allied Health Professional (AHP) Day for the AHP team with a mini team bonding session to strengthen camaraderie between the long-serving and newly hired staff.

On International Nurses Day, nurses were treated to an hour of relaxation and massages to soothe tired muscles and alleviate stress. In March, social workers were gifted care packages from the Psychosocial Services team to commemorate World Social Work Day.

New Temporary Office

In the first quarter of the year, SCS closed its long-time home at Realty Centre, Tanjong Pagar. Having been there for so many years, it was a sad occasion for many long serving staff who had fond memories of the office. SCS officially relocated to its temporary office at Pandan Road in August. The seamless move was facilitated by the dedicated Operations team. Chartered bus services were deployed in 3 different locations, transporting employees to and from the temporary office so they would not be inconvenienced by the extended travel time. Many of those affected by the relocation reported their gratitude for free transportation. SCS looks forward to moving to the new National Cancer Centre Singapore building in 2022.



The Organisation Leadership

The Chief Executive Officer is accountable to the Council for the conduct, coordination and quality of all of the society's programmes and services. He is assisted by the management team.

Whistle Blowing

A whistle blowing policy is in place to drive governance and a systemic flow of information across the organisation. The management nurtures a strong culture of integrity by ensuring there are accessible feedback channels for all employees and members of the public to the Audit Committee.

Concerns may be raised with information provided to:

Private & Confidential
For the Attention of Audit Committee Chairman
Singapore Cancer Society
48 Pandan Road, PTC Logistics Hub L4M
Singapore 609289

Email Address:
audit_committee@singaporecancersociety.org.sg

All cases reported will be objectively investigated and appropriate follow-up action will be taken accordingly. Depending on the nature of the concern raised or information provided, the investigation will be conducted, involving one or more of the following individuals or entities:

- The Audit Committee
- The External Auditor, and/or
- The Police or Commercial Affairs Department

When the investigation is completed, the investigating officer(s) will report the findings to the Audit Committee for its necessary action.

Conflict of Interest Policy

Members of the Council and employees are required in their respective capacities to act at all times in the best interest of the society. All Council members and employees of SCS are required to read and understand the conflict-of-interest policy in place and make full disclosure of any interests, relationships, and holdings that could potentially result in a conflict of interest. All Council members are required to declare conflict of interest to the Society at the start

of the term, annually, or as soon as such conflict or the possibility of such conflict arises. All employees are required to declare conflict of interest at the point of hire and annually. When a conflict of interest situation arises, the member/employee shall abstain from participating in the discussion, decision-making and voting on the matter.

Reserves Management

SCS has a reserves policy of at least two times its annual operating budget to meet its operational requirements. Operating reserves exclude all building/project funds, endowment, and sinking funds. The reserve ratio as of 31 December 2021 is 2.41. Reserves are invested in Singapore dollars fixed deposits and bonds, with banks. Investments are reviewed and approved by the Council.

Fundraising Practices

SCS is committed to ensuring that fundraising practices are ethical and conducted in the most honest and transparent manner at all times in line with the Fundraising Guidelines by the Charity Council. SCS promotes a high level of accountability for the funds raised to be used for the specific programmes and services. The usage of funds is communicated to donors. Different communication platforms and channels are set up for donors to provide feedback to the Society. SCS upholds the highest standards to protect donors' information and confidentiality through stringent processes and compliance with the Personal Data Protection Act of Singapore. SCS fundraising expenses for all fundraising activities had been kept under 30% in line with the Charities Act.

Audit and Legal

Internal Auditor, BDO LLP, works closely with the Audit Committee and the Management to systematically assess the internal controls of the Society. Reviews are conducted regularly based on agreed upon scope. Processes are reviewed on rotational basis across the years. SCS statutory auditors are RSM Chio Lim LLP, and legal support is provided by RHTLaw Asia.

Disclosure and Transparency

The Council members adhere to regular evaluation of its performance and effectiveness and ensure

compliance with requirements in the Code of Governance. The Society makes available to its stakeholders an annual report that includes information on its corporate governance, programmes, activities, services, audited financial statements, Council members and Management. The annual report is also published online via the Society's website. For the financial year, Council members did not receive any remuneration in their capacity as members of the Council. The remuneration of the three highest paid employees is disclosed in the bands of \$100,000 as follows.

Remuneration Bands	2021 Number of Executives	2020 Number of Executives
\$300,000 to \$399,999	1	1
\$200,000 to \$299,999	2	1
\$100,000 to \$199,999	0	1

Note: The three highest paid employees do not serve in the Council.

Public Image

The Society publishes information relating to its programmes, events and activities through various platforms that include its website, social media, newsletters, marketing brochures and other collaterals. A summary of the media coverage on the Society is incorporated into the monthly report that is submitted to the Management and Council.

Enterprise Risk Management

As part of its risk management process, the Society reviews and updates the Management, Council and the risk register periodically. Process owners review their processes, assess the adequacy of controls and put in place mitigating controls where applicable. Key risks will be discussed in Management meetings as part of awareness and updates provided to the Council.

Personal Data Protection Act (PDPA)

The PDPA establishes a data protection law that comprises various rules governing the collection, use, disclosure and care of personal data. SCS recognises the rights of individuals to protect their personal data, including rights of access and correction. SCS has implemented policies and

processes reviewed to ensure compliance and data integrity is not compromised. All employees are required to undergo PDPA training and additional security arrangements have been adopted to prevent unauthorised access, collection, use, disclosure, copying, modification or disposal of personal data.

Remuneration of Council Members and Related Party Transactions

There is no claim by the Council members for services provided to the Society, either by reimbursing them or by providing them with an allowance or by direct payment to a third party. In accordance with the Code of Governance, the Council members, or people connected with them, do not have any transactions or relationships, that can significantly influence or is significantly influenced by another party.

Council Meeting Attendance Record for the Period 1 April 2021 to 31 March 2022

Meetings are held on a monthly basis to review the results and performance of the Society and its plans and programmes. To facilitate meaningful participation, all Council meetings are planned and scheduled well in advance, and materials are circulated to members of the Council at least one week prior to meeting dates.

FOR THE PERIOD 1 APRIL 2021 TO 31 MARCH 2022

Name	Attendance of Council
Mr Wee Leong How	12 out of 12 meetings
Assoc Prof Ravindran Kanesvaran	12 out of 12 meetings
Mr Lee Meng Tat	11 out of 12 meetings
Ms Koh Hui Hwa	8 out of 12 meetings
Mr Choo Swee Cher	10 out of 12 meetings
Mr Pek Tiong Boon	11 out of 12 meetings
Dr Ang Peng Tiam	12 out of 12 meetings
Mr Kelvyn Oo	12 out of 12 meetings
Ms Ku Xian Hong	12 out of 12 meetings
Dr Lim Siew Eng	11 out of 12 meetings
Mr Yeo Chuen Eng	11 out of 12 meetings
Mr Kenny Rebeira	12 out of 12 meetings
Mr Aw Boon Tiong	12 out of 12 meetings
Mr Wong Yu Han	11 out of 12 meetings
Ms Dilys Boey	11 out of 12 meetings
Dr Choo Su Pin	11 out of 12 meetings*

*Dr Choo Su Pin was co-opted to the Council in April 2021

GOVERNANCE EVALUATION CHECKLIST

S/N	Code Guideline	Code ID	Response
Board Governance			
1	Induction and orientation are provided to incoming governing board members upon joining the Board.	1.1.2	Complied
	Are there governing board members holding staff¹ appointments? (skip items 2 and 3 if "No")		No
2	Staff does not chair the Board and does not comprise more than one third of the Board.	1.1.3	
3	There are written job descriptions for the staff's executive functions and operational duties, which are distinct from the staff's Board role.	1.1.5	
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years.	1.1.7	Complied
5	All governing board members must submit themselves for re-nomination and re-appointment , at least once every 3 years.	1.1.8	Complied
6	The Board conducts self evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	Is there any governing board member who has served for more than 10 consecutive years? (skip item 7 if "No")		Yes
7	The charity discloses in its annual report the reasons for retaining the governing board member who has served for more than 10 consecutive years.	1.1.13	Complied
8	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied
Conflict of Interest			
9	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied
10	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied
Strategic Planning			
11	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied
12	There is a documented plan to develop the capacity and capability of the charity and the Board monitors the progress of the plan.	3.2.4	Complied
Human Resource and Volunteer² Management			
13	The Board approves documented human resource policies for staff.	5.1	Complied
14	There is a documented Code of Conduct for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied
15	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied
	Are there volunteers serving in the charity? (skip item 16 if "No")		Yes
16	There are volunteer management policies in place for volunteers.	5.7	Complied
Financial Management and Internal Controls			
17	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied
18	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied

S/N	Code Guideline	Code ID	Response
19	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied
20	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks.	6.1.4	Complied
21	The Board approves an annual budget for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied
	Does the charity invest its reserves (e.g. in fixed deposits)? (skip item 22 if "No")		Yes
22	The charity has a documented investment policy approved by the Board.	6.4.3	Complied
Fundraising Practices			
	Did the charity receive cash donations (solicited or unsolicited) during the financial year? (skip item 23 if "No")		Yes
23	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied
	Did the charity receive donations in kind during the financial year? (skip item 24 if "No")		Yes
24	All donations in kind received are properly recorded and accounted for by the charity.	7.2.3	Complied
Disclosure and Transparency			
25	The charity discloses in its annual report: (a) the number of Board meetings in the financial year; and (b) the attendance of every governing board member at those meetings.	8.2	Complied
	Are governing board members remunerated for their services to the Board? (skip items 26 and 27 if "No")		No
26	No governing board member is involved in setting his own remuneration.	2.2	
27	The charity discloses that no governing board member is remunerated.	8.3	
	Does the charity employ paid staff? (skip items 28, 29 and 30 if "No")		Yes
28	No staff is involved in setting his own remuneration.	2.2	Complied
29	The charity discloses in its annual report: (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial year; and (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000.	8.4	Complied
30	The charity discloses that there is no paid staff, being a close member of the family ³ belonging to the Executive Head ⁴ or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.	8.5	Complied
Public Image			
31	The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied

Notes:

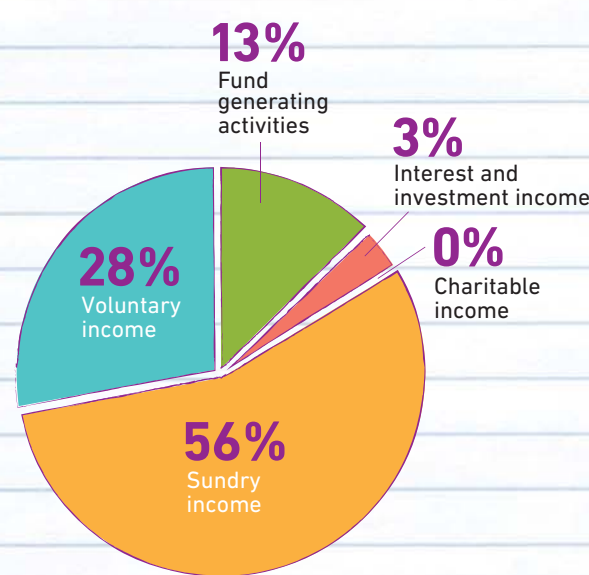
- ¹ Staff: Paid or unpaid individual who is involved in the day to day operations of the charity, e.g. an Executive Director or administrative personnel.
- ² Volunteer: A person who willingly serves the charity without expectation of any remuneration.
- ³ Close member of the family: A family member belonging to the Executive Head or a governing board member of a charity –
(a) who may be expected to influence the Executive Head's or governing board member's (as the case may be) dealings with the charity; or
(b) who may be influenced by the Executive Head or governing board member (as the case may be) in the family member's dealings with the charity.
- A close member of the family may include the following:
(a) the child or spouse of the Executive Head or governing board member;
(b) the stepchild of the Executive Head or governing board member;
(c) the dependant of the Executive Head or governing board member.
(d) the dependant of the Executive Head's or governing board member's spouse.
- ⁴ Executive Head: The most senior staff member in charge of the charity's staff.

FINANCIAL OVERVIEW

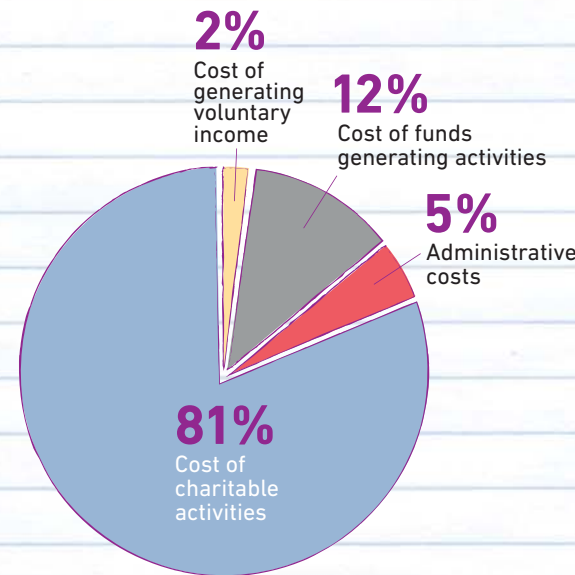
	FY2021 \$'000	FY2020 \$'000
For the year ended 31 December		
Voluntary income	12,161	10,618
Fund generating activities	5,486	4,088
Charitable income	-	-
Sundry income	24,822 [^]	3,305 [*]
Interest and investment income	1,515	1,847
Total Income	43,984	19,858
Cost of generating voluntary income	356	169
Cost of funds generating activities	2,340	2,218
Cost of charitable activities	15,956	14,674
Administrative costs	886	589
Total Expenses	19,538	17,650
Surplus for the reporting year	24,446	2,208

[^] Includes proceeds from enbloc sales of property of \$22,275,021.
^{*} Includes Job Support Scheme funding of \$1,326,548.

As at 31 December		
Total assets	112,249	84,173
Total liabilities	10,634	5,696
Net Assets	101,615	78,477
Total unrestricted funds	98,028	75,073
Total restricted funds	3,587	3,404
Total Funds	101,615	78,477



Income for the Year (FY 2021)



Expenses for the Year (FY 2021)

HIGHLIGHTS

In the second year of the pandemic, SCS accelerated its digital services to provide beneficiaries with much needed support through online support groups and even telerehabilitation, to circumvent the movement restrictions of Phase 2 Heightened Alert. We saw an increase in demand for rehabilitation services, hospice care, psychosocial services and cancer support services as Covid-19 continued to significantly impact the lives of our cancer patients.

By maximising digital campaign channels to increase cancer screening awareness, we saw a jump of almost 27% in the uptake of our screening services in 2021 compared to 2020.

Programmes and Services	2021	2020
Financial Care Services and Welfare Support [^]	1,898	1,952
Rehabilitation Support [*]	436	330
Hospice Care Services	584	535
Psychosocial Support Services	474	357
Cancer Care Services (i.e. Support Group Members)	1,660	1,523
Screening for Colorectal Cancer (FIT) (Based on participants screened)	66,445	53,372
Pap Test / HPV Test (Introduced in August 2019)	4,738	2,758
Mammogram ^{^^}	21,716	17,870
Total Number of Individuals Screened	92,899	74,000

[^] Unique beneficiaries across the various funds.

^{*} Total number of patients served in the year.

^{^^}The mammogram uptake figure reported is inclusive of participants screened under four different screening initiatives, namely the SCS Clinic @ Bishan (2,281), Community Mammobus Programme (2,173), FIT50 Programme (2,146) and the \$25 Mammogram Funding Assistance (15,116).

Singapore Cancer Society Leading the Way

With the government's approach to transiting into the endemic stage, SCS is focused on ensuring the long-term sustainability of its programmes and services. This involves planning flagship fundraising events in hybrid formats to ensure continuity and piloting programmes that encourage cancer survivors to contribute. We will also be focusing on establishing ourselves as a voice for the wider cancer community in Singapore.

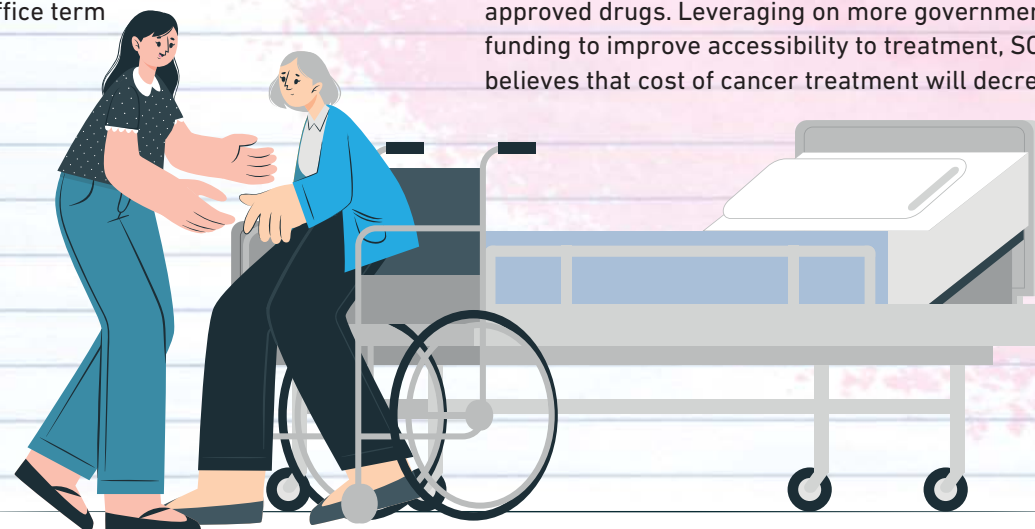


Participating in a Home-Based Respite Care Programme Review

As part of the ongoing review and improvement of our service quality standards, we participated in the biennial review of the National Guidelines for Palliative Care (NGPC) which provides useful practical recommendations, and sharing of best practices. The Home-Based Respite Care (HBRC) programme has also helped families care for their loved ones at home till their demise by providing trained caregivers in collaboration with various community agencies. This service currently applies to terminally ill patients with a life expectancy of 12 months or less, with a range of 15-30 days of caregiving support provided for. We enrolled 30 patients into the HBRC programme, so far enabling 196 patients to pass away at home.

SCS participated in the Grieve and Bereavement Conference and the Singapore Palliative Care Conference.

SCS continues to actively contribute towards the Singapore Hospice Council's national efforts to raise standards and awareness of palliative care services. SCS' CEO was also elected as SHC's Honorary Treasurer for the office term 2021/2022.



Weighing in on National Medical Insurance Policy Changes

On 17 August, the Ministry of Health announced a change in the design of the MediShield Life Scheme for outpatient cancer drug treatment claims. As the largest organisation serving the cancer community in Singapore, SCS felt a responsibility to weigh in on the upcoming change. Thus, SCS CEO Mr Albert Ching wrote to the national English newspaper The Straits Times to affirm the change.

SCS has always stood strong in its advocacy to improve access to cancer treatment through a multi-prong approach — patient advocacy, active engagement with policy makers, key stakeholders and patient support. SCS will continue to review and renew our financial support schemes so as to remain as a relevant form of support to those financially challenged.

The changes to the eligibility of cancer drugs for claims under MediShield Life as well as increased financial support for cancer patients are much welcomed. SCS has been advocating for the inclusion of main drugs to be included in the HSA list of approved drugs. Leveraging on more government funding to improve accessibility to treatment, SCS believes that cost of cancer treatment will decrease.



Patient and Family Partnership Programme

The Patient & Family Partnership Programme (PFPP) aims to develop a structured, patient experience inclusive cancer advocacy work in Singapore using Community Development Model. An invitation-only programme, selected volunteers who are assessed to be suitable to participate in the PFPP are trained according to a curriculum. Through structured platforms, our patient partners and their family caregivers provide input for our upcoming initiatives and projects.

As this is under our Psychosocial Services, our patient partners and their family caregivers often draw heavily on their personal experiences to contribute. Last year, three prostate cancer education videos were developed, with two prostate cancer survivors being part of the workgroup.

SCS has completed the development of PFPP's curriculum with the first training conducted on 5 November.



World Cancer Day

SCS joined Union for International Cancer Control (UICC) and its membership comprising various cancer organisations all over the world in mounting the global World Cancer Day (WCD) campaign on 4 February.

Aligned to the existing 3-year global theme by UICC of 'I Am and I Will' for World Cancer Day, SCS developed an over-arching theme of 'I Am and I Will Fight Cancer'. SCS rolled out an online campaign rallying support from 21 industries across Singapore, to participate in a series of 'Cancer Fighting Challenges', reinforcing this year's tagline of 'Together All Our Actions Matter'.

Aligning with SCS' four main thrusts to: Reduce the incidence of cancer; Increase survival rates; Improve the quality of life; and Rally the community to take proactive action in the collective fight against cancer, the challenges embarked on by corporates and organisations like GRAB, National Volunteer & Philanthropy Centre, Vygon and STILL Boxing, showcased the enduring power and collective action for a cancer free community.



Singapore had 15 landmarks decked in either orange, blue or a mixture of both on WCD. The 15 buildings/landmarks are Supertrees at Gardens by the Bay, Jewel Changi Airport, orchard gateway, ION Orchard, Khoo Teck Puat Hospital, Yishun Community Hospital, Marina Square, National Gallery Singapore, Ocean Financial Centre, Our Tampines Hub, Suntec City (mall), Suntec Singapore Convention & Exhibition Centre, The Fullerton Hotel, Victoria Theatre and Concert Hall and South Beach. SCS also engaged some of the buildings to display a pre-publicity video about SCS' WCD efforts on their large outdoor TV screens to generate greater awareness about cancer.

Our journey...
*Embarking on the
fight against cancer*



For the last 57 years, SCS is committed to MINIMISING CANCER AND MAXIMISING LIVES. Through effective and impactful programmes, SCS aims to equip everyone with the knowledge to reduce the risk of cancer through adoption of healthy lifestyles. This is done through various upstream cancer prevention programmes, public education awareness, and outreach activities.

*We can win through
early detection!*



The doctor said that if I had not gone for an earlier check and detected the abnormality, hysterectomy would no longer be an option. I would have to undergo chemotherapy and radiotherapy.

Amaliah, 39
Cervical Cancer Survivor



SCS Cancer Awareness Campaigns



No cancer is 100% preventable. However, managing certain controllable risk factors – such as diet, physical activity, and other lifestyle choices – can lower one's chances of developing cancer. SCS has been investing in developing education programmes and providing easy access to screening as early detection increases the chance of successful treatment.

Early screening saves life!



No. 1 diagnosed cancer in males

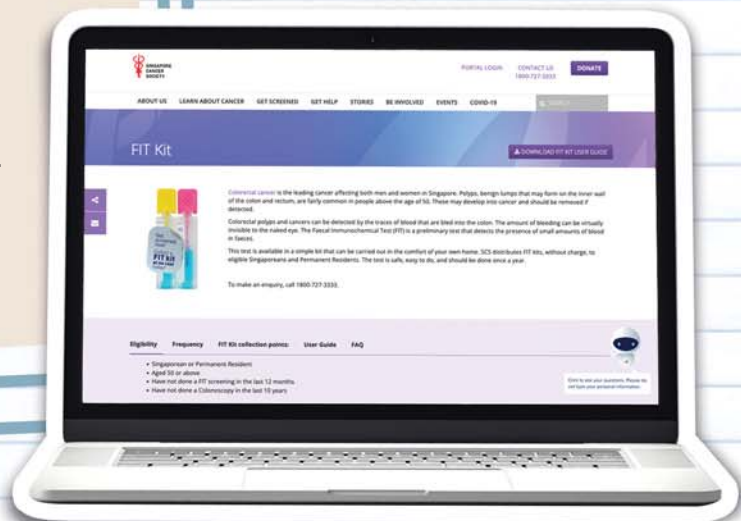
No. 2 diagnosed cancer in females

*Source: Singapore Cancer Registry Annual Report 2018: Singapore Cancer Registry 50th Anniversary Monograph 1968-2017

SCS COLORECTAL CANCER AWARENESS CAMPAIGN

Colorectal cancer is the most diagnosed cancer among men and second most in women in Singapore. As many people with colorectal cancer experience no symptoms in the early stages of the disease, regular screening becomes the first line of defence. Screening is key to finding precancerous polyps that can be removed.

In 2021, the Covid-19 pandemic continued to be a threat to cancer screening as physical community talks and roadshows to distribute the Faecal Immunochemical Test (FIT) kits could not be carried out, making it challenging to reach seniors. SCS innovated by taking the registration process online, allowing for contactless delivery of the FIT kits.



We continued with our distribution of free FIT kits to encourage Singaporeans and Permanent Residents (PRs) aged 50 years and above to go for regular screening and follow-ups. Besides being able to sign up via the FIT portal and receive the FIT kit through the mail, Unity came onboard this year. This increased the collection points of FIT kits by 13%, providing more convenience and accessibility of FIT kits to the community.



PARTICIPANTS SCREENED WITH FIT KIT IN 2021

66,445
Participants screened

2,795
Participants with FIT positive results (presence of blood in the stool)

SCS GASTRIC CANCER AWARENESS CAMPAIGN

In Singapore, gastric cancer, also known as stomach cancer, is the seventh and ninth most common cancer among men and women respectively.* This cancer has few symptoms which often only appear at a late stage, making gastric cancer prevention through diet and lifestyle especially important.



This year, the quest to educate the community about gastric cancer began with a webinar, highlighting what the public need to know about gastric cancer and how diet plays a significant role in disease prevention.

World Cancer Research Fund and American Institute for Cancer Research concluded that salt, as well as salted and salty foods, are the probable causes of gastric cancer. The focus in finding ways to reduce salt consumption in daily diets have led to the creation of the campaign visual "The Salt You Can't See Can Still Hurt You". The campaign visual was repurposed to a digital poster placed at selected HDB void decks to reach residents in the heartland, reminding them to reduce their salt intake and avoid salt-preserved food. In addition, bite-sized information was shared through social media and

No. 7 most common cancer in males

No. 9 most common cancer in females

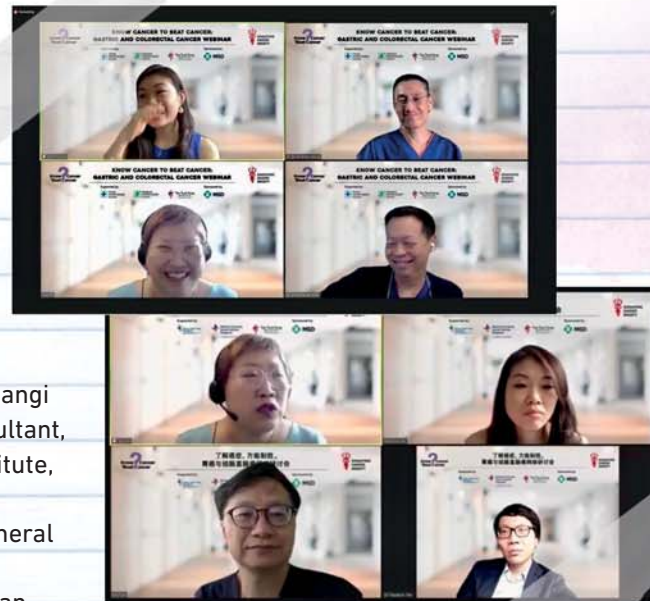


*Source: Singapore Cancer Registry Annual Report 2018: Singapore Cancer Registry 50th Anniversary Monograph 1968-2017

digital channels to educate and provide tips to the community on reducing salt intake through consuming less processed meat and salt-preserved food to significantly reduce one's risk of gastric cancer.

Gastric and Colorectal Cancer Webinar

The "Gastric and Colorectal Cancer Webinar" took place on 28 August. The webinar, conducted in English and Mandarin, saw over 1,700 participants on Zoom and Facebook livestreams. Invited speakers were Dr Andrew Wong Siang Yih, Senior Consultant, Department of Surgery, Changi General Hospital; Professor Jimmy So, Head and Senior Consultant, Division of Surgical Oncology, National University Cancer Institute, Singapore; Dr Christopher Khor Jen Lock, Senior Consultant, Department of Gastroenterology & Hepatology, Singapore General Hospital; Dr Pauleon Tan, Consultant, Department of Surgery, Khoo Teck Puat Hospital and Ms Priscilla Darmawirya, Dietician, Department of Nutrition & Dietetics, Tan Tock Seng Hospital.



SCS BREAST CANCER AWARENESS CAMPAIGN



Breast cancer is the leading cancer in Singapore's women in terms of both cancer diagnosis and cancer mortality. Nearly 1 in 13 woman will develop breast cancer before the age of 75.*

In October, SCS had the honour of leading the national **Breast Cancer Awareness Month 2021** campaign together with the rest of the committee which comprised Breast Cancer Foundation (BCF), Health Promotion Board (HPB), National Cancer Centre Singapore (NCCS), National University Cancer Institute, Singapore (NCIS) and Tan Tock Seng Hospital (TTSH). Themed "Buddy Up To Beat Breast Cancer", the campaign aimed to encourage women to go for mammogram screening. It also aimed to raise breast cancer awareness among women, with the support of their family and peers, through conversations that may help to overcome their fear, anxiety and uncertainty.



SCS WOMEN GYNAECOLOGICAL CANCER AWARENESS CAMPAIGN

Women's gynaecological cancers which comprise uterine, ovarian, and cervical cancers, are in the top 10 commonly diagnosed cancers among Singaporean women today.

However, findings in the 2018 Singstat's report revealed that many still lack proper understanding of cervical cancer and its risk factors. More has to be done to encourage women to take charge of their health by going for Human Papillomavirus (HPV) vaccinations and regular cervical cancer screening (Pap / HPV test).

In 2021, the campaign aimed to encourage more women to be vigilant of the signs and symptoms of gynaecological cancers. The title of the campaign, "Is This Normal?" seeks to encourage conversation among women on the various types of gynaecological cancers, while reminding them to watch out for symptoms and see a doctor if they are unwell.

SCS focused on raising awareness of the signs and symptoms of various types of gynaecological cancers to allow women to understand their body better, leading to early detection of cancer through available screening options.

Top 10
commonly diagnosed
cancers among
Singaporean
women

As part of the campaign, a Women's Cancer webcast was organised on 29 April across Zoom and SCS's Facebook. A total of 843 participants attended, learning about cancers of the breast, uterus, ovary, and cervix. Our medical specialists, Dr Tan Chuan Chien, member of SCS Breast Cancer Awareness Committee and Head & Senior Consultant, Breast & Endocrine Surgery, Ng Teng Fong General Hospital, Dr Wong Wai Loong, member of SCS Women's Gynaecological Cancer Awareness Committee and Head & Senior Consultant, Department of Gynaecological Oncology, KK Women's and Children's Hospital, and Dr See Hui Ti, member of SCS Women's Gynaecological Cancer Awareness Committee and Senior Consultant, Medical Oncology at Parkway Cancer Centre, covered topics on the early signs and symptoms of women's cancers.

SCS was featured on a MediaCorp Melon8 YouTube series called Hush-Hush to raise awareness on the importance of young



women getting regular Pap test check-ups, HPV tests, and HPV vaccinations to protect themselves from cervical cancer.

SCS also partnered Gushcloud International on their first ever podcast covering HPV and cervical cancer. Launched on Gushcloud International's Clubhouse app, the session featured Founder and CEO of Gushcloud International Althea Lim, alongside Dr Lim Li Min, member of SCS Women's Gynaecological Cancer Awareness Committee and Consultant, Division of Gynaecologic Oncology at National University Hospital, and National University Cancer Institute, Singapore.



Pap test done at SCS Clinic @ Bishan	HPV test done at SCS Clinic @ Bishan	Cases referred for further assessments for abnormalities detected
598	4,140	586

Updated as at 6 Jan 2022



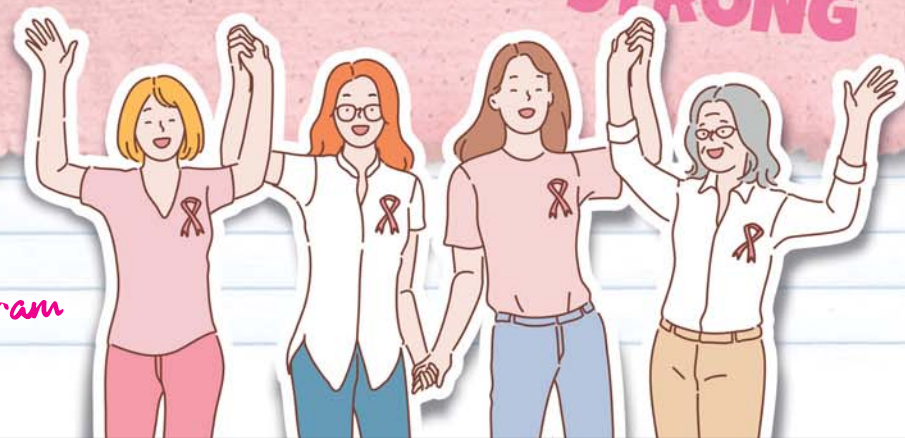
To kick-off the month-long campaign, SCS held a **Pink Ribbon Virtual Launch Party** featuring an interesting line-up of medical experts, a breast cancer survivor, celebrity guests, as well as the Guest of Honour, Senior Minister of State, Ministry of Health and Ministry of Manpower Dr Koh Poh Koon.

Through this year's theme and message, we hope that the community will initiate conversations and provide a safe space for women to open up to their peers and family about their thoughts and feelings on breast cancer and screening. By having a companion, we hope that women will feel less alone and be empowered to take the first and most crucial step in making health a priority and screen themselves for breast cancer.

Dr Koh Poh Koon



The virtual party also included a special behind-the-scenes segment, led by Clinical Associate Professor Veronique Tan, Chairperson of SCS Breast Cancer Awareness Campaign Committee, and Head and Senior Consultant of the SingHealth Duke-NUS Breast Centre and Department of Breast Surgery, Division of Surgery and Surgical Oncology, Singapore General Hospital (SGH) and National Cancer Centre Singapore (NCCS). Viewers were brought into a mammogram screening room where misconceptions commonly associated with breast cancer screening were debunked.



Breast cancer can be detected through screening. Schedule your mammogram today!



The launch party was followed by the annual **Breast Cancer Awareness Webinar** on the signs and symptoms, risk factors, screening and diagnosis of breast cancer. The free public webinar was conducted in English and Chinese and saw a total of over 850 participants on Zoom and Facebook livestreams.

To bring about greater public awareness, rally community support and increase giving to the cancer cause, SCS and its partners spearheaded the inaugural **BCAM collaboration with the National Volunteer & Philanthropy Centre (NVPC)** to expand outreach and fundraising efforts through Singapore's one-stop online giving portal, Giving.sg. The collaboration brought about great success as over \$161,000 was raised for breast cancer initiatives and the initial fundraising target of \$20,000 was achieved within 8 days.

SCS has also brought back the popular **Pink Plank Challenge** to encourage the public to plank in pairs to raise awareness for breast cancer, while highlighting the importance of exercise that may reduce one's breast cancer risk.

As part of SCS's continuous efforts to make cancer screening available and affordable for the community, 15,116 women has benefited from the **\$25 Mammogram Funding Assistance** this year. The assistance was provided to eligible women at over 60 participating screening centres island wide. SCS has also supported another 2,281 women from low-income families with mammogram screening at no cost at the SCS Clinic @ Bishan.



SCS LUNG CANCER AWARENESS CAMPAIGN



November was Lung Cancer Awareness Month (LCAM). Lung cancer is the third most common cancer diagnosed in Singaporean men and women. On 25 November, SCS organised a lung cancer webinar in both English and Chinese, featuring two doctors from the LCAM committee, a host from SCS, as well as a young lung cancer survivor with an inspirational story.

Dr See Kay Choong and Dr Jens Samol spoke about advances in lung cancer prevention, detection, and treatment during the English session. In the Chinese session, Dr Sewa Duu Wen and Dr Wong Seng Weng covered the symptoms, a patient's journey after lung cancer diagnosis, and new breakthroughs in lung cancer treatment.

A total of 1,044 unique participants and viewers watched the webinar through our Zoom session and FB Live.



3rd most common cancer in men & women



Lung Cancer Awareness Partnership Video

SCS partnered Grvty Media (Millenials of Singapore) and DKSH this year to produce two survivor videos. The first video, filmed in partnership with Grvty Media, featured a young lung cancer survivor with no smoking history. The second video, filmed in partnership with DKSH, featured our lung cancer survivor, and lung cancer committee member Dr Wong Seng Weng.

Happy Lungs Virtual Walk Challenge



A virtual walk challenge was organised by Singapore Cancer Society as part of the activities for the SCS Lung Cancer Awareness Campaign. The challenge encouraged people to show their commitment to keeping their lungs healthy by leading a smoke-free lifestyle. In this virtual walk challenge, participants could choose from any of the following challenge categories – 3km, 5km, or 10km. The race period ran from 1-30 November and over 4,729 participants, out of which 3,703 were from Singapore, joined this year's edition. Upon completing their challenges, participants received an e-badge showing their commitment towards healthier lungs and an even healthier lifestyle. In Singapore, tobacco kills approximately 2,500 smokers and 250 non-smokers each year. Tobacco is known to cause lung, oral, and nasopharynx cancer.

SCS PROSTATE CANCER AWARENESS CAMPAIGN



Prostate cancer has progressed to be the second most common cancer among Singapore men*, with about 1 in 25 diagnosed with prostate cancer during his lifetime*.

In November, SCS worked closely with volunteers and partners to raise awareness of prostate cancer through public webinars streamed live on Zoom and Facebook. The English and Chinese sessions saw more than 1,250 participants.

Risk factors and diagnosis of prostate cancer as well as the non-surgical treatment options were discussed in the webinars.

This campaign featured Mr Eddie Low, a prostate cancer patient battling two other primary cancers. A video on his cancer journey was screened during the webinars, inspiring both the public and those currently fighting their own battles against cancer.

"The support and resources I received from SCS has helped me a lot during major decision crossroads," said SCS Walnut Warriors Prostate Cancer Support Group member Mr Eddie Low, "The Walnut Warriors, in particular, provided me a platform to meet fellow members in different stages of their cancer journeys. They were very open to sharing their stories."



Mr Eddie Low
SCS Walnut Warriors Prostate Cancer Support Group member

I would like to thank the doctors and the moderator, and commend their great effort in the presentation of the information and Q&A. Both doctors shared their knowledge and the treatment options very well. The clear pictures on organs and treatments options facilitated my understanding of the topic with great ease.

Mdm Kim Tan

The webinar featured Clinical Assistant Professor Jeffrey Tuan Kit Loong, Chairperson of Singapore Cancer Society Prostate Cancer Awareness Campaign Committee, and Head & Senior Consultant at the Department of Gastrointestinal, Hepato-Pancreato-Biliary and Urology, Division of Radiation Oncology at National Cancer Centre Singapore; Dr Wu Qing Hui, Consultant at the Division of Surgical Oncology (Urology), National University Cancer Institute, Singapore; Dr Tan Teck Wei, Consultant Urologist at Urohealth Medical Clinic and Dr Jonathan Teh, Senior Radiation Oncologist at Asian Alliance Radiation & Oncology.



1 in 25 men diagnosed with prostate cancer during his lifetime

*Source: Singapore Cancer Registry Annual Report 2018 & Singapore Cancer Registry 50th Anniversary Monograph 1968-2017

KNOW CANCER TO BEAT CANCER

The Know Cancer to Beat Cancer (KCBC) initiative was launched to debunk myths, fight fake news, and equip the public with accurate information about cancer.

The public was invited to submit questions on the microsite, after which, a team of volunteer doctors, healthcare professionals and professionals in related fields would provide appropriate answers with fact-checked supporting sources. Questions have been answered and posted on the website since its launch in 2019, with an update of questions from cancer webinars in 2021 starting with the Hereditary Cancer webinar and Gastric Cancer Awareness Campaign. Both the webinar and campaign supported the site with questions and answers from doctors, dietitians and specialists.



A series of Myth Buster videos and GIFs was also produced for each campaign in 2021 – covering women's gynaecological, gastric, breast, prostate, and lung cancers. They attracted more than 15,000 views on Facebook alone.

SCS SMOKE-FREE AMBASSADOR PROGRAMME

SCS launched the Smoke-free Ambassador Programme in 2015 for uniform groups in secondary schools. The Programme strives to educate youths on the correlation between smoking and cancer and to encourage them to lead healthy lifestyles to reduce cancer incidence.

The objective is to raise a generation of smoke-free advocates, youth leaders who lead good examples by staying smoke-free, thus being a positive influence on others to do the same.



Students will go through a workshop with SCS and thereafter, work within teams to come up with creative ideas based on the topic, "Smoking & Cancer". These projects will then be displayed or shared in their schools to raise awareness of the harmful effects of smoking.

This year, SCS had the honour of working with the Brownies and Red Cross Youth in the programme.



"THIS PROJECT GAVE ME A DEEPER UNDERSTANDING ON HOW SMOKING IS HARMFUL AND CAN CAUSE LUNG CANCER. BEFORE THE PROGRAMME I DID NOT KNOW THAT A CHEMICAL NAMED NICOTINE IS WHAT MAKES CIGARETTES SO ADDICTIVE."

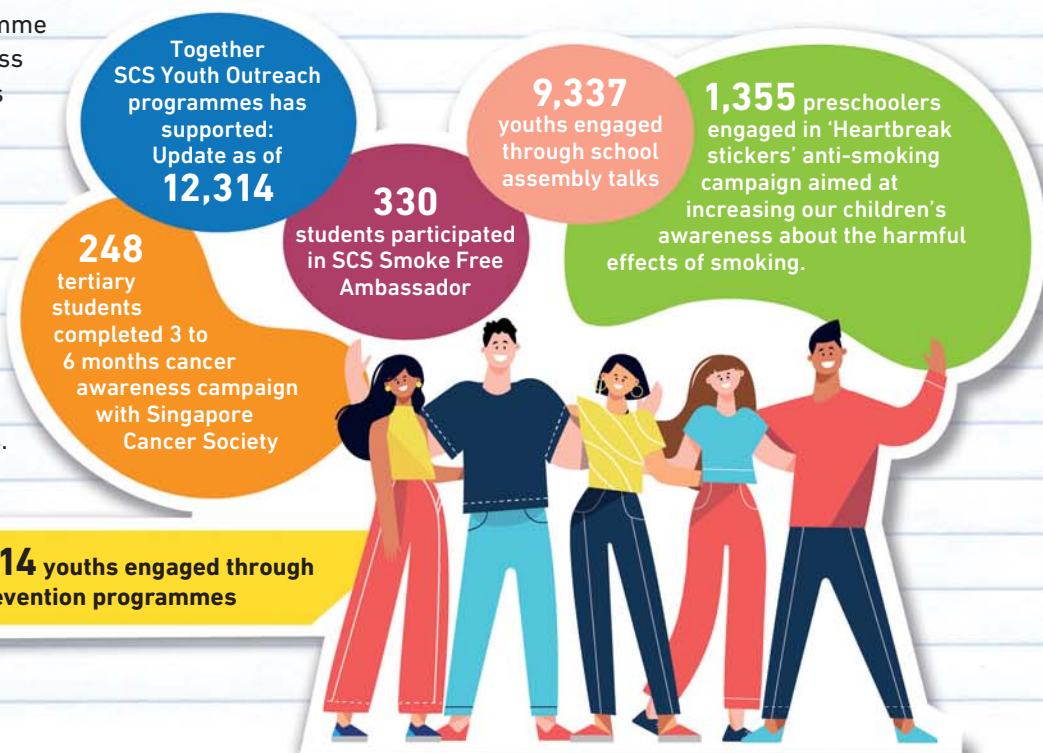
Sarah Olivia Danam
CHIJ St Joseph's Convent

"I learnt that smoking is harmful. As an anti-smoking ambassador, I should not smoke. If someone were to offer me a cigarette, I will remember the damage it can cause and how second-hand smoke can affect people around me."

Chandravika Kirthi
First Toa Payoh Primary School

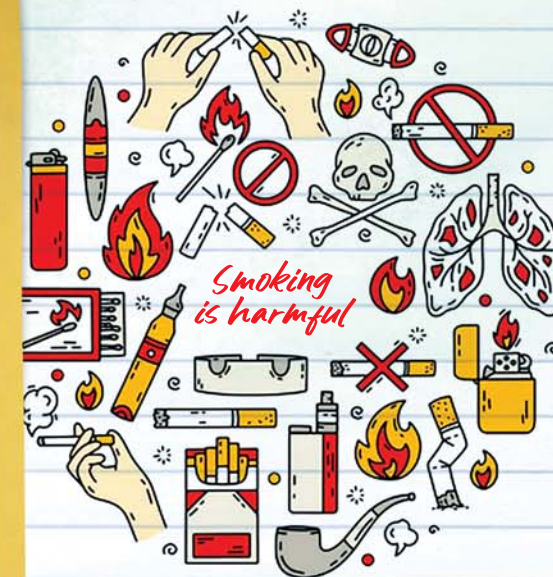
YOUTH OUTREACH & ENGAGEMENT

The SCS Youth Outreach Programme is designed to engage and address preschoolers to tertiary students at different life stages. Since the first circuit breaker in 2020, talks and activities have gone online, allowing SCS to continue conducting interactive sessions on smoking, lung cancer, human papillomavirus (HPV) vaccination, and cervical cancer. This year, we reached out to more than 12,314 students.



"Youth engagement has always been core to our education efforts. With growing cancer incidences in Singapore, SCS strives to upscale cancer outreach programmes (such as education & screening) and upstream cancer prevention work (healthy lifestyle, anti-tobacco and HPV vaccination). Partnering with local institutions, SCS reaches out and expands public education and outreach efforts to instil knowledge and empower youths to step up and join the fight against cancer. Such competitions enable us to harness students' creativity and create life-long impact on future community engagement."

Geraldyn Lim
Chief Operating Officer, Singapore Cancer Society

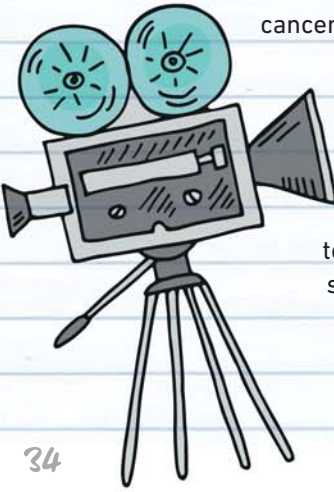




INTERSCHOOL COMPETITION

The fifth annual Singapore Cancer Society (SCS) Interschool Competition finals, which was held virtually on 29 May, was officiated by Guest of Honour, Minister of State, Ministry of Culture, Community and Youth, and Ministry of Trade and Industry Mr Alvin Tan.

Since its inception in 2016, the Singapore Cancer Society Interschool Competition has provided an opportunity for students to conceptualise and present campaigns on health issues pertaining to lung and cervical cancer, specifically touching on topics like tobacco usage and the human papillomavirus (HPV).

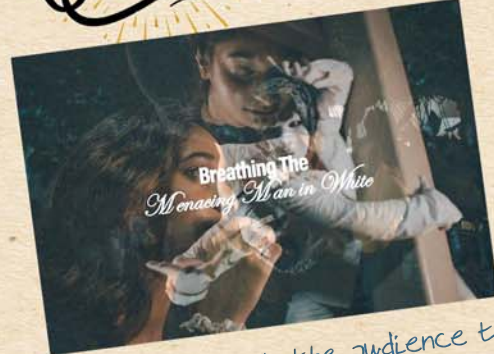


In 2021, the competition gathered ITE, Diploma, and Undergraduate students from local institutions to develop campaign videos to tackle specific cancers. Diploma and ITE students focused on "Tobacco and Cancer" while Undergraduates took on the topic of "HPV and Cervical Cancer".

The winning teams were chosen by the following panel of judges:

- ★ **DR WONG SENG WENG**
Medical Director & Consultant Medical Oncologist, The Cancer Centre (Singapore Medical Group)
- ★ **DR LIM LI MIN**
Associate Consultant, Division of Gynaecologic Oncology, Department of Obstetrics & Gynaecology National University Hospital, and National University Cancer Institute, Singapore
- ★ **TEO YA CHIH**
Deputy Director, Substance Abuse & Preventive Health Programmes, Health Promotion Board
- ★ **ADRIAN KANG**
Curator, Youth Change Makers National Youth Council
- ★ **ANAND A.VATHIYAR**
Managing Director, Cheil, Singapore

Congrats!



"We want the audience to bring home the message of how dangerous and addictive smoking is and its impact on cancer. We hope to bring this message across to our loved ones on a personal level."

Budimann Hakeem Bin Mohamed Amin
Republic Polytechnic



"With prevailing issues like HPV, we thought, why not create some awareness? We also learnt that 8 out of 10 people get HPV at some point in their lives. With HPV being a taboo topic in Singapore, we challenged ourselves to step out of our comfort zones to speak up and create a movement."

Dalilah Binte Abu Bakar
Management Development Institute of Singapore



Melody Goh and Yuvaraj S/O Sivarajan
ITE COLLEGE WEST



Latisha Sonia, Budimann Hakeem Bin Mohamed Amin and Gajeto Alyssa
REPUBLIC POLYTECHNIC



Kenneth Mah, Yan Pei Ling and Yew Chin Ning
SINGAPORE INSTITUTE OF TECHNOLOGY



Yasmin Raine ZA, Dalilah Binte Abu Bakar and Aubrey Ong Sze Min
MDIS



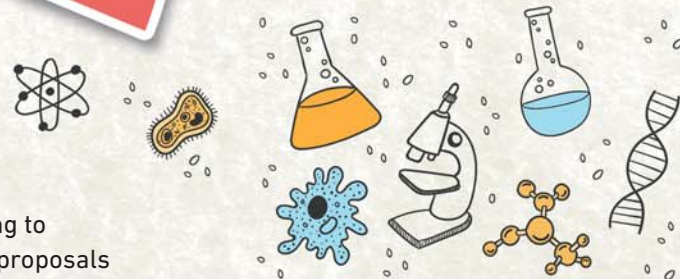
RESEARCH

Through outcomes and findings from research done in-house and external collaborations, the Research and Data Analytics team strives to seek insights that will aid and improve SCS' programmes and services, while driving the strategic direction of the organisation.



SCS CANCER RESEARCH GRANT

The SCS Cancer Research Grant, which was established in 2006, supports local cancer research studies. The grant endeavours to encourage innovative research to improve the quality of treatment and care for cancer patients, and quality of life for anyone impacted by cancer.



CANCER RESEARCH GRANT 2021

This year, two cancer research projects amounting to \$268,850 were shortlisted from the 44 research proposals received from 13 institutions.

Research Project Title	Research Project Title
Measuring Quality of Life Among Patients with Cancer During Their End-of-life	Acceptability of Cervical Cancer Self-screening in Singapore (ACSS)
Grant Recipient	Grant Recipient
Dr Mihir Gandhi Singapore Clinical Research Institute	Dr Lim Li Min National University Hospital
Amount	Amount
\$68,850	\$200,000

EXTERNAL COLLABORATIONS

Saw Swee Hock School of Public Health – National University of Singapore (NUS)

Research Title: Exploring Social Capital and Social Networks for Breast Cancer Screening

In collaboration with the research team from Saw Swee Hock School of Public Health, NUS, this study aimed to provide a comprehensive view of multiple level influences, for example social-environmental factors, on breast cancer screening in the local context.

COMPLETION OF SCS-FUNDED RESEARCH IN 2021

The Society congratulates the following research teams on their successful project completion in 2021:

Principal Investigator

DR LOH WEI-JEN KILEY
Consultant, Division of Medical Oncology
National Cancer Centre Singapore (NCCS)

Research Title

Regional Cryotherapy in Preventing Paclitaxel Induced Peripheral Neuropathy in Patients with Early and Locally Advanced Breast Cancer: Long Term Follow up During Survivorship

Research Period

1 February 2019 to 31 January 2020, extended to 31 January 2021

Publication(s)

Ng DQ, Tan CJ, Soh BC, et al., (2020). Impact of cryotherapy on sensory, motor, and autonomic neuropathy in breast cancer patients receiving Paclitaxel: A randomized, controlled trial. *Front Neurol. 11:604688*. doi:10.3389/fneur.2020.604688

Presentation(s)

2020 American College of Clinical Pharmacy Annual Meeting

Principal Investigator

A/PROF TAI BEE CHOO
Associate Professor, Saw Swee Hock School of Public Health, National University of Singapore

Research Title

Improving medication adherence with adjuvant aromatase inhibitor in women with breast cancer: a randomised controlled trial to evaluate the effect of short message service (SMS) reminder

Research Period

1 February 2015 to 31 January 2017, extended to 31 December 2020 (Final Report received in March 2021)

Publication(s)

- He Y, Tan EH, Wong ALA, et al., (2018). Improving medication adherence with adjuvant aromatase inhibitor in women with breast cancer: Study protocol of a randomised controlled trial to evaluate the effect of short message service (SMS) reminder. *BMC Cancer. 18(1), 727*. doi:10.1186/s12885-018-4660-7.
- Tan EH, Wong ALA, Tan CC, et al., (2020). Improving medication adherence with adjuvant aromatase inhibitor in women with breast cancer: A randomised controlled trial to evaluate the effect of short message service (SMS) reminder. *Breast. 53, 77-84*. doi:10.1016/j.breast.2020.06.012.
- Tan EH, Wong ALA, Tan CC, et al., (2021). Beliefs about medicines and adherence in women with breast cancer on adjuvant endocrine therapy. *Journal of Health Psychology. 27(5), 1111-1124*. doi:10.1177/1359105321990776.
- Tan EH, Wong ALA, Tan CC, et al., (2021) Facilitators and barriers to medication adherence with adjuvant endocrine therapy in women with breast cancer: A structural equation modelling approach. *Breast Cancer Res Treat. 188(3), 779-788*. doi:10.1007/s10549-021-06204-9.

Presentation(s)

- National University Cancer Institute Singapore (NCIS) Centre Grant Meeting 2016
- 3rd NCIS Annual Research Meeting 2016
- 2nd Singapore International Public Health Conference 2016
- NCIS 3rd mini symposium 2017
- 4th NCIS Annual Research Meeting 2017
- 6th NCIS Annual Research Meeting, 2019
- NCAM 2020 Digital Meeting (Best Poster Prize)

MOVEMBER IRONMAN



The Movember Foundation is the only charity tackling men's health on a global scale. It aims to address some of the biggest health issues faced by men – prostate cancer, testicular cancer, mental health and suicide prevention. SCS has partnered Movember on various survivorship projects since 2012 and is currently facilitating the IRONMAN (International Registry for Men with Advanced Prostate Cancer), a global research study with various hospitals in Singapore and Movember. Through the collection of detailed clinical, epidemiological, and biological information about patients recruited across the world, it allows the studying and identifying of optimal treatment patterns and strategies for men with the disease.

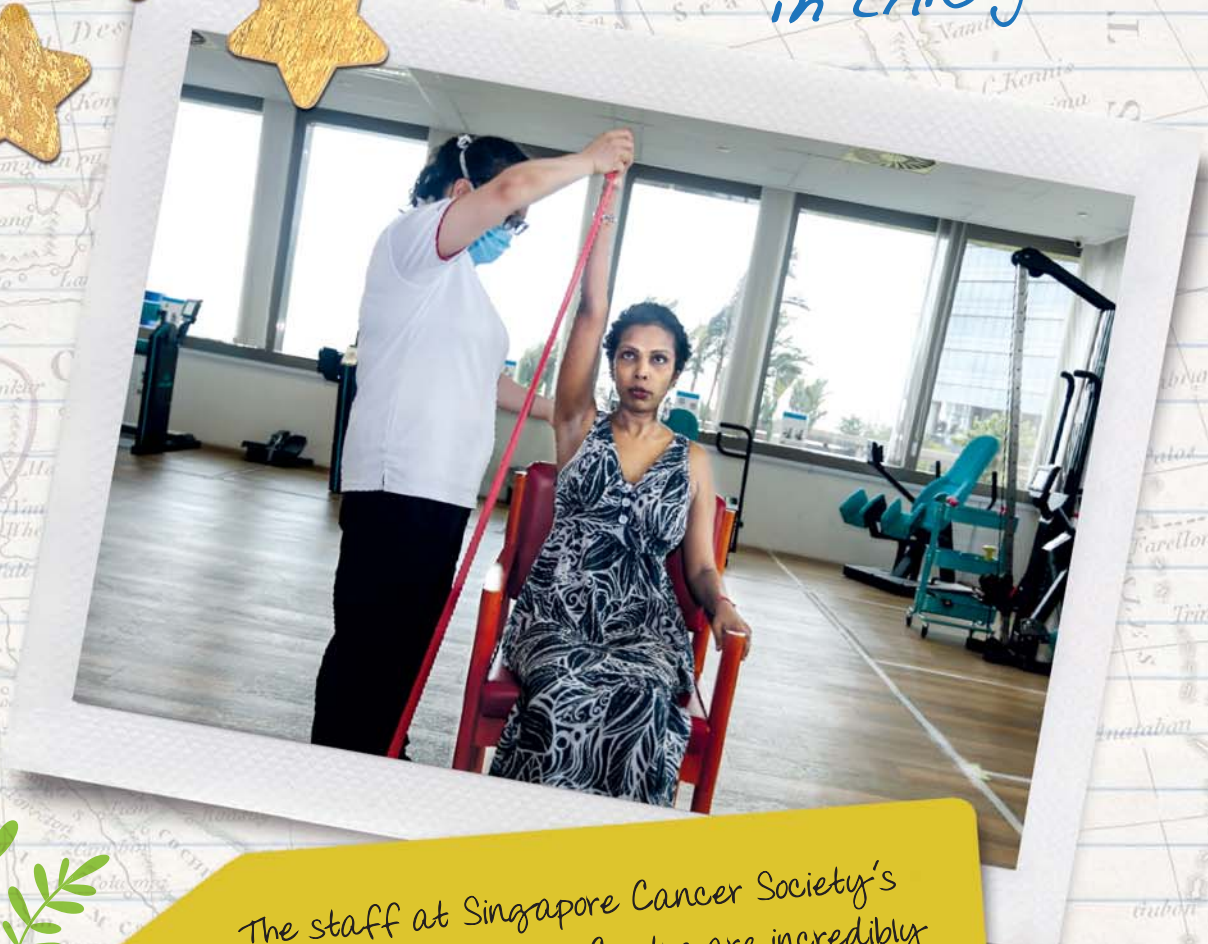
Our journey...
**Forging forward
together**



Cancer is a disease that impacts more than just the individual. SCS strives to provide holistic care and support to help patients, caregivers, and family members cope in their cancer journey. We are tapping on all our resources to expand our impact during this difficult time.



*We are not alone
in this journey.*

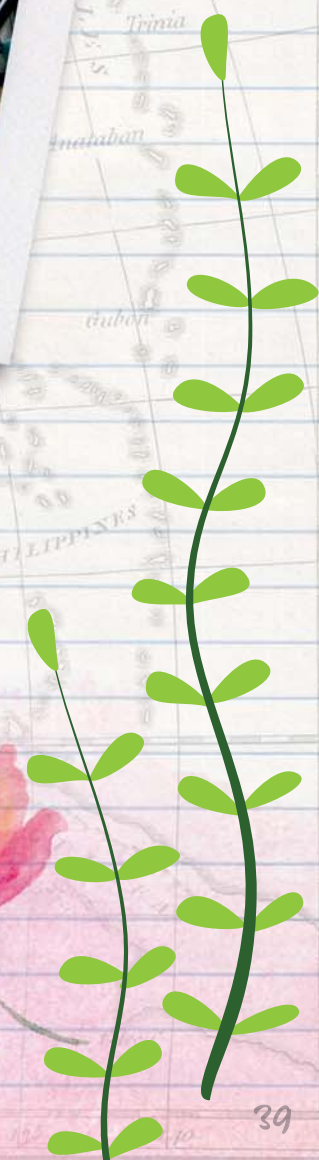


The staff at Singapore Cancer Society's Cancer Rehabilitation Centre are incredibly caring and helpful. They've been there for me every step of the way in my recovery journey. With their help, I've regained most of my strength. They're like family now.

Thailamei, 47
Breast Cancer Survivor

**Thank
You**

*for giving us
hope!*



Cancer Support Services

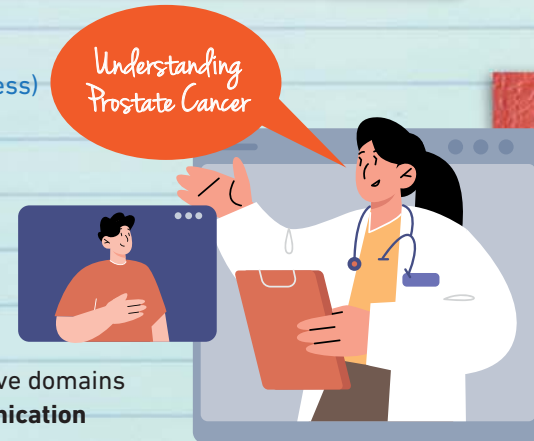
SCS strives to empower its teams with new skills each year. Our aim is to increasingly enhance capabilities and manage beneficiaries' growing needs in a more effective way. Since the restrictions on group gatherings continued throughout 2021, we came up with new ways of offering support to our beneficiaries, since they are more vulnerable to complications from Covid-19.

Prostate Cancer Digital Educational Videos

(Pilot Project using Patient & Family Partnership Programme (PFPP) process)

Over a period of 7 months, SCS' multi-stakeholder's workgroup comprising doctors from four hospitals (Changi General Hospital, National Cancer Centre Singapore & Singapore General Hospital and Tan Tock Seng Hospital), two prostate cancer patients and one representative from project sponsor, AstraZeneca, completed three educational videos on prostate cancer. The stakeholders were very satisfied with the outcome of this first attempt at using the PFPP initial protocol and process for the development of the videos, evaluating it at 98% – the average across the five domains of (a) **Shared Purpose**, (b) **Respect**, (c) **Roles & Responsibility**, (d) **Communication Transparency & Documentation** and (e) **Meaning & Fulfilment**.




The educational videos provided an overview of understanding prostate cancer, treatment options and side effects, and also the psychosocial impact and support available. These videos will be disseminated to new prostate cancer support group members as we look at integrating digital education resources with the support group element.



Support Group

SCS aligned our support group meeting format with the prevailing social distancing measures and the nation's direction towards living with COVID-19.


A total of 58 support group programmes were curated and facilitated, with a total attendance of 1,572. We also held a virtual year-end celebration with a series of workshops and an annual get together on 4 December, involving 90 cancer survivors.

-  **38** online support group programmes
-  **Total attendance 1,572**
-  **With 90** cancer survivors

Psychosocial Services

Social workers, counsellors and therapists help patients cope with the fear and strong emotions that may result from diagnosis and treatment by bridging patients, caregivers and family members to pertinent information, financial resources and therapeutic groups. Social workers and counsellors provided tele-counselling for those with issues arising from the impact of cancer.



-  **2,187** counselling sessions
-  **Overall satisfaction score at 93%**

Casework & Counselling

This year, SCS' social workers provided 2,187 counselling sessions online and in person. Overall satisfaction score stands at 93% (n=126), with 3 out of 4 providing positive feedback about emotional support rendered by our staff.

L.I.G.H.T. Groupwork (Groupwork for Advanced Cancer)


19 March - 23 April 2021 (3rd Run)

Patients with advanced, incurable cancer have been identified through research studies to have moderate to high levels of need for help within the emotional and psychological domain. They often have issues coping with fears and frustration at not being able to perform former activities, and dealing with concerns over their family's worries. The key purpose of the L.I.G.H.T. Advanced Cancer group work is to encourage patients with advanced cancers to live well despite their diagnoses and prognoses.

"I found the sharing helpful and I have a deep appreciation for each group member celebrating life because we are not alone..."

"The trainers are well prepared and competent... I realised that I am not in such a bad situation after all... I am more conscious of being calm..."



 **This Is My Song**
(Programme collaboration with The Esplanade Co Ltd, supported by President Challenge) March – May 2021

"This is My Song" is a music and storytelling programme designed for communities facing challenges associated with life-limiting illnesses. Their stories were captured in an audio-visual recording that was given to them and their loved ones as mementos.

Developed together with applied theatre practitioner Peggy Ferroa, "This is My Song" was introduced to support group members from the Singapore Cancer Society. In this collaboration, they created a drama based on songs special to them.

At the end of the programme, an online private showcase was held for friends and family of the 5 participants involved. A total of 47 people attended the invite-only event.

A Self-Report Health Outcome test and a prototype scale (not yet validated) based on Energy Restoration Framework were administered to participants pre- and post-programme. Preliminarily, it was observed that participants seemed to have improvements on Self-Report Health Outcome across the following fields of Physical Pain, Fatigue and Sleep Disturbance. More than half the participants also reported improvements in domains measured under the Energy Restoration Framework.



A total of eight participants signed up for this year's group work. During the five weekly sessions, participants learnt to increase acceptance of their illness and cancer-related changes, better take care of their emotions and themselves, practice self-compassion, discover ways of finding hope despite their circumstances, and affirm one another in their cancer journeys. They had fun engaging in their mindfulness practices, therapeutic use of art and crafts, and other experiential activities.



"I am more light-hearted, after sharing with and meeting others who are also going through this journey... after the sharing, I am more open and accepting of my cancer..."



58 referrals

Match 28 cancer survivors

Patient Ambassador Programme

This is a peer support programme that matches cancer survivors with newly diagnosed cancer patients for up to 6 months. SCS received a total of 58 referrals and managed to match 28 cancer survivors successfully with a Patient Ambassador for individual support.

B.E.A.C.O.N Project (Befriend, Educate, Advocate – Cancer Outreach Network)

B.E.A.C.O.N. Project is a pilot initiative providing basic training in befriending, educating and advocating through a pre-existing personal network. The programme hopes to raise cancer awareness, impart basic cancer knowledge, and to enable better communication with people suffering from cancer to the public.

SCS trained 279 people, who pledged to support at least 582 people with cancer through their informal network.



Art Therapy Programme

Art Therapy uses art and other creative methods for therapeutic purposes. This serves as an alternative means of intervention (other than traditional counselling approach) to help cancer patients work through the psycho-emotional impact of cancer. For 2021, we conducted 116 group art therapy sessions and supported 15 members this year. In addition, we also provided 13 individual home-based art therapy sessions to support patients.



116 group art therapy sessions



Supported 15 members



13 home-based art therapy sessions



Improvement on their perceived workability: 79% (15 out of 19)



Improvement on readiness to work: 56.5% (13 out of 23)

SCS Return-to-Work Programme

This is a specialised cancer rehabilitation programme for eligible cancer survivors to return to normalcy of life through gainful employment and to remain vocationally productive in the community workplace. In 2021, SCS supported 40 cancer survivors, with 80% of them being able to sustain or return to work for at least 3 months.

Despite the challenges, the programme has achieved 88% in terms of satisfaction, though the cancer trajectory is always uncertain and will often seek to derail one's pursuit for reemployment.

SCS Cancer Rehabilitation Services



SCS Cancer Rehabilitation Centre (CRC) provides integrated care to address the needs of cancer patients, survivors, and caregivers. This community-based rehabilitation centre largely serves non-acute cases before, during, or after their cancer treatment. The rehabilitation team comprises a Rehabilitation Physician, Physiotherapist, Occupational Therapist, Speech Therapist, Sexologist and Dietitian working with patients and caregivers to determine rehabilitation goals and craft personalised programmes. As we acclimatise to the endemic, SCS ensures that beneficiaries from SCS CRC continue to receive the much-needed help throughout the entire cancer continuum.

Adopting Innovative Rehabilitation Strategies Amidst the Endemic

The endemic situation accelerated the adoption of innovative rehabilitation strategies to meet patients' needs in a safer and more convenient environment.

SCS CRC gave cancer rehabilitation related educational talks to the public and other healthcare professionals virtually in 2021. These talks covered topics like **'Managing Fatigue'**, addressed to the Tan Tock Seng Hospital Lymphoma Support Group, **'Importance of Exercises'**, for SCS Bishana Ladies Support Group, and **'We have Got Your Back'**, on lower back pain management for the SCS Reach to Recovery Support Group.

A Duke NUS-Lien Centre 3-day palliative care workshop was designed for allied health professionals to equip them with the competency skills and confidence in working with patients facing serious life limiting illness. SCS' occupational therapist facilitated one of the workshops on occupational therapy interventions in palliative care.

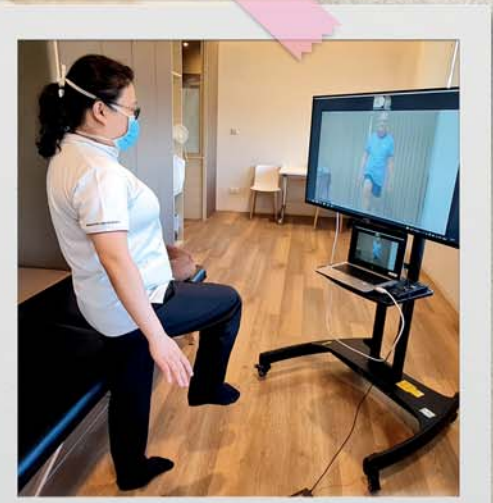
Furthering Tele-Rehabilitation

Tele-rehabilitation aims to increase cancer patient reach and accessibility while decreasing the need for physical space. SCS hopes to save cost through the reduction of travel related expenses while promoting long term ownership of a healthy lifestyle. Tele-rehabilitation aims to reduce the burden of cancer treatment side effects and maximise independence of patients so as to improve their quality of life.

In 2021, SCS CRC partnered XCLR8 to pilot Rebee, a tele-rehabilitation solution incorporating wearables sensor technology with traditional in-person care delivery for cancer survivors with shoulder pain (a commonly diagnosed cancer related impairment). These wearables allow cancer survivors to continue their shoulder rehabilitation services remotely. Rebee is useful for cancer patients currently undergoing cancer treatments and those who have concerns commuting outdoors to receive their rehabilitation. Rebee allows them to work on their rehabilitation exercises in the comfort of their own home.

"The sensor is easy to wear and use with the app installed in my phone. I am now able to perform exercises at my own convenience."

Mdm Norliah
Pancreatic Cancer Survivor



'Core Essentials' exercise programme

Through Rebee, clinicians can modify exercises remotely by viewing the graphical analysis without having to meet patients face to face in clinics. Thereafter, patients can perform their new set of exercises at their convenience.

SCS CRC also embarked on a new partnership with ConvacTec Singapore to pilot their 'Core Essentials' exercise programme for cancer patients with lower quadrant cancer such as colorectal, gynaecological, prostate cancers, where abdominal muscles are essentially weak after the surgical removal of cancerous tissues near pelvic region. This is to prevent lower back pain and parostoma hernia, especially in colorectal cancer survivors where permanent stoma bags are created.

After the initial visit, a virtual session with a physiotherapist is scheduled. This is followed by a home rehabilitation package for patients suitable for this programme.



HIGHLIGHTS & ACHIEVEMENTS

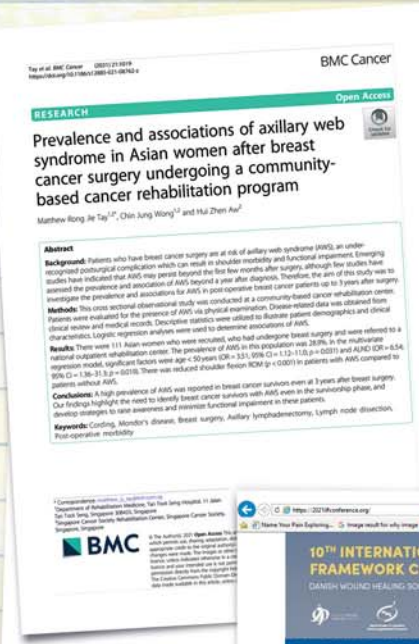
SCS focused on the development and implementation of key areas in oncology rehabilitation programmes. The Lymphedema Education workshop was moved online and greater advocacy work, such as research publication, inviting speakers to various conferences, and housing clinical practice education for final year occupational therapists and physiotherapists with an objective to improve public and healthcare professionals' awareness toward cancer rehabilitation began.



Research Paper Published

An in-house research paper titled 'Prevalence and associations of axillary web syndrome in Asian women after breast cancer surgery undergoing a community-based cancer rehabilitation program' (Matthew Tay, Wong & Aw, 2021) was published in the BMC Cancer medical journal. The paper concluded on the need for community cancer rehabilitation for breast cancer survivors, especially after breast cancer surgery. As breast cancer is the top female cancer diagnosed in Singapore, community cancer rehabilitation is especially important. Therapeutic exercise and manual therapy can reduce morbidity and prevent the issue of axillary web syndrome in patients.

This study was also presented at the International Lymphedema Framework 2021 Conference.



Piloting New Initiatives

To ensure continuity of validating the effectiveness of cancer rehabilitation programmes throughout the entire cancer continuum and eventually contributing to the basis of future recommendations of rehabilitation practice in Singapore, SCS CRC sought and received approval for the following papers from the Agency of Integrated Care Institutional Review Board (AIC-IRB) to pilot several initiatives. These papers include:

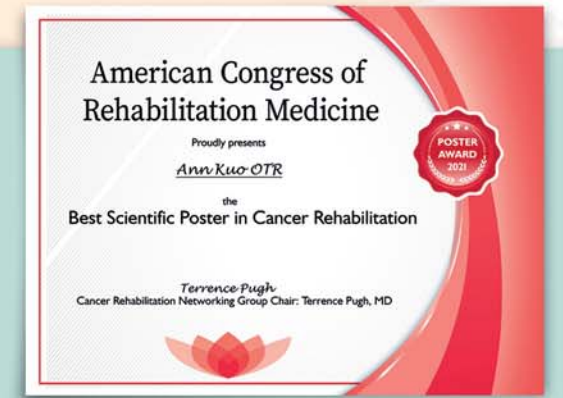
- I Factors associated with return to work in cancer survivors: A retrospective study
- II Functional outcomes in cancer survivors undergoing outpatient rehabilitation: A retrospective study
- III Knowledge, attitudes, beliefs of Asian cancer survivors towards an exercise-based rehabilitation program in a community setting



Best Scientific Poster International Awards Under ACRM (American Congress of Rehabilitation Medicine)

Cancer-related fatigue (CRF) is a common problem in cancer patients, which includes those undergoing active cancer treatment and cancer survivors who have completed treatment. CRF profoundly affects the quality of life of patients and their families in terms of physical, psychosocial and economic/occupational aspects. SCS submitted a paper indicating that fatigue is routinely identified by patients undergoing cancer rehabilitation. CRF is one of the most distressing symptoms affecting enjoyment of life, mood and relationship with others. SCS proposed treating fatigue as a physical symptom through assessment and intervention. The assessment and intervention should improve the well-being of cancer survivors, especially those who are distressed.

SCS was awarded the best international scientific poster at the same event.



Nurturing Next Generation Therapists

Our SCS CRC accredited supervisor housed a group of final year students from Singapore Institute of Technology (SIT) physiotherapy and occupational therapy for clinical placement. Through a series of clinical practice education at SCS Cancer Rehabilitation Centre over over five to seven weeks, the programme provided clinical experiences and opportunities in developing clinical skills, decision making and experience among students in performing key activities like assessing, developing a treatment plan, treating and managing continuity of care of patients.



SIT gradwands

NUMBER OF PATIENTS

Cancer Rehabilitation Services	2021	2020
New Referrals Enrolled	131	100
Patients Enrolled in Active Rehabilitation Programmes	436	330
Patients Enrolled in Maintenance Rehabilitation Programmes	28	5
Patients Served for Lymphedema	76	31

Welfare Services

SCS provides a range of welfare and financial assistance to support Singaporeans and Permanent Residents from low- and middle-income families of cancer patients. Through the provision of milk, diapers, medical dressing, stoma bags and other medical equipment, such welfare and financial assistance help alleviate the cost of treatment and financial burden of cancer patients, hence improving their quality of life.

In this COVID-19 situation, the well-being of cancer patients in the community have been significantly impacted. It is especially difficult for cancer patients from the low- and middle-income families to make ends meet, amid job losses and business closures, while physically and psychologically dealing with the demands of cancer treatment.

More than \$3.053m in aid was disbursed through the following funds:



SCS Cancer Treatment Fund

The SCS Cancer Treatment Fund was established in 2005 to provide cancer treatment subsidies to patients experiencing financial difficulties. Patients are referred by their doctors or medical social workers from various restructured hospitals.

Since its inception in 2005, \$19.787m in aid was disbursed, and 5,819 patients have been assisted.

By partnering key players in the pharmaceutical industry, SCS has been able to give patients access to these critical medicines through the following Patient Access Programme (PAP):

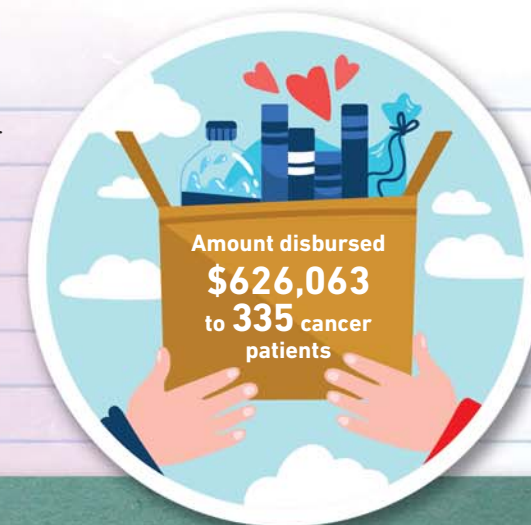
- SCS-Takeda PAP on Brentuximab
- SCS-Merck PAP on Cetuximab
- SCS-MSD Enhanced PAP on Keytruda (Pembrolizumab) 200mg per treatment
- SCS-Roche PAP on Perjeta+Herceptin, Kadcylla, Tecentriq, Tecentriq+Avastin, and Alecensa
- SCS-AstraZeneca PAP enrolment on Calquence (Acalabrutinib) in Singapore General Hospital



Amount disbursed
\$1,062,420
to **293**
cancer patients

SCS Welfare Aid Fund

The SCS Welfare Aid Fund was established in 1964 to provide cancer patients and their families with temporary financial aid and sustenance during and after treatment to mitigate the financial strain which may arise from loss of employment, loss of income, and hefty treatment costs. This fund was later extended to include provisions such as milk, diapers, medical supplies, stoma bags and other medical equipment to patients. Welfare aid funding is accessed through medical social workers and healthcare professionals at various hospitals, hospices, and social service agencies.



SCS Cancer Care Fund

The SCS Cancer Care Fund is a one-time financial assistance scheme that aims to provide for the immediate needs of patients from low and middle-income families within the first six months of diagnosis.

Amount disbursed
\$1,114,000
to **1,261** cancer patients

SCS Home-Hospital Transportation Scheme

Travelling to and from the hospital for treatment can be daunting for many cancer patients, especially those from low-income families who may not be able to afford the cost of transport.

SCS provides home-hospital transportation to and from all restructured hospitals for patients from low-income families, who have medical appointments or radiotherapy/chemotherapy sessions, to ease their financial burden.

SCS provides hospital transportation via private ambulances to beneficiaries who are wheelchair-bound or have mobility difficulties. With the support of a sponsor, SCS was able to purchase a new van with a hydraulic system to ferry beneficiaries with ease.



251 patients
3,966 passenger trips



"I was diagnosed with sarcoma and must go to Singapore General Hospital for radiotherapy 5 times a week, for a total of 33 sessions. With SCS supporting patients like me with transportation to and from the hospital, we are able to save a lot of time and money."

Mr Mohamed Bin Hamid
SCS Home-Hospital Transportation Beneficiary



SUPPORTING CHILDREN AND YOUTH

Children and youths with family members impacted by cancer may feel lost or helpless coping with the situation at home. Their emotional health and studies may be affected as well. An array of services such as tuition, achievement awards, school allowance, youth engagement and family activities are provided to ensure that these children and youths are supported through one of the most challenging periods of their lives. This holistic approach by SCS aims to strengthen their resolve to cope with the situation and focus on their priorities such as studies.

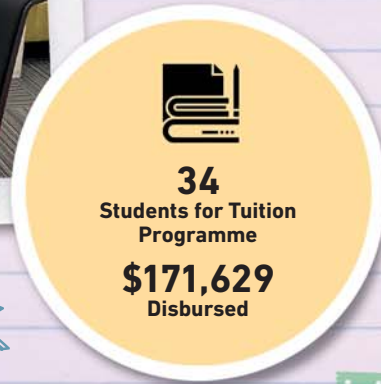


SCS Home Tuition Programme

One of the main concerns of parents diagnosed with cancer is the impact of their illness on their children and their performance in school. To address these concerns, SCS recruits qualified tutors to provide free one-to-one home tuition service.

The programme is for financially challenged children/youths who are academically weak and have either a family member or are cancer-stricken themselves. The programme aims to provide a pillar of support for their academic pursuits and emotional well-being, help improve their confidence and self-esteem, as well as alleviate the concerns and worries of their family members.

One of the tuition programme students, Muhammad Firdaus Bin Repin, received a free laptop.

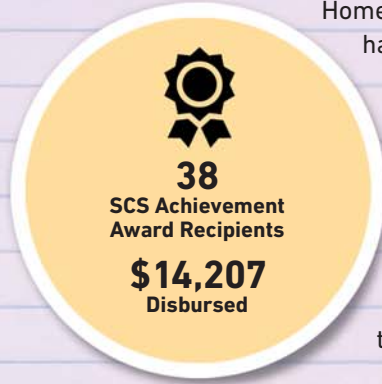


SCS Help the Children & Youth Programme

Since 2009, SCS has set up various programmes under the SCS Help the Children and Youth Programme (HCYP) with support from SingTel annual pledge of \$250,000. These programmes engage children and youths, improving their lives under the guidance of tutors who act as a point of contact to provide timely feedback to parents and/or SCS caseworkers regarding the student and their family development as well as other concerns that may require intervention.

SCS Achievement Awards

The SCS Achievement Award serves to give recognition to students from the SCS Tuition Programme who have done well or made improvements in their studies despite the impact of cancer on their family. This initiative aims to motivate them and other students in the SCS HCYP Home Tuition Programme to continue to work hard to pursue excellence in education.

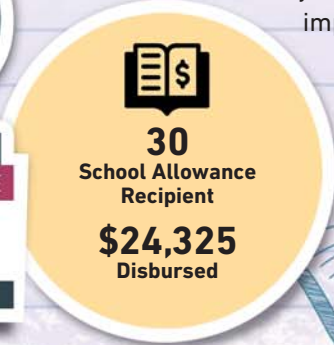


Student Ng Wen Xiang benefitted greatly from the SCS Home Tuition Programme and SCS Education Financial Assistance Scheme. He has been receiving the achievement awards since 2017. Wen Xiang graduated from SCS Home Tuition Programme and was admitted to Raffles Junior College.



SCS Education Financial Assistance Scheme

Children and youths are impacted in many ways when their loved ones have cancer. Some may face difficulties coping with their studies while caring for their loved ones. SCS provides school allowance grants and bursaries to alleviate the financial burden of school-going children and youths whose families are impacted by cancer.



SCS Hospice Care Services

Supporting Cancer Patients at the End of Their Journey

The end of a cancer patient's journey is often painful, daunting, and never easy. With hearts filled with care and compassion, the SCS Hospice Care Services team stands ready to journey with patients and their families in their final chapter. The team counts on experienced and dedicated nurses, doctors, social workers, counsellors, physiotherapists, and occupational therapists, ready to provide holistic relief and quality-of-life care to terminal stage cancer patients who have chosen to remain at home with their loved ones in the final stages of their lives.



Throughout 2021, COVID-19 continued to cause disruptions and stretch our local healthcare resources. SCS Hospice Care Services was not spared, and our operations had to keep pace with changing COVID-related regulations and restrictions, while providing a high standard of holistic support to our terminally ill cancer patients.

With the intention of futureproofing against physical distancing measures, SCS embarked on a few major initiatives:

- 1 Integrating clinical processes and documentation with real-time use of the Microsoft 365 system that has already been adopted organisation-wide. The first phase has been completed as of June 2021, with further changes to be made in line with the wider organisation over the next few years.
- 2 Digitalising patient and caregiver resources and streamlining processes so that soft copies are the default provided to patients and caregivers, with hard copies as an alternative.
- 3 Encouraging the use of tele-consultations as an alternative to physical home visits, especially for clinically-stable patients.

SCS also maintained important elements of hospice services, such as continuing home visits to ill patients, 24/7 phone support, ad-hoc caregiver training as needed, and the loan of essential home equipment such as wheelchairs, oxygen concentrators, and used hospital beds.

CAREGIVER STORIES AND AWARDS

Two of SCS' caregivers were winners of the Healthcare Caregiver Awards. These caregivers showed incredible resilience in facing challenges to care for their loved ones as they partnered with the SCS Hospice Care Services multi-disciplinary team so their loved ones could have their preferred dignified end-of-life.

Furthermore, two patients also shared how their lives have and continue to make a difference to others and their loved ones through their legacy stories. Such stories are among a collection of works that SCS has supported throughout the year.

Statistics of SCS Hospice Care

- Total New Referral of Patients **451**
- Total Patients Death at Home **196**
- Number of Patients Served **584**

CAREGIVER AWARDS



Winner of Singapore Patient Caregiver Award at the Singapore Patient Conference and Singapore Patient Action Awards 2021 organised by TTSH

MDM. SHARON PUNG

As the couple did not have children, Mdm Pung was the sole caregiver of her dying husband with renal cell carcinoma. Facing her own fears, anxiety, and having survived brain surgery, Mdm Pung encapsulated the meaning of resilience and courage as she persevered through her husband's cancer journey. Previously dependent on her husband for all matters, big or small, Mdm Pung grew from an anxious housewife to a brave caregiver who managed the care of her husband until the end.



Winner of Singapore Health Inspirational Caregiver & Partner-In-Care Award 2021

HASLINA

For many months, Haslina concurrently looked after two patients with terminal cancer at home. Throughout that time, she demonstrated courage, tenacity, and strength. Both her willingness and ability to use her nursing skills to co-operate with the SCS Hospice Care Services team, and her determination to honour her family members' wishes to be cared for at home till the end were extremely admirable.



Haslina (left) and her mother

"I did the best I could to look after my late father and paternal grandmother, and I have no regrets. I had been by their side up to our last goodbyes."

PATIENTS' LEGACY WORK



Mdm Siti (not real name) was a young cancer patient who received news of the termination of treatments. She experienced anger and despair as her vision of being a present mother to her daughter and her dream of career advancement were gone in an instant. Despite the tragic news, Mdm Siti was able to make meaning of her condition through Narrative Therapy, turning her story into one of strength and leaving a legacy book behind for her family members. The legacy book helped her family in their grieving and allowed them to reconnect with her.

工作经验与态度



Mr Ong had a lifelong wish to write a book, to document his values and life experiences for his children and grandchildren. In the process of developing the legacy book, Mr Ong came to terms with and accepted his cancer, which created a platform for him to arrange for a family meeting to talk about his concerns with his loved ones. When Mr Ong received his books, he was touched and in disbelief that his lifelong wish was fulfilled. Beyond distributing them to his family, he also wished to share his books publicly.

Our journey...

Towards a better future



'My father was diagnosed with nasopharyngeal cancer 20 years ago, which then led to a side effect of taking his daily liquid nutrition by a nasogastric tube. I'm grateful to SCS for all the support that has helped open doors to opportunities, for me, and my family.'

Mr Ng Choon Teck & son Ng Wei Xiang
Nasopharyngeal cancer survivor

Cancer can be an arduous journey for many patients and no one should ever fight cancer alone. SCS has been able to positively impact the lives of countless beneficiaries in their fight against cancer, with the generous support of partner organisations, donors, and volunteers.

gratitude
HELP AND SUPPORT

Community Engagement

Community support is extremely crucial in the collective fight against cancer. Despite the challenges faced by the business community amidst the pandemic, many partners came forward to support SCS' mission. We are thankful for the donors and volunteers who walked with us to improve the lives of the cancer community.



- 800**
Volunteers' Hours
- \$1,606,413**
Amount Raised
- 4,200**
Participants

Singapore Cancer Society-TalkMed Relay For Life 2021

Singapore Cancer Society - TalkMed Relay For Life (RFL) 2021 saw 4,200 individuals coming together to raise awareness of cancer and funds for SCS' programmes and services. The event ran from 20-28 March.

Apart from the usual 100km Challenge, which signifies the long and arduous battle that cancer patients face, RFL 2021 introduced a new My Fight Back Challenge. In this event, participants chose their own challenges that promoted good health, body and/or mind to show their support. Numerous My Fight Back Challenge participants showed their support through painting, dancing, dragon boating, sharing healthy recipes, and various sporting activities.

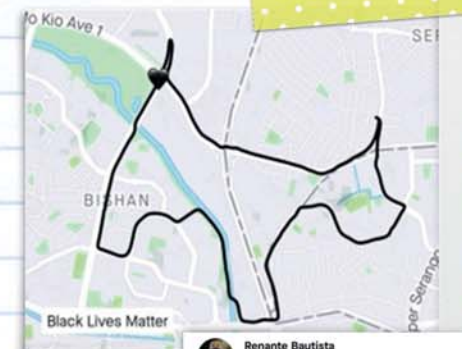


VICTORIA CHENG

Singtel-Singapore Cancer Society Race Against Cancer 2021

The 13th Singtel-Singapore Cancer Society Race Against Cancer (RAC) was held virtually from 18-26 September due to COVID-19's safe distancing measures. With over 4,000 participants, RAC covered a total of 89,185km over 9 days and raised \$1,529,146 to support SCS' programmes and services.

The RAC launch was hosted by Charity Ambassador Victoria Cheng and joined by celebrity influencers, namely Aaron Mossadeg, Munah Bagharib, Ed Unloaded, Bridget Fernandez, Gayathri Segaran, Narain aka Brownie Boy, Eddy Chua, and Laura Kee. Together, they launched the event from various locations.



Renante Bautista
September 19, 2021 at 6:11 PM - Southwest

Evening Run

Distance	21.35 km	Avg Pace	5:37 /km
Moving Time	1:59:48	Elevation Gain	117 m
Calories	1,280 Cal	Max Elevation	44 m



Participants were able to run anywhere in Singapore by using a GPS-enabled app to track their efforts, covering distances of 5km, 10km, 21km, or 42km. This was the second time participants were able to challenge themselves with half or full marathon options for RAC.

Participants also got a chance to win prizes for novelty categories like the Most Creative Route, Best Dressed, Loyal RAC Participant, and Best Fundraiser(s). Additionally, the first 100 participants who achieved over 100km became the first ever winners of the 100 for 100 novelty contest. Many partners also stepped forward, providing more than \$25,000 of prizes to be won.



THANK YOU

MR MASAGOS ZULKIFLI BIN MASAGOS MOHAMAD
 Minister for Social and Family Development,
 Second Minister for Health &
 Minister-in-charge of Muslim Affairs



Mr Masagos Zulkifli bin Masagos Mohamad, Minister for Social and Family Development and Second Minister for Health and Minister-in-charge of Muslim Affairs, delivered the closing address as the Guest of Honour during the virtual closing event that took place on 31 October 2021.



In the closing video, Ms Aileen Tan, Chairman of the Singtel Touching Lives Fund, Group Chief People and Sustainability Officer of Singtel, also shared a message from the title sponsors – Singtel. She was joined by the top fundraisers of RAC to thank all supporters and donors for their generous contributions in the fight against cancer.



Ms Aileen Tan
 Chairman of the Singtel Touching Lives Fund and
 Group Chief People and Sustainability Officer of Singtel



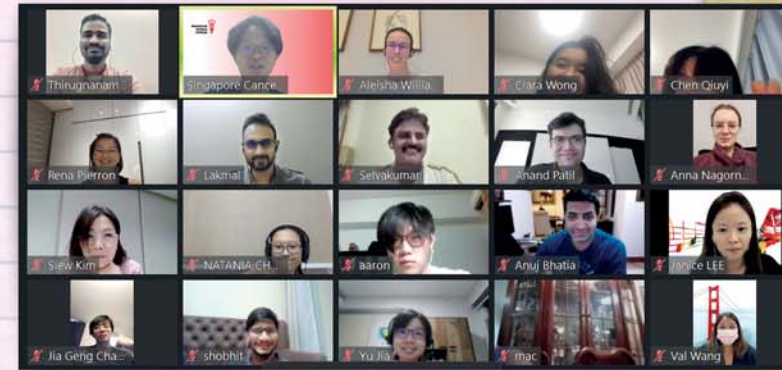
The Giving Spirit of SCS Volunteers

Volunteers are an indispensable part of SCS. Besides giving their time and talents to help minimise the impact of cancer in Singapore, they also participate in a range of activities that address real needs at every stage of the cancer journey. SCS strives to engage volunteers and coordinates efforts to provide more meaningful services to the cancer community.

To welcome new volunteers, monthly induction sessions are conducted to kickstart their SCS volunteering journeys. This year, 336 volunteers joined the sessions to learn about our various services and programmes.

In 2021, individual volunteers clocked 1,911 hours, while school and corporate volunteers clocked 3,595 and 460 hours respectively.

To appreciate the volunteers' hard work, SCS partnered with a local brand, Melvados Pte Ltd, to reward them. Tying in with SG Cares Giving Week and International Volunteer Day, the volunteers redeemed special treats from Melvados outlets from 1-7 December.

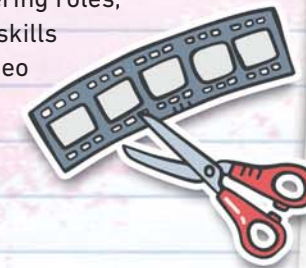


Individual Volunteers Clocked	School Volunteers Clocked	Corporate Volunteers Clocked
1,911 hrs	3,595 hrs	460 hrs

Embracing the Digital Age of Volunteering

As the pandemic drags on, most physical volunteering programmes such as Sweet Home Project, Knit of Love and Crochet of Love, as well as being Event Supporters for SCS' flagship events, were not possible.

SCS expanded its digital volunteering roles, where volunteers provided their skills to support the society through video editing, graphic designing, and content writing.



Volunteer Chen Qinyi took up the challenge of video editing and adding subtitles for the Race Against Cancer and Relay for Life shoutout videos.



Corporate Volunteering

This year, Temasek T-touch staff conducted two sessions of the Ready-Set-Code programme for the children of SCS beneficiaries. Part of the Tech for Good initiative, the programme taught children to code, programme, and create their own games.

Through equipping the children with useful IT skills, the programme aimed to provide children keen on learning coding with an enrichment activity during the school holidays. It also allowed volunteers to interact with and mentor the youths, thus imparting useful skills. Despite the challenging situations these children face at home, the volunteers hoped that they will remember that life can still be full of hope and their futures are bright.



Providing Festive Cheer for SCS Beneficiaries

Despite the uncertainty of COVID-19, many corporate and individual volunteers, as well as SCS staff, stepped forward to provide relief and bring festive cheer to our low-income cancer patients.

One of SCS' key volunteer programmes, SCS Festive Cheer with a Heart, aims to enable volunteers to befriend and start conversations with our beneficiaries. Despite the restrictions hindering the planning and delivery process of the distribution, 8 corporates and 132 volunteers helped to pack and distribute festive packages containing daily food necessities to their beneficiaries' home all around Singapore during the four major festivals (Lunar New Year, Hari Raya, Deepavali and Christmas) this year.

Other than contributing manpower and time, these participating corporates also sponsored the festive packages. We also received an additional \$50 NTUC FairPrice voucher, from Guardant Health Pte Ltd, for each of our 100 beneficiaries during Hari Raya, and hand sanitisers from Alma-A Pte Ltd.



Staff from Guardant Health Pte Ltd with the festive pack for our beneficiaries



Patient receiving a festive pack and checking out the hand sanitiser sponsored by Alma-A Pte Ltd.

After taking part in our Festive Cheer with a Heart Programme for Hari Raya, 30 staff from Illumina Singapore Pte Ltd organised a separate event to celebrate Mid-Autumn Festival. They set out to deliver mooncake giftsets to our beneficiaries. Each set contained mooncakes, mini tea tins, and a collectible tea set purchased from SG Enable initiative i'mable. In addition, the staff created gift cards and penned down good wishes for the beneficiaries.



SCS Charity Ambassadors

The SCS Charity Athletes Programme was started in 2009, when a group of sportsmen and sportswomen decided to dedicate their passion for running to raise cancer awareness. The programme has since expanded to include other sports such as cycling, mountain climbing, and trekking.

In 2018, the programme was extended to provide a platform for talented artists, musicians, singers, and dancers to not only showcase their talents, but also raise funds for SCS at the same time. In 2021, SCS Charity Athletes and Ambassadors rallied their friends, families, and fans while participating in the activities they are passionate about to raise more than \$58,000 for SCS.

Cloey Wong raised	Neha Gupta raised	Wong Lay Hoon raised
\$1,200	\$1,600	\$14,270



SCS Charity Golf 2021 – Chip In For Cancer

Over \$400,000 was raised through SCS Charity Golf 2021 - Chip in for Cancer that took place on 3 November 2021 at Tanah Merah Country Club.

The event saw an attendance of 152 golfers across 38 flights and gathered over 50 donors and sponsors chipping in for the fight against cancer.

The funds raised was channeled to support programmes and services by the Society.



November 2021

This annual campaign by SCS and the Movember Foundation helped raise awareness of men's health. It focused on four areas, namely prostate cancer, testicular cancer, mental health, and suicide prevention. The campaign was launched on 1 November, and its theme was "Whatever You Grow Will Save a Bro".

Worldwide, prostate cancer is the second most common cancer among men. In Singapore, it is the *2nd most diagnosed cancer for men. Funds raised by the Singapore leg of Movember 2021 were channeled to the SCS Prostate Cancer Survivorship Programme. In the period from October to December, more than \$284,000 was raised.

*Source: Singapore Cancer Registry Annual Report 2018: Singapore Cancer Registry 50th Anniversary Monograph 1968-2017



Kumar Christmas Wish 2021

Homegrown comedian, Kumar, celebrated Christmas with SCS on 23 December through a virtual show on Facebook, encouraging viewers to donate during the Season of Giving while highlighting the importance of cancer awareness and screening through his humorous jokes and antics.

He also visited two SCS beneficiaries for the show, learning more about how they were impacted by cancer and gifted them festive packs for the holidays. The Christmas show reached out to a total of 6,100 viewers, raising over \$55,000.

Third Party Fundraising Campaigns

Numerous individuals and corporate fundraisers came forward to support SCS' services and programmes. They used their creativity, resources, passion and time to raise both cancer awareness and funds.

They showed solidarity with SCS' beneficiaries by contributing directly to the SCS Cancer Care Fund, SCS Cancer Treatment Fund, and SCS Welfare Aid Fund. Their efforts made cancer research possible and assisted cancer survivors/needed cancer patients directly. They collectively raised \$105,263.

THE TOP 5 THIRD PARTY FUNDRAISING EVENTS

Organiser	Event Name	Event/Period Date	Event Venue	Amount raised
Performance Sport Science	Everesting for Cancer	10 April 2021	Online campaign	\$12,140
Janus Education Services Pte Ltd	100 Fabulous People Book Project	1 February 2019 – 31 December 2021	Online campaign	\$7,123
YS Kindred Group	Sponsoring a passenger van for SCS via fundraising	March 2021 – September 2022	Online campaign	\$42,000
Norwex Singapore Pte Ltd	Norwex supporting the breast cancer patients	1 October 2021 – 31 October 2021	Online campaign	\$5,000
Edwin Goh	50km round island walk	29 November 2021 – 3 December 2021	Online campaign	\$39,000

SCS Giving Week 2021

A simple act of giving can be a life changer for many impacted by cancer. In conjunction with SG Cares Giving Week 2021, SCS organised a 7-day virtual campaign that invited the public to join us on this journey to reach out to those struck by cancer. Through events and activities, individuals learnt more about our beneficiaries' cancer journeys, how to take the lead to proactively fight cancer and contribute to the battle against cancer in meaningful ways.

FIGHT! CANCER

#StartCancerConquest

Cancer may have left a permanent mark on people's lives, but many fought on with hope. Battled but not beaten, their grit and determination to overcome this disease is an inspiration to us all.

The first day of SCS Giving Week invited individuals to listen to our beneficiaries' heartfelt confessions and encouraged the public impacted by cancer to share their journey with us, so as to inspire others who are still in the fight against cancer.



#StartCancerFreeHabit

Moderate exercise of 300 minutes a week may help to ward off cancer.

For the second day of SCS Giving Week, we encouraged everyone to adopt a healthier lifestyle while ditching unhealthy habits.

This was a Facebook giveaway to encourage people to kick start a cancer free habit by pledging a healthy lifestyle with their loved ones.



#ForCancerFreeHer

On the third day of SCS Giving Week, corporates joined us at the EmpowHER Webinar to find out how their organisation could tap on our EmpowHER programme through a CSR partnership to benefit from SCS funded cancer screening initiatives.



Acknowledgements

#DineInPeace

On the fourth day, we partnered with FinGroup to organise a lunch-time webinar on end-of-life planning and palliative care.

Attendees preordered a lovely 3-course lunch crafted by restaurant owner and award-winning chef, Heman of Moonbow. As part of giving back, 10% of sales proceeds were donated to SCS.



#BeSCSChamp

On 5 December 2021, we celebrated International Volunteer Day. We honoured SCS volunteers who stepped forward to support our programmes and initiatives to reach out to SCS beneficiaries.

To thank our volunteers for their contribution who willingly gave their time during COVID-19, we partnered with Melvados, to give volunteers a \$20 gift voucher so they could choose their treats.



#BeSCSGEM

Cancer treatments pose a significant financial challenge to most patients and their loved ones. For Christmas 2021, we asked everyone to be their Light of Hope with their gift. Their support assured our beneficiaries that they are not alone in their fight against cancer.



#BeSCSCatalyst

An SCS Catalyst refers to an inspirational individual who sparks transformation through galvanising community action and resources for those impacted by cancer.

On the last day of SCS Giving Week, we invited individuals to inspire their community to fight cancer and reach out to those impacted by this disease.



Key Partners & Distribution for FIT KIT

Distribution Partners

Eu Yan Sang
Guardian
Unity
Watsons

Supported By

Changi General Hospital
Khoo Teck Puat Hospital
National Cancer Centre
Singapore, National University Hospital
Ng Teng Fong General Hospital
National University Cancer Institute Singapore
Screen for Life
Singapore General Hospital

Partners & Supporters

Partners

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Canberra Primary School
Carpe Diem Little Green House
Keppel Club
Woodgrove Primary School

Supported By

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Astellas Pte Ltd
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Breast Cancer Foundation
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Brownie Singapore
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Curie Oncology
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FLAVA Design Singapore
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Nanyang Academy of Fine Arts (NAFA)
National Cancer Centre Singapore (NCCS)
National Healthcare Group Diagnostics (NHGD)
National Healthcare Group Polyclinics (NHGP)
National University Cancer Institute Singapore (NCIS)
National University Hospital (NUH)
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The Surgical Oncology Clinic
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U Live
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Unity Pharmacy
Urohealth Medical Clinic
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Acumed Medical Group (Compassvale)
Acumed Medical Group (Jurong West)
Acumed Medical Group (Taman Jurong)
Acumed Medical Group (Teban Gardens)
Acumed Medical Group (Woodlands)
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Cornerstone Medical
Cornerstone Medical Bidadari
Crest Family Clinic Pte Ltd
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DA Clinic @ Potong Pasir
DA Clinic @ Taman Jurong
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Eiddwen Family Medicine Clinic
Elissa Medical Clinic
Emmanuel Medical Clinic
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Everhealth Medical Centre
Faith Clinic (Bedok)
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Faith Clinic (Yishun)
Faith Family Clinic
Faith Healthcare (Rivervale)
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Healthway Medical (Blk 503 Tampines)

Healthway Medical (Blk 710 Tampines)
Healthway Medical (Blk 717 Woodlands)
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Healthway Medical (Punggol Field)
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HeartlandHealth (Upper Changi)
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Jane & Lee Sembawang Family Clinic
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Liang Clinic
Marine Parade Clinic
Medipoint Medical Centre (Ponggol Branch)
Neoh and Ong Medical Clinic
New Town Clinic Pte Ltd
Newlife Family Clinic & Surgery
Norwood Medical Clinic
NTUC Health Family Medicine Clinic
Our Woodleigh Family Clinic
PanHealth Family Clinic (Hougang)
PanHealth Family Clinic (Sumang)
Pasir Ris Clinic & Surgery
Peace Family Clinic
Phoon Clinic and Surgery
Platinum Medical Centre
Prohealth Medical Group @ Buangkok Pte Ltd
Prohealth Medical Group @ Fernvale Pte Ltd
Prohealth Medical Group @ Hougang Pte Ltd
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Prohealth Medical Group @ Punggol Northshore Pte Ltd
Prohealth Medical Group @ Punggol Spectra Pte Ltd
Prohealth Medical Group @ Tampines Pte Ltd
Raffles Medical @ NEX
Raffles Medical @ Rivervale Mall
Raffles Medical Group Tampines 1
Raffles Medical Hougang
Raffles Medical Whitesands
Ruby Medical Centre Pte Ltd
S T Medical Clinic
Sterling Cross Medical (Yishun)
Sterling Family Clinic
Suncare Medical Clinic (Sengkang West)
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The Olive Tree Family Clinic & Surgery Pte. Ltd.
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Viva Medical Group (Canberra Plaza)
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Khoo Teck Puat Hospital
MHC Medical Centre (Amara)
Mount Elizabeth Novena Hospital
National Healthcare Group Diagnostics (NHGD)
Ng Teng Fong General Hospital
Parkway East Hospital
Radiologic Clinic
Raffles Hospital
SATA CommHealth
Sengkang General Hospital
Singapore General Hospital
Singhealth Polyclinics (SHP)
Starmed Specialist Centre
Tan Tock Seng Hospital
Thomson Medical Centre @ Centrium
Parkway Shenton Pte Ltd
Parkway East Hospital
Radiologic Clinic
Raffles Hospital
SATA CommHealth
Sengkang General Hospital
Singapore General Hospital
Singhealth Polyclinics (SHP)
Starmed Specialist Centre
Tan Tock Seng Hospital
Thomson Medical Pte Ltd
Parkway Shenton Pte Ltd

Food Pack Sponsorship

AstraZeneca: 100 Food Packs
Guardant Health Pte Ltd: 20 Food Packs
Illumina Singapore Pte Ltd: 30 Food Packs
Parkway Cancer Centre: 50 Food Packs
Temasek International: 40 Food Packs
Wacker Chemicals (South Asia) Pte Ltd: 20 Food Packs

In-Kind-Donation

Alma-A Pte Ltd
Chop Khim Teah
Consider The Wildflowers
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Tanah Merah Country Club
Temasek Foundation
The Hut Group, Myproten
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FeM Surgery
Fusion Medical Group Pte Ltd

Acknowledgements

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